amsa AUSTRALIAN MEDICAL STUDENTS' ASSOCIATION

2024 EDITION

INTERNSHIP GUIDE

YOUR GUIDE TO THE 2025 INTERNSHIP YEAR

ACKNOWLEDGEMENT OF COUNTRY

The Australian Medical Students' Association would like to acknowledge the traditional custodians of the land on which this publication was made, the Wurundjeri people of the Kulin Nations. We recognise their continuing connection to land, water and community and pay our respects to their Elders past, present and emerging. We would also like to extend our respect to Aboriginal and Torres Strait Islander students reading our publication.

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Communications and Publications Officer: Haini Jiang

Acknowledgements:
Thank you to the contributing authors of previous Internship Guides on which this guide is based, and to those who reviewed previous Guides to provide updated information.

Contributing Authors:
Haini Jiang, Faizah Alam, Angelina Yoon, Raymond Ly, Saieesha Yogesan

Disclaimer:
While the utmost care has been taken to ensure this Guide presents up-to-date information, there are inevitably instances where we have been unsuccessful in having our records of Internship information reviewed. In such cases, we highly recommend contacting relevant health services with the details provided to ascertain updated information.

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PRESIDENT'S WELCOME

To the graduating class of 2024,

Congratulations on reaching the end of one momentous journey, and the beginning of another. Between now and the world of work lies the final frontier - the internship application season. Whether you've crossed paths with AMSA before, we remain committed to informing and advocating for you at this critical time. So much is left unanswered in the confines of medical school (just what exactly is the two-year prevocational framework?) that we hope to shed light on, and help you make the best career decision possible.

It would be remiss not to also acknowledge that the coming months can be stressful and chaotic. Despite decades of advocacy by student bodies, the system remains inequitable for many. AMSA continues to work with state Medical Student Councils and your Medical Societies to ensure the application process is fair and transparent, and are in close communication with internship authorities as the process unfolds.

A massive debt of gratitude is owed to Haini, our impossibly talented Communications & Publications Officer, along with her subcommittee members Faith, Raymond, Angelina and Saieesha. Countless hours contacting every health service across Australia has resulted in the document you see today, and it's our hope that their work serves you well.

Please never hesitate to reach out, whether to us, friends and family, or professional support. Know that there is a national network invested in your success as a future leader in Australia's healthcare, even at these first, pivotal steps.

So congratulations once again! It's my privilege - and the community's - to share this space with you all.

Yours in orange,

Allen Xiao
2024 AMSA President
president@amsa.org.au

EDITOR'S NOTE

This Internship Guide was created entirely by medical students who have volunteered their time to ensure this publication is a centralised source of information available to all final year medical students. I would like to thank my publications subcommittee (Faizah, Raymond, Angelina and Saieesha) for their tireless efforts in contacting relevant groups and collating information.

Thank you to AMSA Rural Health and AMSA International Students' Network (ISN) for working with us to collate up-to-date information for rural and international students respectively.

I would also like to thank the AMA state presidents who have provided us with invaluable insight into the services and supports AMA provides in each state.

To the current interns who have found the time to reflect on their experiences despite their busy schedules, I extend my thanks for your help.

A massive thank you is also owed to the JMO managers and hospital contacts who have provided us with information about their hospitals networks, and also to the Doctors in Training Committees who allowed us to include the results of their Hospital Health Check surveys in this Internship Guide.

Lastly, this Guide would not have been possible without the Publications and Design Officers before me and their contributions, from which this Guide is built.

To the final year medical students, I wish you the best of luck in your internship applications and hope this Guide assists you in your journey to becoming a doctor! I look forward to working with you all in the near future.

Yours in orange,

Haini Jiang

Haini Jiang
2024 Communications & Publications Officer
Internship Guide Editor
cpo@amsa.org.au

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INFORMATION FOR APPLICANTS

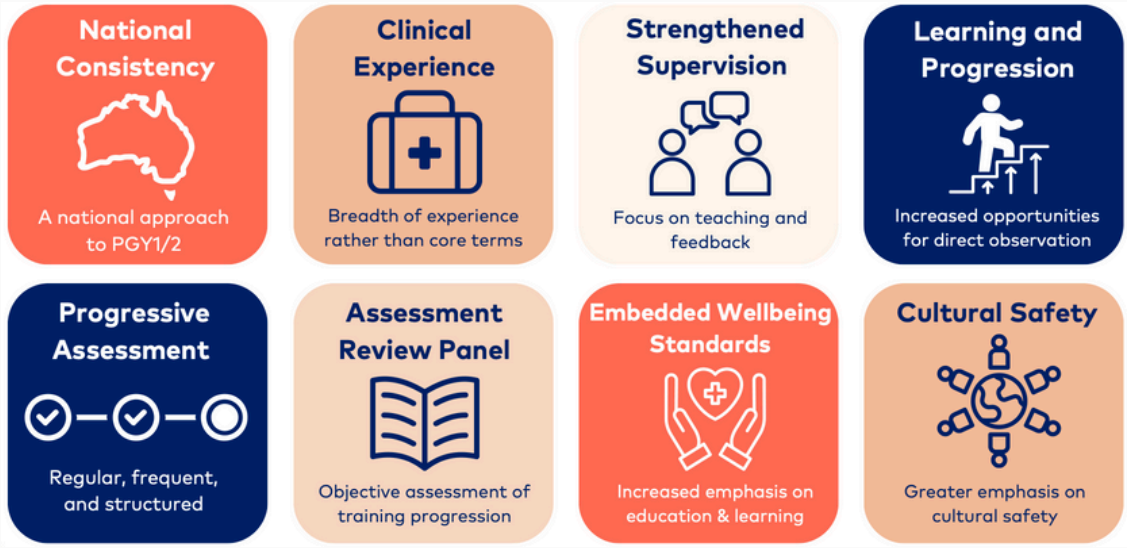
What is Internship?
The Two-Year Prevocational Framework
Internship Information

WHAT IS INTERNSHIP?

An internship in Australia is the period where medical graduates undergo supervised clinical training within an accredited hospital. For most medical graduates, it is the first year of employment as a medical practitioner (PGY1).

The internship must be completed before a doctor can be generally registered with the Medical Board of Australia. As an intern, they have provisional registration with the Medical Board of Australia.

Notably, 2025 will see the implementation of **2-Year Prevocational Framework.** The 2-year prevocational framework is the nationwide standard for education and training created by the Australian Medical Council (AMC) that covers PGY1 and PGY2. The key of this framework is it requires health services to train and assess doctors in PGY2 if you are not yet on a specialist training college training program.



The 2-Year Prevocational Framework is NOT:

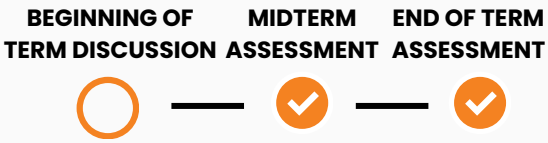
- **A 2-Year Internship**
  - You will still be eligible for general registration after PGY1
- **A delay to specialty training**
  - You will still be able to enter College training programs as a PGY2 where this is allowed by the Colleges
- **A 2-year contract**
  - Health services will be able to offer one or two year contracts
- **Stopping you from taking time off between PGY1 and PGY2**

THE 2-YEAR PREVOCATIONAL FRAMEWORK

What's New?

3 Term Assessments - adding mid-term review to global assessment

- Beginning of term discussion
- Mid-term assessment
- End of term assessment



10 Entrustable Professional Activities (EPAs) - new assessments of routine clinical work tasks

- At least 2 in each term
- EPA 1 at least once each term
- EPA 2-4 should be assessed 2-3 times throughout the year

1 Clinical Assessment

2 Recognition & Care of the Acutely Unwell Patient

3 Prescribing

4 Team Commmunication

PGY 1

47 weeks

≥4 terms (at least 10 weeks each)

- Up to 50% in one specialty, 25% in one subspecialty

Specialty: major branch of medicine represented by a College e.g. Surgery
Subspecialty: branch of a specialty e.g. vascular surgery

A Undifferentiated Illness Care

B Chronic Illness Care

C Acute & Critical Illness Care

D Peri-op/Procedural Care

>50% time embedded in clinical teams

<20% relief and nights

PGY 2

47 weeks

≥3 terms (at least 10 weeks each)

- Up to 25% in one subspecialty, more flexibility and breadth is encouraged!

Non-Direct Clinical Care: e.g. Pathology, Medical Education, Medical Administration, Research etc.

A Undifferentiated Illness Care

B Chronic Illness Care

C Acute & Critical Illness Care

Optional Non-direct Clinical Care

>50% time embedded in clinical teams

<25% relief and nights

INTERNSHIP INFORMATION

Medical Intern Placement Number

This is a nine digit number given to you by your medical school. This number is generated by AHPRA but is not the same as your AHPRA number.

Working Hours

For all states and territories across Australia, a standard week is 38 hours plus overtime. Applicants need to review their state, territory and hospital's regulations and regarding overtime work. Generally, an intern can expect to work at least one overtime shift per fortnight, if not once per week. These include evening shifts, night shifts, and weekend shifts.

Applicants should make themselves aware of any sick relief shift requirements. A doctor on sick relief can be called at any time of the day or night to work at short notice. This includes being called to step into a night shift when an intern might need to forego sleep. Each state has a different policy on 'unrostered overtime.' The AMA provides a good outline of award conditions for each state. Visit their website here

Couple Applications

Some states do accept applications for couples or joint-applications. The details can be found on the website of each state's or territory's application information section.

Special Consideration

Each state and territory has a different policy for special consideration. Special consideration is generally reserved for applicants with extenuating circumstances such as dependent children or a serious illness. Make sure to check each state or territory's website for additional details.

INTERNSHIP INFORMATION

Intern Base Salary

Base salary varies across each state and territory. Each separately sets an award establishing the conditions of employment. Junior Medical Officers are paid a base salary, with additional professional development allowances, overtime, and penalty rates. The amount of overtime an intern is paid will depend on the hours worked. The approximate starting base salaries in 2025 will be available in the relevant states or territory's most recent award. It is worth considering these indicate base rates and do not factor in overtime, allowances or shift loading rates. Therefore, your take home salary may be different from the base rate indicated.

For a more comprehensive Australia-wide breakdown of Intern salaries, visit the Australian Government Fair Work Ombudsman Pay Guide.

Applying to New Zealand

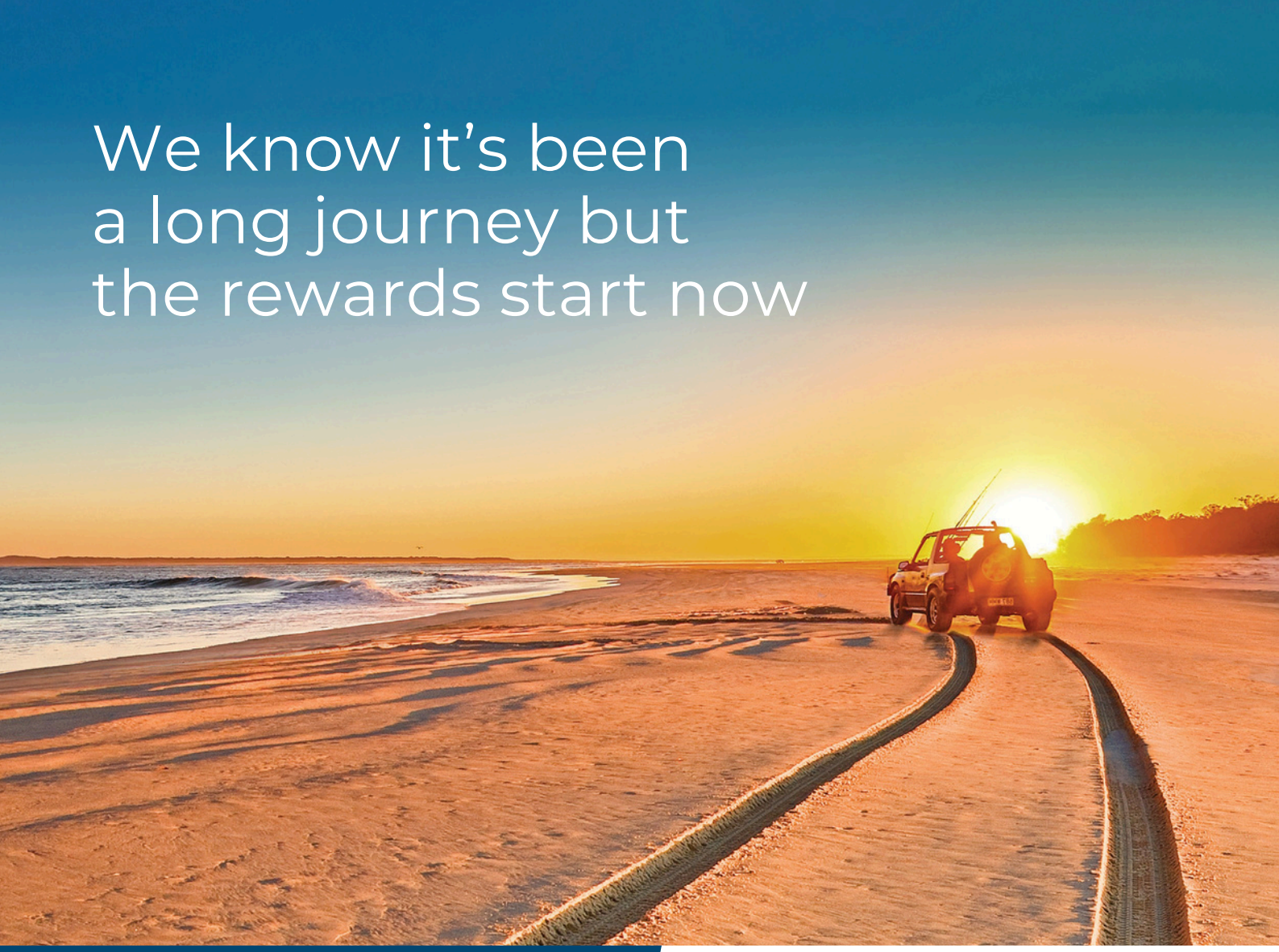
All Australian graduates are eligible to work in New Zealand without having to sit further examinations. New Zealand intern/house surgeon positions are offered to doctors by the District Health Boards (DHB) that administer the hospitals. In general, it is one health board per city plus the surrounding province. All of the health boards normally employ doctors under the same contract, meaning work conditions are comparable across the country. Wages are based on a pay scale that takes into account the expected working hours. Job offers are allocated to graduates through a system called ACE (Advanced Choice of Employment), which matches applicants' preferences to available DHB positions.

For further information, visit this link.

Medical Insurance

As part of of the Medical Board of Australia registration renewal, you will need to have a medical indemnity insurer. Medical indemnity insurers include: Avant, Medical Indemnity Protection Society Limited (MIPS), Medical Insurance Group (MIGA)

We know it's been a long journey but the rewards start now



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THINKING ABOUT GOING RURAL?

AMSA Rural Health
Letter From: A Rural Intern
Rural Application Overview (by state)

AMSA RURAL HEALTH

Congratulations on completing medical school!

It is a remarkable achievement to have finished this long university journey, a culmination of enduring lectures, early morning surgery ward rounds, the quest for anatomy mnemonics, and a myriad of other memories.

As you embark on your journey as a medical professional, I encourage you to consider the prospects of rural internship and rural medicine. The rural landscape offers a vibrant, multifaceted environment teeming with unexpected marvels, a close-knit and welcoming community, picturesque scenery adorned with waterfalls or coastal vistas bathed in sunshine, engaging community festivities, quaint locales bustling with life, and cafes brimming with tales. Not to mention the likelihood of enjoying a short commute or leisurely stroll to work each day! Here, the realm of medicine expands, presenting boundless opportunities to engage deeply with teams and patients, administer holistic treatments, and perform procedures in the operating theatre.

Wherever you choose to practise, medicine, the rural health crisis and its impacts are likely challenges you will face in you upcoming career as a medical professional. In this, I think it is important for us to acknowledge our role in improving rural healthcare. I highly encourage you all to explore the rural medicine section of this guide to gain a better understanding of the rural pathways available to you and discover the enriching possibilities that rural medicine holds for you!

For more exciting insights into what rural medicine can bring, check out the AMSA Rural Health social media accounts (@amsarural on Instagram and “AMSA Rural Health” on Facebook) to learn more about the immensely gratifying experiences of rural work.

Wishing you all the best, may your internship year treat you well!

Best regards,

Charlotte Wignall

Charlotte Wignall
2024 AMSA Rural Health Chair

FROM RURAL INTERN

Hey there final years! Hope all is going well and you are taking lots of time for yourself I'm Lachie and I have just completed my first rotation at Echuca Regional Health through the Loddon Mallee VRGP Program. I'd had really positive experiences during University throughout the region and could think of nothing better than starting working life in the region.

Honestly, I hadn't done any placement at Echuca, I just thought I'd take the jump. But that's the beauty of working rurally- if you do take the jump, you will be welcomed with open arms and your anxieties will quickly dissipate.

A few things for you to think about as you decide upon your preferences and make the transition from student to the workforce (and you are required to be at work..and not leave early)! How much time do you want to spend commuting? Do you want good relationships with my colleagues who you'll be seeing every single day now? Do you want to be doing heaps of cover and night shifts? Do you want to have a good work life balance?

In my first rotation I have woken up at 7.30 am each day, had 2 half days per week, worked no cover/night shifts and really enjoyed going to work due to the people and patients I am working with. I have gotten to perform multiple procedures, had input into all my team's patient's care and been able to continue my learning with supportive supervisors. I have also joined a local sporting team and gone to trivia every Thursday at one of the local pubs.

I don't believe I would've had all of these luxuries had I not chosen to complete a VRGP Internship. It has made the transition to working life almost seamless- and I would strongly encourage you to give it some thought. If you are on the fence, take the jump! The scope of practice and chances to upskill rapidly are plentiful and the quality of supervisors and relationships you are able to form with them are second to none.

If you would like to have a chat about the VRGP or anything internship related please feel free to contact me at lachlancarroll1@gmail.com. I do not regret choosing a VRGP internship for one second and it has so far been a rewarding and extremely positive experience- neither will you!

Lachlan Carroll

Dr Lachlan Carroll
VRGP Intern, Loddon Mallee

RURAL APPLICATION OVERVIEW

This section provides an overview of the options to apply for rural internships in each state and territory of Australia. For specific information on the pathways and rural internship availability, please refer to the respective state or territory section of this guide or the services website.

Queensland

Applications for the 2025 Queensland Rural Generalist Pathway (QRGP) are now closed. However, there are rural positions in the General Intern Recruitment application pathway:

- If choosing an “undersubscribed” or “equal in numbers” first preference, you will automatically be allocated
- Otherwise, allocation will be as per the ballot process

If you have a connection to rural Queensland and commitment to practicing rurally, you can provide documentation to support your application to a rural hospital.

The QRGP offers graduating medical students the opportunity to explore a wide variety of clinical training and develop the advanced, targeted skill set required to support the health needs of rural communities. The pathway usually takes 5-6 years to complete.

Available Rural Sites

Cairns, Townsville, Mackay, Rockhampton, Bundaberg, Hervey Bay, Ipswich, Toowoomba, Redcliffe, Caboolture, Sunshine Coast University Hospital, Redland, and Mount Isa

Contact Information

Queensland Rural Generalist Pathway Darling Downs Hospital and Health Service

- PO Box 405, Toowoomba
- Phone: 1800 680 291
- Email: rural_generalist@health.qld.gov.au

RURAL APPLICATION OVERVIEW

New South Wales

Rural Preferential Recruitment (RPR) Pathway

Rural Preferential Recruitment (RPR) is a merit based recruitment process for final year medical students who are interested in working in a rural setting.

To apply for an RPR position you must:

- Submit an online application in the online application system before the closing date and clearly indicate the application for an RPR **AND**
- Complete a separate application for each rural hospital through JMO Career Portal by the closing date

Offers are made based on the outcome of the RPR preference matching process. For more information, visit the NSW HETI website.

Available Sites

Albury Wodonga Health - Albury Campus, Broken Hill Base Hospital, Coffs, Harbour Health Campus, Dubbo Hospital, Lismore Base Hospital, Manning Base Hospital, Tamworth Hospital, Orange Health Service, Port Macquarie Base Hospital, Maitland Hospital, Tweed Valley Hospital, Wagga Wagga Health Service

Contact Information

- Phone: (02) 9844 6562
- Email: HETI-Internship@health.nsw.gov.au

RURAL APPLICATION OVERVIEW

Victoria

The Victorian Rural Generalist Program (VRGP) is a statewide end-to-end Rural Generalist training program that allows the future rural generalist workforce to train, work and live in rural and regional Victoria. Trainees will gain access to training positions across a variety of clinical settings, both hospital-based and community based, to provide a rich clinical training experience that demonstrates the variety of rural generalist career options in Victoria.

The VRGP training positions align with the existing junior medical officer positions and general practice training programs. All program participants must demonstrate rural career intentions and be enrolled in, intending to or in the process of enrolling in general practice training. For more information, visit the VRGP website.

2025 VRGP Regions

Barwon South West Region, Grampians Region, Loddon Mallee Region, Hume Region, Gippsland Region

Victorian Rural Preferential Allocation (VRPA)

The Victorian Rural Preferential Allocation match is a parallel first-round match for students with a strong rural interest. All rural health services submit internship positions into the match, and Victorian Rural Generalist Program (VRGP) places will only be available through the VRPA.

Students successful in obtaining a Victorian Rural Generalist intern position are generally allocated to the training region for 12 months. Students interested in the program can apply through the PMCV Allocation and Placement Service website (register for the Victorian Intern Match and indicate that you wish to be part of the Victorian Rural Preferential Allocation round).

RURAL APPLICATION OVERVIEW

Victoria

VRPA Priority Group One

- Graduates from Victorian medical schools holding Australian citizenship or permanent residency or New Zealand citizenship, including domestic full fee paying and Commonwealth Supported Place students.

VRPA Priority Group Two

- Australian Temporary residents graduating from a Victorian University.
- Australian citizens or permanent residents and New Zealand citizens graduating from an interstate University who meet the following criteria:
  - Completed their Year 12 schooling in Victoria, or
  - Previously lived in rural Victoria (Modified Monash Model (MMM) – MM2 classification or higher) and worked in a rural healthcare setting, or
  - Graduates of the University of New South Wales who have undertaken their last two years of clinical placement at Albury Wodonga Health clinical school.

Contact Information

Email: enquiries@vicruralgeneralist.com.au or pmcv@pmcv.com.au

RURAL APPLICATION OVERVIEW

South Australia

The rural intern pathway is a strength-based process introduced in South Australia in 2018 to select applicants who are suitable for, and have a preference towards working in a rural location. All applicants who meet the intern application eligibility criteria and preference a Country Health SA site as their first preference will be included in the selection process. Therefore, applications for this pathway are included in the standard SA internship application. The only difference is that they are allocated first.

2025 Regions

- Flinders and Upper North LHN: based at Port Augusta Hospital and Regional Health Service and Whyalla Hospital and Health Service
- Limestone Coast LHN: predominantly based at Mount Gambier and Districts Health Service
- Riverland Mallee Coorong LHN: Hospital based at Riverland General Hospital located in Berri
- Barossa Hills Fleurieu LHN: located across Mount Barker, Gawler and Victor Harbour, Strathalbyn, Kingscote, Mount Pleasant, Angaston, Tanunda, Gumeracha, Eudunda and Kapunda.
- Eyre and Far North LHN located across Ceduna, Cleve, Cowell, Coober Pedy, Cummins, Elliston, Kimba, Port Lincoln, Streaky Bay, Tumby Bay and Wudinna

Eligibility

Applications for the Rural Intern Pathways are included in the standard South Australian application for internship.

- Preference rural site as FIRST preference. All applicants must preference all rural networks and the 3 metropolitan health networks
- Answer additional questions within the standard process (e.g. CV, referees and SAQs)

The rural stream will then host interviews after applicants are reviewed by a selection panel.

Contact Information

SA Health - South Australia Medical Education and Training Unit

- Phone: (08) 8226 7231
- Email: HealthSAMET@sa.gov.au

RURAL APPLICATION OVERVIEW

Northern Territory

There are no dedicated rural internship programs in the Northern Territory at this time. However, the Northern Territory has a strong focus on generalism in their training programs with the opportunity for interns to explore careers in rural and remote settings. Internships are available at the Royal Darwin Hospital and Alice Springs Hospital.

There are two intern health services/pathways that you can apply for. They both have rural medicine incorporated in them, and depending on the classification system you look at, Alice Springs +/- Darwin are considered rural workforce.

2025 Regions

Top End Health Service (TEHS) – 5 term internship

- Royal Darwin Hospital
- Gove District Hospital
- Katherine District Hospital

Central Australia Health Service (CAHS) – 4 term internship

- Alice Springs Hospital
- Tennant Creek Hospital

Eligibility

Applications are made through a centralised online job application portal:

- Go to the NT Jobs portal and search the keyword 'Intern'. You may apply for either or both CAHS or TEHS positions.
- Submit your application through the portal, including all supporting documents, and three referees who are registered medical specialists.

The CAHS and TEHS health services will make employment offers to those applicants who have met the recruitment requirements. The health services will only contact the referees of short-listed applicants.

For more information, check the Northern Territory Department of Health website.

Contact Information

Northern Territory Department of Health

- Phone: (08) 89 9928362
- Email: InternsNT.DoH@nt.gov.au

RURAL APPLICATION OVERVIEW

Tasmania

Since 2017, the Department of Health has provided funding to develop rural primary care rotations for interns in Tasmania through the Rural Junior Doctor Training Innovation Fund.

This consists of 10-13 week rotations in a location that provides broad scope Rural Generalist services to the community (primary care, emergency, inpatient care). This can include a rural GP rotation.

2025 Regions

- North West Regional Hospital (NWRH)
- Launceston General Hospital (LGH)
- Royal Hobart Hospital (RHH)

Eligibility

For more information, check the Tasmanian Department of Health website.

Contact Information

Primary contact: medical.recruitment.south@ths.tas.gov.au

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- Access to $10,000 Doctor in Training Grants
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INTERNATIONAL STUDENTS

AMSA ISN
FGAMS Priority Groups
Temporary Visa Options
Pathway to PR
Visa Options Summary
Visa English Requirements

AMSA INTERNATIONAL STUDENTS' NETWORK

To our dearest international students,

Congratulations on making it to the final stretch of your medical degree!

As an international student, navigating the journey of a medical degree is a significant accomplishment that deserves celebration and recognition. Throughout your journey, you have embraced and tackled academic challenges and cultural challenges, as well as other obstacles with determination and perseverance. It is a remarkable achievement, and it is a testament to your unwavering commitment and dedication for medicine.

As you approach the completion of your medical degree and prepare for your internship, we want you to remember that AMSA ISN is here to support you every step of the way. AMSA ISN recognises the importance of providing guidance and resources to assist international students like you in navigating through this transition to internship.

That is why AMSA ISN has put together these following pages to equip you with knowledge and support needed to help you navigate through this transition to internship. From figuring out the internship application process to understanding visa requirements, we have got you covered! We want you to feel confident and prepared as you embark on the next stage of your medical journey.

Thank you for being a part of the AMSA ISN community. We can't wait to see all the incredible things you'll achieve in medicine.

Wishing all of you the best of luck and endless excitement on your medical journey.

Best regards,

Winnie Theresa

Winnie Theresa
2024 AMSA ISN Chair

PRIORITY GROUPS

- FGAMS: Foreign Graduates of Australian Medical Schools
- Only the main pathways are listed - some states have separate rural regional pathways that are worth looking into as well

State	Priority Category for FGAMS from same state	Priority Category for FGAMS from different state	Application Details
ACT	Category 4	Category 5	https://www.canberrahealthservices.act.gov.au/careers/junior-medical-officer-careers
NSW	Category 4	Category 5	https://www.heti.nsw.gov.au/education-and-training/courses-and-programs/medical-graduate-recruitment
NT	Category F	Category F	https://health.nt.gov.au/careers/medical-officers/cahs-jobs/interns
QLD	Group C	Group C	https://www.careers.health.qld.gov.au/__data/assets/pdf_file/0023/188303/application-guide.pdf
SA	Category 2	Category 4	https://www.samet.org.au/internship/intern-positions/
TAS	Priority 2	Priority 4	https://www.health.tas.gov.au/careers/recruitment-campaigns/doctors-training/2023-medical-intern-applications
VIC	Category 2	Category 5	https://www.pmcv.com.au/intern-match-2024/
WA	Priority 2/3	Priority 4	https://pmcwa.org.au/junior-doctors/intern-recruitmen

VISA OPTIONS

Below is a summary of the temporary Visa options for international students, and a comparison of their eligibility criteria, their processing time, and visa length. Ideally, **subclass 485** is the simplest option which does not require any sponsorship from employers/hospitals. While waiting for Visa applications, apply for a bridging Visa to legally stay in the country.

Disclaimer: this information was taken from the Department of Home Affairs website. Please use this as a guide for more detailed information, either contact a registered immigration agent or visit the websites using the links

Types of Visa	**Subclass 485** Temporary Graduate Visa	**Subclass 482** Temporary Skill Shortage Visa	**Subclass 407** Training Visa
Eligibility	• Be under 50 years of age • Held a student visa in the past 6 months *For full details, please see website*	• Employer sponsorship needed	• Employer sponsorship needed
Processing Time	**Graduate Work Stream:** 50% of applications: 5 months 90% of applications: 6 months **Post-study Work Stream:** 50% of applications: 49 days 90% of applications: 4 months	**Short-term stream:** 50% of applications: 38 days 90% of applications: 70 days **Medium-term stream:** 50% of applications: 40 days 90% of applications: 74 days **Labour agreement stream:** 50% of applications: 42 days 90% of applications: 4 months	50% of applications: 35 days 90% of applications: 3 months

VISA OPTIONS

<table>
<tr><th>Types of Visa</th><th><u>Subclass 485</u>
Temporary Graduate Visa</th><th><u>Subclass 482</u>
Temporary Skill Shortage Visa</th><th><u>Subclass 407</u>
Training Visa</th></tr>
<tr><td rowspan="2">Length of Visa</td><td>Graduate Work: 18 months
Post-Study: 2-4 years</td><td>Short-term: 2-4 years if an International Trade Obligation applies
Medium-term: up to 4 years
Labour agreement: up to 4 years</td><td rowspan="2">Up to 2 years</td></tr>
<tr><td colspan="2">Hong Kong & British National Overseas passport holders (any stream) may stay for 5 years</td></tr>
<tr><td>Cost</td><td>Graduate Work Stream AUD 1,895
Post Study Work Stream AUD 1,895
Second Post study work stream AUD 745</td><td>Short-term AUD 1,455
Medium-term AUD 3,035
Labour agreement AUD 3,035</td><td>From AUD 405</td></tr>
<tr><td>Note</td><td>Organise health exams early

Must apply onshore within the first 6 months of course completion

For Graduate Work Stream, must apply for skills assessment in your nominated occupation</td><td>Check with hospital for sponsor nomination

In limited situations, 2 years of clinical placements have been recognised as post-qualifications experience.</td><td>Before applying for the visa, make sure your sponsoring organisation has:
applied and has been approved to become a sponsor
submitted a nomination application for you</td></tr>
</table>

PATHWAY TO PERMANENT RESIDENCY

Following completion of internship, students are eligible to apply for general registration and PR under the occupation Medical Practitioners NEC [253999]. Below are the common pathways that previous year students used and successfully gained PR.

Disclaimer: this information was taken from the Department of Home Affairs website. Please use this as a guide for more detailed information, either contact a registered immigration agent or visit the websites using the links

Types of Visa	**Subclass 189** Skilled Independent Visa (Pointed Test Stream)	**Subclass 190** Skilled Nominated Visa
Eligibility	Must nominate the occupation Medical Practitioners NEC [253999]	
Processing Time	50% of applications: 12 months 90% of applications: 13 months	50% of applications: 11 months 90% of applications: 12 months
Length of Visa	Permanently	
Cost	From AUD 4,640	
Note	Very competitive - applicants need high points to be invited to apply for Visa 189	• Less competitive than Visa 189 • State-specific which usually favours applicants who are already living and working in that state • After granted, applicants are usually required to live, study and work in that state for 2 years

PATHWAY TO PERMANENT RESIDENCY

Disclaimer: this information was taken from the Department of Home Affairs website. Please use this as a guide for more detailed information, either contact a registered immigration agent or visit the websites using the links

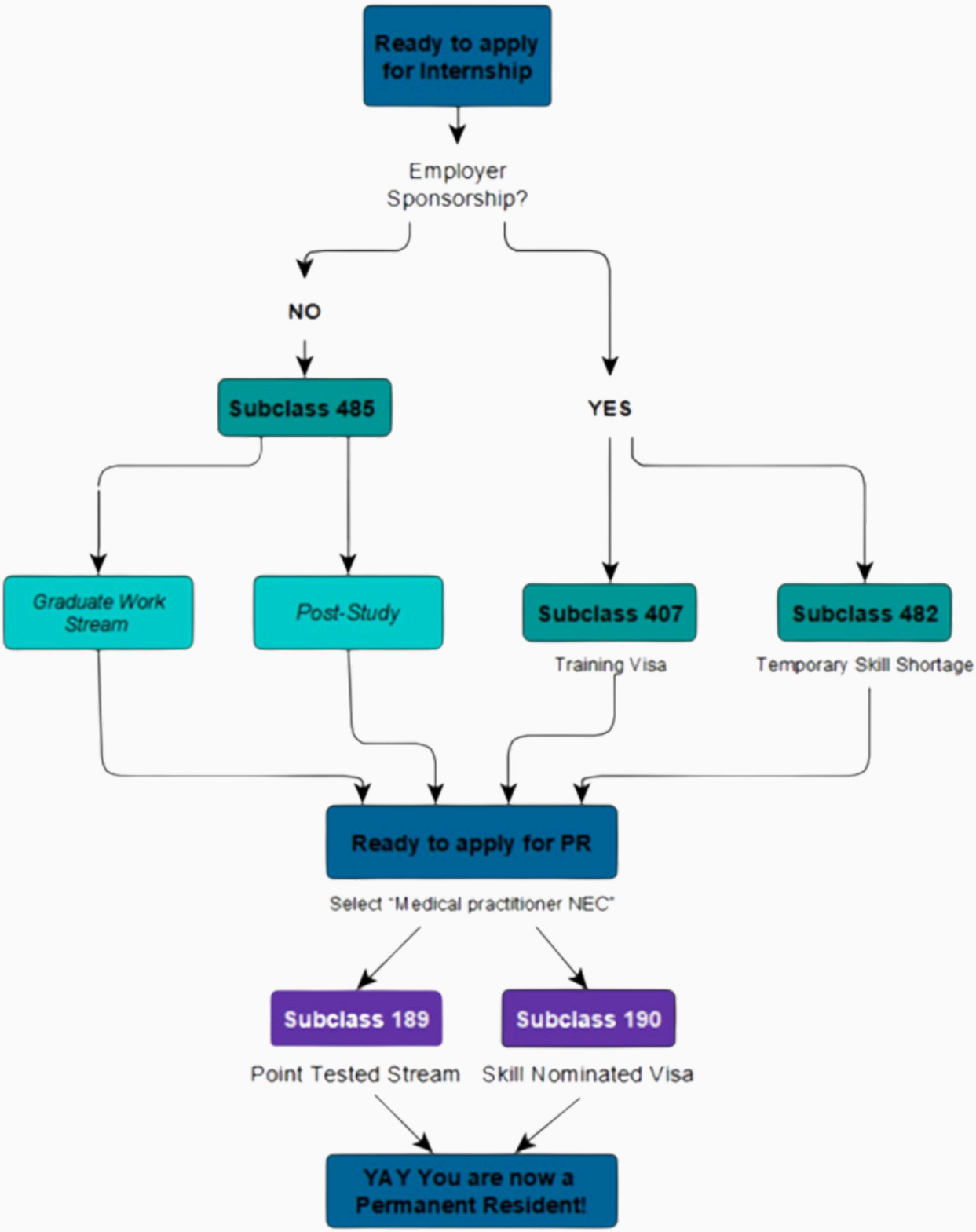
Points Calculator

Points are calculated based on various factors such as age, qualifications, English level, etc.
Calculate your points here

Improve Your Points

Maximise scores in IELTS, PTE or any recognised English tests
Taking the Credentialed Community Language (CCL) Test if bi- or multi-lingual. Check here for more information
Graduating from a rural university
Having a Master in research or PhD
Internship year is counted as 1 year work experience which gives extra points

VISA OPTIONS SUMMARY



VISA ENGLISH REQUIREMENTS

Temporary Graduate Visa (Subclass 485)

Graduate Work Stream / Post-Study Work Stream: You are exempted from English requirements if you hold a passport from Canada, New Zealand, Republic of Ireland, United Kingdom, United States of America. Otherwise, you need proof of English proficiency.

Temporary Skills Shortage Visa (Subclass 482)

You are exempt from needing to prove English language proficiency if you:

- Hold a passport from Canada, New Zealand, Republic of Ireland, United Kingdom, United States of America
- Completed at least 5 years of full-time study in at least a secondary level institution and where most classes were in English

If you do not fall within one of the exemptions:

- Achieve the required test scores set out in: IELTS/TOEFL iBT/PTE Academic/OET/Cambridge C1 Advanced Test in a single attempt at the test
- Complete the test within 12 months before the date of submission

Training Visa (Subclass 407)

Applicants are required to have functional English

VISA ENGLISH REQUIREMENTS

Skilled Independent Visa/ Skill Nominated Visa - Permanent Residency (Subclass 189/190)

- Applicants are required to have English competency
- You are exempt from needing to prove English language proficiency if you are a citizen of and hold a valid passport issued by the United Kingdom, the United States of America, Canada, New Zealand or the Republic of Ireland, with your application.
  - British National (Overseas) passports are not acceptable as evidence of competent English.
- You have an obtained one of the following English language test results: IELTS/TOEFL iBT/PTE Academic/OET/Cambridge C1 Advanced Test
  - Test cannot have been undertaken more than 12 months before the date of invitation

Important Changes

Effective from 23 March 2024

- TOEFL iBT - only accepted if taken on or before 25 July 2023
- From 12 February 2024, only results from the paper-based Cambridge C1 Advanced test (previously known as Cambridge English: Advanced CAE) will be accepted for Australian visa and migration purposes
- Test scores for both C1 Advanced paper-based and computer-based tests, taken before 12 February 2024, are still accepted

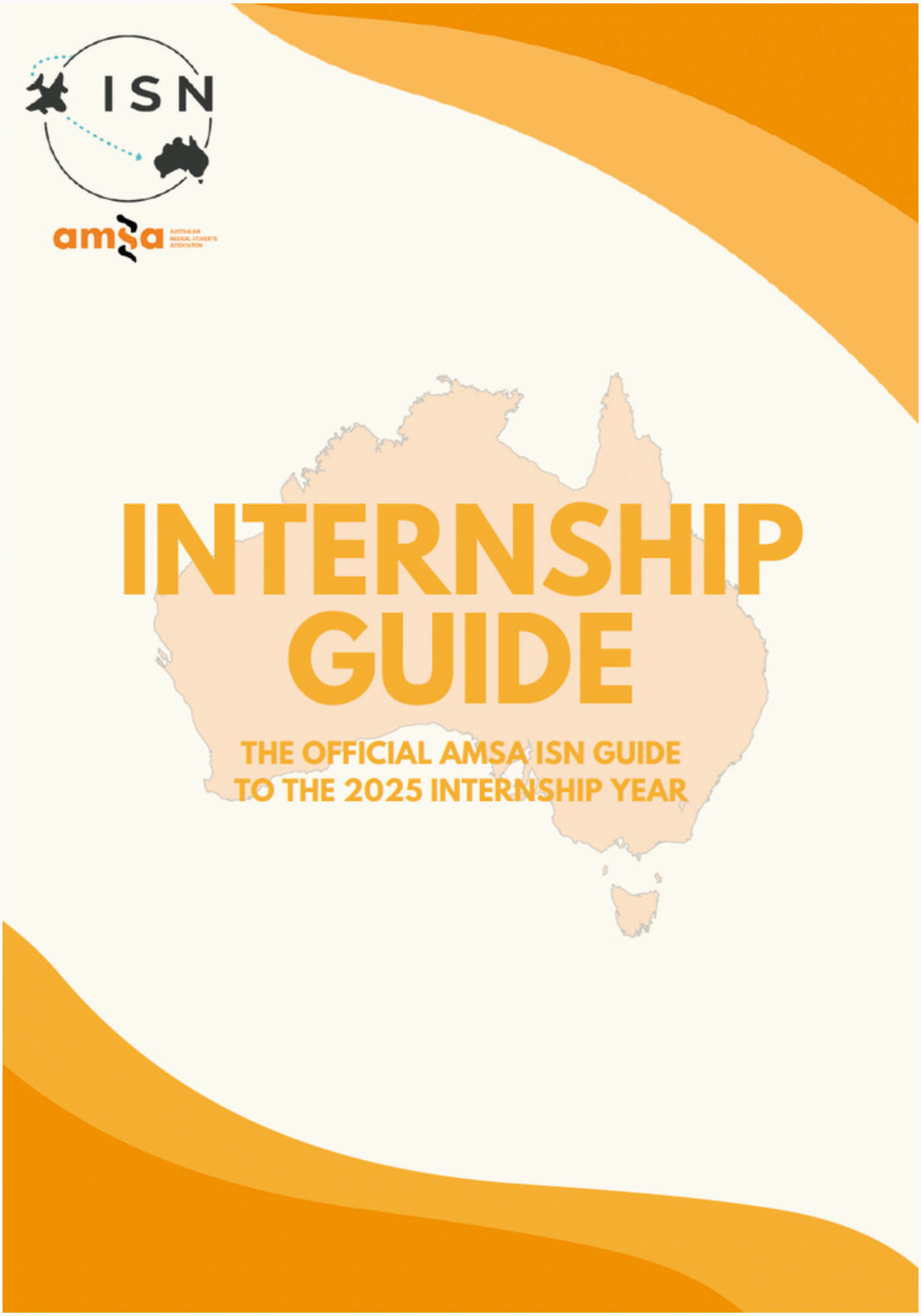
AHPRA ENGLISH REQUIREMENTS

Check the English language proficiency requirements here.
Students are advised to sit the English tests at their earliest convenience. To summarise, you either:

- Completed primary, secondary and tertiary education in a recognised country* **OR**
- 2 years of secondary + tertiary education in a recognised country* **OR**
- 6 years of continuous study in a recognised country* **OR**
- Received a minimum score in an english proficiency exam
    - Exam completed within the last 2 years at the time of your application **OR**
    - More than two years before the date you lodge your application for registration if, in the period since the test result was obtained, you:
        - have been continuously enrolled in a Board-approved program of study (which commenced within 12 months of the date of the test) and undertook subjects in each semester, with no break from study apart from the education provider's scheduled holidays, **AND** lodge your application for registration within 12 months of completing the Board approved program of study. OR
        - have been in continuous employment as a registered health practitioner in the medical profession (which commenced within 12 months of the date of the test) in one of the recognised countries where English was the primary language of practice, **AND** lodge your application for registration within 12 months of finishing your last period of employment

*Recognised country: Australia, Canada, New Zealand, Republic of Ireland, South Africa, United Kingdom, or United States of America

Want more information about internships for international students? Read the AMSA ISN Internship Guide here!



4

JUNIOR DOCTORS TRAINING PROGRAM

Overview
Eligibility - Priority One and Two

OVERVIEW

The Junior Doctor Training Program — previously known as the Commonwealth Medical Internship (CMI), is a federally funded initiative for full-fee paying international students who have completed their entire medical education in Australian universities (Priority 1) and those who have MBA provisional registration as a medical practitioner (Priority 2).

Private Hospital Streams (PHS)

PHS supports PGY1-3 placements for medical graduates in private hospitals across Australia, with a focus on training junior doctors in rural, regional and remote areas. Through an Expression of Interest process, junior doctors are able to express interest for Private Hospital Stream PGY1 funded internship placements. The EOI process is available after states and territories have offered and filled their internship placements. For more information, see here.

List of Participating Hospitals

The following private hospitals are funded from 2020-2024 for **up to 115** (2022) PGY1 internship positions:

- Mater Health Services North Queensland (PGY1)
- Mercy Health and Aged Care Central Queensland through Mater Private Hospital Bundaberg, Friendly Society Private Hospital Bundaberg, Bundaberg Base Hospital Bundaberg, Mackay Base Hospital Mackay and Mater Misericordiae Hospital Mackay (PGY1, PGY2, PGY3)
- Greenslopes Private Hospital, Queensland (PGY1, PGY2, PGY3)
- Calvary Health Care Riverina, New South Wales (PGY2)
- Mater Hospital Sydney (PGY1)
- St Vincent's Private Hospital Sydney (PGY1)
- MQ Health, New South Wales (Macquarie University Hospital) (PGY1)
- St John of God Ballarat Hospital, Victoria – Grampians Intern Training Program (PGY1)
- Ramsay Health Care, Western Australia (Joondalup) (PGY1, PGY2, PGY3)

ELIGIBILITY

Under the PHS, participating private hospitals must prioritise eligible international full fee paying medical graduates from onshore Australian medical schools (Priority One). Should the PHS places not be filled with applicants from the Priority One category, private hospitals may recruit eligible applicants with provisional registration (Priority Two).

Priority One

This will be allocated to onshore Australian-trained final year medical students who are eligible for an internship under the PHS. Final year medical students must meet all of the following eligibility criteria to be considered:

- Be a full-fee paying international student completing your medical degree in the current calendar year from a medical school in Australia, having completed all your medical degree in Australia (university-approved, short-term elective rotation completed overseas are allowed)
- Have met the Medical Board of Australia (MBA) English language proficiency requirements for registration purposes
- Not an Australian Citizen
- Commit to obtaining an appropriate visa to work in Australia during the internship year (refer to the Department of Home Affairs website for details).

Priority Two

This will be considered when the list of Priority One applicants is exhausted and there are vacant PHS internship positions available. Priority Two applicants must meet all of the following eligibility criteria to be considered:

- Have met MBA provisional registration requirements as a medical practitioner
- Have met the MBA English language proficiency requirements for registration purposes
- commit to obtaining an appropriate visa to work in Australia during the internship year (refer to the Department of Home Affairs website for details).

Ineligibility

Applicants are **NOT** eligible for a placement under the PHS if they:

- Do not meet the Priority One or Priority Two eligibility criteria
- Have accepted an internship position from a state or territory government

The EOI process for 2024 is expected to commence in the second half of 2023.

Specialise in the Mind

Flexible workdays

‘It is important to me to have a life as well as a career and psychiatry lets you do that’

Spend time with patients

‘Psychiatry is extremely rewarding... it is enormously satisfying to observe the positive impact you make on people’s lives’

Holistic medicine

The interface of brain and mind is a fascinating area

Effective and evidence-based treatments

We are at the frontier of medical research

Change your scene

Be sought after all over Australia and New Zealand

Variety of workplaces

Many psychiatrists split up the working week between 2–3 different settings

Be in demand

Approximately 45% of Australians[1] and New Zealanders[2] may experience a mental health condition in their lifetime

A range of subspecialities

Addiction
Old age
Indigenous mental health
Forensic
Refugee
Transcultural
Neuropsychiatry
Intellectual and developmental disabilities
Adult
Child and adolescent
Consultation-liaison
Rural
Perinatal and Infant
Psychotherapy

Think laterally

‘You have the scope to use your own individual skills instead of a set treatment formula’

It is multidisciplinary

We work with a team of health professionals

1 Australian Bureau of Statistics 2007, National Survey of Mental Health and Wellbeing 2 New Zealand Ministry of Health 2006, National Mental Health Survey

The Royal Australian & New Zealand College of Psychiatrists

Your Health in Mind

For some great opportunities, apply to become a Psychiatry Interest Forum member

www.ranzcp.org/pif

pif Psychiatry Interest Forum

/psychiatryinterestforum

The Royal Australian and New Zealand College of Psychiatrists has received Australian Government funding under the Specialist Training Program to develop this resource.

5

INTERN IN: THE ACT

AMA - ACT
Letter From: ACT New Grad
Overview
Canberra Health Services

FROM AMA ACT

AMA (ACT) LIMITED

Dear Colleagues

We want to congratulate AMSA on the production of the 2024 Internship Guide and thank them for the opportunity to contribute to the Guide on behalf of AMA ACT. I also want to extend a special congratulations to you! Arriving at the decision of where to undertake internship is not only exciting, but reflective of your years of dedication and success.

While the graduates of the ANU Medical School are well-acquainted with the benefits of living, studying and working in the ACT, not every prospective intern knows that Canberra has a combination of city convenience, national institutions, and ease of living; with the added bonus of the bush, coast and the snow fields a short drive away.

For many of you, receiving a full-time income will be a very welcome change. However, as you've likely observed in your senior colleagues, time will soon become your most precious commodity. One of the distinct advantages of choosing an internship in the ACT is the ease and brevity of our commute times, allowing you more opportunity to manage your work-life balance effectively.

The ACT offers placements at the Canberra Hospital, North Canberra Hospital, Goulburn Base Hospital and the South-East Regional Hospital at Bega offering rotations across south-eastern NSW. This diversity in placements affords a wide range of experience, from working in a large tertiary trauma center to playing a crucial role in providing healthcare to our rural Australian communities.

Combine this with the big ideas and national agenda that's at the heart of Canberra, and you can understand why an internship in the ACT offers many opportunities that aren't always obvious at first glance.

INTERN SUPPORT

Locally, the AMA ACT offers support and guidance to interns and other junior doctors covering the two major areas of workplace relations and careers. We also offer an opportunity to connect with colleagues, build your networks, get involved in advocacy, and make friends.

As we write this, we are close to finalising a new enterprise agreement including enhanced education allowances and access to exam and conference leave, access to RDOs, workforce triggers to identify excessive JMO workloads, and dealing with the perennial issues around overtime.

FROM AMA ACT

If you have any queries about your workplace rights or entitlements, you can always get in contact with AMA ACT for quick advice and support.

While competitive remuneration is important, I want you to know that we understand that career opportunities are also a key consideration for you. Career and training opportunities are constantly expanding in Canberra and will continue to grow as the local region itself continues to grow rapidly.

The AMA ACT offers advice and practical assistance as you move through your career - help with CVs and practical sessions on interview skills - just to mention two.

Whether it be the convenience of living and working in Canberra or the opportunities that the local network training sites offer, the ACT is a great place to consider for an internship and the AMA ACT is here to help you every step of the way.

We look forward to meeting you in Canberra.

P.S. Don't forget that Drs4Drs ACT is there for you at any time. A non-judgmental and confidential call back service, where you can speak with a colleague on a 24/7 basis, is available on 1300 374 377.

Best regards,

Walter Abhayaratna

Prof Walter Abhayaratna
President
AMA (ACT) Ltd

Kerrie Aust

Dr Kerrie Aust
President-Elect
AMA (ACT) Ltd

FROM ACT NEW GRAD

Congrats on almost finishing! If you are reading this, you are likely at the end of your med school journey and about to embark on one of the most exciting journeys (career-wise) there is! It is a huge deal and you should all be very proud of yourselves!

As an ANU graduate, Canberra has been my home for the past four years. It took me a while (2 years to be exact) to like the capital city. While Canbs (a nickname for Canberra by many locals) may not be as busy or popular as other big cities like Sydney, it certainly has its own perks. I do not have to drive through big-city traffics (like when I was back in Melbourne). My commute is about 10-15 min each way from home to the Canberra Hospital depending on parking. The city is buzzing with its growing food and coffee culture. And this year, ACT is the first territory in the country (if not the world), to table Australia's first legislation to ban unnecessary and irreversible intersex surgery on children. Talk about being progressive and going in the right direction!

I am loving my time in Term 1 ED in the Canberra Hospital at the moment. I do still struggle to wake up before my shifts but I always have fun during work. I am always well supported by consultants, registrars, nurses, PTs/allied health, admin and my intern peers. Having to do shift work can be frustrating and difficult but ED rostering in TCH is possibly the most understanding and accommodating. In addition to being an intern in ED, you can also choose to teach/examine clinical skill sessions for the Y3 and Y4 medical students in ANU, partaking in research projects, and taking up leadership positions in CRMEC, AMA and JMOA.

For those of you who are looking to move to Canberra to start internship, my short answer is, "Welcome and you will love it!" The internship cohort is comprised of some ANU grads, some graduates from other Australian medical schools and IMGs. It is a very diverse group of talented people from all walks of life who are passionate about medicine. There are dedicated prevocational education officers within the Canberra Health Services who are always there to support junior doctors (especially interns) through the highs and lows of this steep learning curve (with chocolates and candies!).

Finally, a word about the ACT application process. The application process to ACT internship is a breeze compared to the HETI application or the application process to VIC. I believe you can choose to do a mixture of Canberra Hospital, Calvary Hospital, Bega and Goulburn, or a long-term internship program in Bega. I would encourage you all to apply to as many territories/states to expand your horizon. At the end of the day, it is a job you have been working towards for at least the past four years, most likely the past eight or more. Good luck and you got this!

Yangzirui Fu

Dr Yangzirui (Zee) Fu
PGY1, Canberra Hospital (2023)

ACT OVERVIEW

Canberra is a great place to actively pursue your dreams. As Australia's capital, big ideas emerge, circulate and grow in Canberra thanks to the unique links between leading thinkers in business, government, education and research. With a population of over 450,000 people, Canberra and the greater ACT region offers all the excitement and advantages of city living without the traffic, pollution and stress of larger cities. It is an extremely desirable place to live. Here, interns and residents can enjoy world-class festivals, facilities, entertainment, outdoor pursuits, dining, shopping and a calendar overflowing with cultural, sporting and youth-specific events.

Canberra is a carefully planned city, so getting around is easy with most places being within a 20-minute drive. More than 2,400 kilometres of dedicated bicycle tracks, trails and lanes connect each of the major CBD areas in the city. In addition, the ACT's public transport system, ACTION, is a fast and reliable bus service. Canberra is also a safe city, with one of the lowest crime rates of any major Australian city, and an inclusive and welcoming community. Finally, careers at ACT Health recognise and reward skill and experience, with progression through clinical, research, education and management pathways at all levels.

Interested in applying? More information can be found on the ACT Health website.

ACT OVERVIEW

Priority Listings

Category 1a (Guaranteed First Round Offer)	CSP Graduates of the Australian National University Medical School
Category 1b (Guaranteed First Round Offer)	Domestic CSP Graduates of NSW Universities (capped at 6)
Category 1c (Guaranteed First Round Offer)	Aboriginal and Torres Strait Islander Graduates of other Australian Universities (who provide a statutory declaration regarding Aboriginality)
Category 2 (First Round Offer Not Guaranteed)	Graduates of other Australian Universities who completed Year 12 studies in the ACT
Category 3 (First Round Offer Not Guaranteed)	International Student/IFF Graduates of the Australian National University Medical School
Category 4 (First Round Offer Not Guaranteed)	Graduates of other Australian Universities
Category 4 (First Round Offer Not Guaranteed)	Graduates of Australian University campuses outside of Australia accredited by the Australian Medical Council

CANBERRA HEALTH SERVICES

2025 Predicted Internship Positions: 96*

*6 guaranteed to NSW students

Network Training Sites

Canberra Hospital, North Canberra Hospital (NCH), Goulburn Base Hospital, South East Regional Hospital (Bega)

Rotations Available

General Medicine, General Surgery, Emergency Medicine, Psychiatry, O&G, Cardiology, Endocrinology, Gastroenterology/Hepatology, Hospital in the Home, Infectious Diseases, Neurology, Renal, Respiratory Medicine, Geriatrics, Haematology, Medical Oncology, Medical and Surgical Relief, Cardiothoracic Surgery, ENT/ Maxillofacial Surgery, Neurosurgery, Vascular Surgery, Urology, and Orthopaedics

Basic Information

Interns at CHS do 4 terms a year. CHS offers highly competitive rates of pay and excellent working conditions. Competitive remuneration for medical officers, in addition to an attractive education allowance are also offered to interns and residents. Employee salary packaging with the full Public Benevolent Institution FBT concession is available. Some reimbursement of relocation expenses is available to medical officers recruited from interstate or overseas.

The Canberra and North Canberra Hospitals are the home hospitals for this network. All interns will have rotations at the Canberra Hospital. The Canberra Hospital has approximately 606 beds and busy outpatient clinics. It is a major tertiary trauma and teaching hospital, associated with the ANU, and covers many specialties. North Canberra Hospital is a 162-bed public teaching hospital, also associated with the Australian National University. Both hospitals currently offer free parking for staff.

CANBERRA HEALTH SERVICES

Reasons to Apply

Canberra Health Services (CHS) offers quality education and training conditions in a large tertiary hospital, with the opportunity for rural rotations.

You will commence your internship at CHS with a comprehensive two-weeks orientation program, which includes practical/skills workshops and wellbeing activities. In addition, evening/night shifts will not be rostered in the first weeks of your internship.

MO welfare is a top priority at CHS with, supported through the Department of Prevocational Education and Training (DPET). The DPET provides training, education and support to all CHS JMOs, delivered by a number of senior medical officers as well as a Psychologist.

Contact Details

Melanie Taylor
Director - Employment and Training Unit
Canberra Health Services
Email: CHSTCHMosu@act.gov.au

6

INTERN IN: NSW

AMA - NSW
Letter From: NSW New Grad
Overview
NSW Rural Training
NSW Hospital Service Check
Health Service Overview (by Network)

FROM AMA NSW

Congratulations on your graduation, and welcome to the profession!

While you have finished your formal university education, you are embarking on a career of continual learning. You might feel nervous, excited, and overwhelmed right now, but rest assured – we are here to support you every step of the way.

As interns, the responsibility of being a doctor may feel daunting, but it is crucial to remember – medicine is a team sport, you are not alone! We have answers to your every question, and advice on every aspect of medicine as a profession. The Australian Medical Association is here to ensure you get the very best out of your career.

What can AMA (NSW) do for YOU?

Firstly, our Workplace Relations Team provides comprehensive support to assist doctors-in-training (DITs) with individual workplace matters. Our experienced advisors provide members with **free** advice and assistance on:

- Employment terms and conditions
- Pay rates
- Overtime
- Safe hours and rostering
- Unfair dismissal
- Performance management
- Bullying and harassment
- Workplace investigations
- Training disputes
- Registration requirements
- Medico-legal advice

If you have a question or need help, please reach out to our workplace team at; workplace@amansw.com.au or phone (02) 9439 8822.

FROM AMA NSW

Secondly, we are the go-to hub for industry/workplace/educational resources. The team at AMA (NSW) has just refreshed and updated our iconic "What you need to know" guides for doctors-in-training. Topics include:

- Dealing with concerns
- Finding help and support
- Health care records
- Leave
- Remote clinical appraisals
- Remuneration
- Rostering
- Social media

Each guide goes through the most frequently asked questions our team receives on the topic and provides tailored advice for doctors-in-training.

Thirdly, we have extensive networking opportunities including member meet member events, DIT functions and an extremely active AMA member-only doctors-in-training Facebook page. Through the AMA you'll make lifelong friendships and invaluable professional connections. You'll always be able to find the right person to answer that burning question on which your future career rests. You'll also have introductions to industry heavyweights you otherwise might not meet.

AMA (NSW) has a doctors-in-training Committee (DITC), where likeminded early career doctors gather regularly to discuss issues affecting NSW doctors-in-training. The DITC is an important voice for all doctors-in-training, where advocacy has resulted in improved working conditions, education, entitlements and support for specialist pathways. Meetings are open to all AMA (NSW) members, I encourage you to join and be a part of our advocacy.

Please email: dit@amansw.com.au if this is something you would be interested in.

What does AMA (NSW) do for doctors-in-training and the profession?
As one of the most powerful voices for doctors, we have an extensive and well documented record of successful advocacy. The AMA is actively campaigning on a vast array of issues on a federal and state level including: vocational training requirements, training pipeline issues, workforce shortages and pressures, rostering and equity of access.

FROM AMA NSW

An iconic example of our advocacy is the Hospital Health Check which highlights the best parts of our system, and areas where more work is needed to allow doctors-in-training to function effectively. In 2024, AMA (NSW) will be conducting the 8th Hospital Health Check (HHC) survey.

The HHC results have been key in achieving advocacy wins for doctors-in-training on:

- Online unrostered overtime claims
- Expansion of unrostered overtime work that doesn't require prior approval
- Minimum 10-hour breaks between rostered shifts and 14-hour maximum shift duration
- JMO Wellbeing and Support plan

As a doctor-in-training, it is easy to feel like you don't have the power to make change, but as a member of the AMA you can help shape the future of your career and of the future of the industry. By joining the AMA, you not only gain access to a wide range of individual support services and resources, but also an extensive range of discounts from our commercial partners. Best of all, you are contributing to the improvement of conditions for you and all your colleagues.

I became involved with the AMA very early in my medical career and it has been a great decision for furthering my clinical training, building friendships with likeminded doctors, and having opportunities that changed the trajectory of my career.

Best wishes!

Michael Bonning

Dr Michael Bonning
President
AMA (NSW)

2022 NSW HOSPITAL HEALTH CHECK SURVEY

In 2022, AMA NSW surveyed 1,766 doctors-in-training (DIT) from 35 different NSW hospitals.
This survey provided hospitals with a grade in six domains and then a calculated overall rating.

For the full report, please visit this link.

Results by hospital

HOSPITAL(S)	Rostering	Overtime	Leave	Behaviours	Sick Leave	Facilities
Bankstown - Lidcombe	D	B	B	B	C	D
Blacktown and Mt Druitt	D	B	C	B	C	D
Calvary Mater Newcastle	D	B	B	C	C	C
Campbelltown	C	B	B	C	C	D
Canterbury	D	B	B	C	B	D
Coffs Harbour Heath Campus	D	A	B	B	C	D
Concord	D	B	C	C	D	D
Dubbo Base	C	B	B	B	B	C
Gosford	D	B	B	B	C	D
Hornsby - Ku-ring-gai	C	B	C	B	C	C
John Hunter	D	B	B	B	C	D
Lismore Base	C	B	B	B	D	D
Liverpool	D	B	B	B	C	D
Maitland	C	B	B	B	C	D
Manning Base	C	A	B	B	B	D
Nepean	C	B	B	C	C	D
Northern Beaches	D	B	C	B	C	D
Orange Health Service	D	B	B	B	C	D
Port Macquarie Base						

FROM NSW NEW GRAD

You're almost at the finish line! Whether studying medicine has represented five bewildering years post-high school, a steady post-graduate grind, or a mid-life change in career, you are all now very much on the victory lap of medical school. Congratulations are in order for all the hard work it has taken for you to get to this point - you should feel incredibly proud of your achievements.

If there's one tip I can give to you as final year medical students, it's to make the most of this year. While you're at placement and studying, do your best to learn the basic procedures, clinical calls and processes that will make you a more comfortable and confident new intern at the beginning of 2024. When you get home, make the most of your free time. Catch up with friends, plan an awesome pre-internship holiday, and cherish the time you have with a cohort that will probably scatter around the state and country as you begin your career.

Internship can be an intimidating prospect at first, but it is fantastic to finally be putting your hard-earned knowledge into practice while working closely with patients and your colleagues, and the pay check doesn't hurt either! There are definitely times it gets tricky; long hours, interpersonal conflict, new stressful situations all have the potential to stress you out and cause burnout. Take care of yourself and your peers, ask for help when needed, and know that at the end of the day that every difficult experience will help you learn to be a better, more well-rounded clinician. In a few years time, those difficult, embarrassing, and sometimes gross stories will be great things to laugh about with your friends.

New South Wales is a big place when it comes to internship, with 15 prevocational training networks and 48 hospitals to choose from. For me, this was a source of massive decision paralysis! If you're stuck choosing between a few networks, I recommend speaking to JMOs in those networks about their experience and the work environment, looking at the AMA Hospital Health Check, and tuning into network information nights. Ultimately the work itself will be relatively similar everywhere, so what's really important is finding a place things you value, like a positive workplace culture, good staffing levels, and a variety of teaching opportunities. You should also think about where you want to live, including proximity to your family and friends.

Finally, please don't fret about getting your first preference. There is more than one good place to work in NSW, and wherever you go you will meet new people, learn new things, and probably end up having a great time! So again, congratulations, and best of luck to you as you move into the next stage of your career. Take care of yourselves, your friends, and your colleagues, seize opportunities when they present themselves, and enjoy the role! I'm sure you'll love it.

Isaac Wade

Dr Isaac Wade
JMO, Network 7 - Central Coast (2023)

NSW OVERVIEW

Health Education and Training Institute (HETI)

The Health Education and Training Institute (HETI) is the NSW body responsible for the allocation of internship positions to applicants. Applications are made online through the Medical Intern Recruitment Campaign in the NSW Health Careers Portal. Additional applications also need to be made for rural positions through the Junior Medical Officer Recruitment Campaign in the portal.

NSW realises that no single health care Prevocational Trainer Provider can provide all the training and experience required to prepare new doctors for the diverse range of medical practice, so providers in NSW are organised into 15 training 'networks' that deliver education and training to a group of prevocational trainees in Postgraduate Year One (PGY1) as interns and Postgraduate Year Two (PGY2) as residents. The positions offered by HETI mean that Prevocational Trainees can complete both PGY1 and PGY2 in a single network. The network will assign an administrative hospital for trainees, and it is expected that the trainee will complete at least one term in the two year period outside the administrative hospital.

An applicant's recruitment to a prevocational training position in NSW will depend on their chosen recruitment pathway, but will primarily be based on the order in which applicants rank hospital network preferences in their online application. To be eligible to apply, applicants must be completing their medical degree this year, or in the past 2 years at an Australian Medical Council (AMC) accredited school in Australia or New Zealand. Applicants must not have previously commenced an internship or worked as a doctor.

In addition, applicants must be an Australian or New Zealand citizen, or be an Australian Permanent Resident or valid temporary Australian resident, or be a holder of an unrestricted work visa for the duration of their prevocational training. Applicants must provide a list of documents that have been certified by a Justice of Peace. Applicants will need to do a web search to find the state registry for JP's and/or Commissioner of Declarations.

NSW OVERVIEW

Successful applicants will only receive ONE recruitment offer via a pathway and no further offers will be made by HETI through any recruitment pathway for the clinical year. For more information and resources, see the HETI Applicant Guide for Medical Graduate Recruitment linked above.

Applicants fall under 1 of 6 priority categories that determine the order of internship offers. Category 1 (NSW university graduates and Australian permanent residents) applicants are the only guaranteed NSW interns. After offers have been made to Category 1 applicants, offers may be made to Categories 2 to 6, depending on position availability.

Key Dates

- **Monday, 6th of May 2024**: Medical graduate applications open on HETI website
- **Thursday, 6th of June 2024**: Medical graduate applications close

Contact Details

Health Education and Training Institute (HETI)

- HETI Website Link; For DPET and JMO Manager details, click here
- Phone: (02) 9844 6562
- Email: heti-internship@health.nsw.gov.au

NSW RURAL TRAINING

Rural Preferential Recruitment (RPR) Pathway

The RPR is a merit-based recruitment process that allocates medical graduates to internship positions in rural NSW. As you will see in the number of predicted internships section, rural hospitals will have allocated positions for RPR pathway applicants. These positions are offered prior to positions in regional or metropolitan areas as it is a preferential pathway.

All medical graduates are eligible to apply. Applications open Monday 6th May 2024 and close Thursday 6th June 2024. Rural hospitals will review applicants and contact those they wish to interview. Interviews will be held between Monday 17th June 2024 to Thursday 27 June 2024.

Two-Step Application Process

The application process starts with completing an online NSW internship application in the NSW Health Careers Portal (Medical Intern Recruitment Campaign). The link can be found on the HETI Medical Intern Recruitment website. Then, you complete an online RPR application in the NSW Health Careers Portal (Junior Medical Officer Recruitment Campaign) for each rural hospital you wish to work at. For more information, click here.

Applicants who are not successfully matched to an RPR position will automatically be considered for other recruitment pathways based on their application and preferences selected. Successful applicants will receive a maximum of ONE offer from NSW for the 2025 clinical year.

Available Sites

- Albury Wodonga Health - Albury Campus
- Broken Hill Base Hospital
- Coffs Harbour Health Campus
- Dubbo Hospital
- Lismore Base Hospital
- Manning Base Hospital
- Tamworth Hospital
- Orange Health Service
- Port Macquarie Base Hospital
- Maitland Hospital
- Tweed Valley Hospital
- Wagga Wagga Health Service

NETWORK 1: INNER WEST AND WESTERN PLAINS

2025 Predicted Internship Positions: 69*

*14 RPR Positions at Dubbo Hospital and 4 network rotations

Network Training Sites

Royal Prince Alfred Hospital, Dubbo Hospital, Balmain Hospital

Rotations Available

Dubbo Hospital	General Medicine, General Surgery, Orthopaedics, Emergency Medicine, Renal, Cardiology, Psychiatry, Urology, ENT, Relief, Rehabilitation, Obstetrics and Gynaecology*, Paediatrics*, Anaesthetics*, Intensive Care*
Balmain Hospital	Geriatrics, Rehabilitation
Royal Prince Alfred Hospital	Cardiology, Emergency Medicine, Geriatrics, Gastroenterology, Neurology, Renal, Haematology, Respiratory, Medical Oncology, Rheumatology, Palliative Medicine, Relief, Medical Assessment Unit, Cardiothoracic Surgery, Upper GI Surgery, Colorectal Surgery, Neurosurgery, Melanoma/Surgical Oncology, Transplant Surgery, Head and Neck Surgery and Ophthalmology, Obstetrics and Gynaecology, Breast Surgery*, Clinical Immunology and Infectious Disease*, Intensive Care*, Paediatrics*, Plastics Surgery*, Psychiatry*, Radiation Oncology*, Urology*, Vascular Surgery*, Endocrinology/Dermatology*, Hepatology*, Hospital in the Home*, Quality and Safety*, Medical Media*, Medical Education*

**PGY2 term only*

NETWORK 1: INNER WEST AND WESTERN PLAINS

Basic Information

The Royal Prince Alfred Hospital (RPA) is the oldest teaching hospital of the oldest medical school (USYD) in Australia. The hospital is centrally located and is well serviced by public transport. It also has on-site parking available. There are only three hospitals in the network: TRPA, Dubbo and Balmain. Notably, there is a gymnasium and several good cafés in proximity. RPA sits amongst a hub of activity on Missenden Road with great nearby areas to live in (Newtown, Glebe, Camperdown).

Reasons to Apply

RPA provides a range of specialty services that is arguably unmatched in Australia. These include:

- High levels of supervision by the best-trained registrars in the country, including in an after-hours context
- Many established research facilities – research is an area of strength and expertise at RPA
- An MDOK program – a multifaceted program designed to help combat burnout and improve wellbeing

Contact Details

Royal Prince Alfred Hospital
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Balmain Hospital
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Dubbo Hospital
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NETWORK 2: BANKERS AND CAMPERS

2025 Predicted Internship Positions: 60

Network Training Sites

Campbelltown and Camden Hospitals, Bankstown-Lidcombe Hospital, Bowral and District Hospital

Rotations Available

Campbelltown and Camden Hospitals	Respiratory Medicine, Emergency Medicine, Professional Medicine, General Surgery (Breast/Endocrine, Colorectal, Upper GI, Urology and subspecialties), Cardiology, Neurology, Gastroenterology, Endocrinology, Renal/Endocrine, Mental Health, Orthopaedics, Medical Transit Unit, Rehabilitation, Geriatrics, Oncology, MAU, Palliative Care*, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, MACs*
Bankstown-Lidcombe Hospital	Aged Care, Cardiology, Colorectal Surgery, Emergency Medicine, Gastroenterology, Neurology, Relief, Renal/Endocrine, Respiratory, Respiratory/Rheumatology, Stroke/Rehabilitation, Upper GI/Breast Surgery, Vascular Surgery, Geriatrics, MAU, Ambulatory Care, Orthopaedics, Urology/Ophthalmology, Plastics/ENT/Neurosurgery, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, Psychology*
Bowral and District Hospital	General Medicine*, General Surgery*/Orthopaedics*

**PGY2 term only*

NETWORK 2: BANKERS AND CAMPERS

Basic Information

Bankstown-Lidcombe Hospital, a 433-bed Principal Referral Teaching Hospital, is merely 20km from the city centre and is a part of the Southwestern Sydney Local Health District. A comprehensive range of medical and surgical specialties are available, such as world class diagnostic and critical care services. Bankstown-Lidcombe Hospital prides itself on having a relaxed and friendly atmosphere with a commitment to providing career opportunities and staff development. All interns and RMOs here should expect to undertake rotation to Campbelltown and Bowral Hospitals.

Campbelltown and Camden Hospitals consist of two campuses administered under a joint management structure. Campbelltown campus is focused on providing acute health care and Camden is focused on aged and palliative care services. Combined together, the service currently consists of 350 beds. However, with the construction plans, there will be increased services in women's health, children's health, nuclear medicine, dental services, a larger emergency department and modern mental health units. Also, Campbelltown has a relaxed and friendly atmosphere with a commitment to supporting and training junior staff. Campbelltown is also closely linked to Western Sydney University.

Bowral and District Hospital is situated in the picturesque Southern Highlands- whilst there has been a hospital here for over 135 years, we proudly moved into our contemporary Clinical Services Building in 2021. We are the only rural facility in SWSLHD and we hope this adds an extra dimension to your medical journey. Although small compared with the other sites in SWSLHD (approximately 100 beds in total), we offer a large range of services to the local and wider community: a busy ED (Specialist led), 3 operating suites (providing general, obstetric, orthopaedic and ophthalmic surgery), two general medicine and surgery inpatient units, a maternity unit (> 500 deliveries per year), and an 8 bed Level 4 ICU. There are a wide range of allied health, nursing and outpatient services too. We are a teaching hospital of the University of Wollongong and are well supported by our referral sites (Campbelltown and Liverpool).We have an experienced and responsive medical administration team who look forward to meeting you and assisting you during what is a fantastic rotation.

NETWORK 2: BANKERS AND CAMPERS

Reasons to Apply

- The District actively promotes research and provides teaching for undergraduates, postgraduates and health service professionals. In March 2017 the newly constructed Western Sydney University Clinical Building was opened, which is situated on the grounds of Campbelltown Hospital. The building houses state-of-the-art tutorial rooms, clinical skills labs, conference and meeting rooms, auditoriums, the clinical library and professorial suites
- Onsite accommodation is available at Campbelltown Hospital and is available for rotating Medical Officers on a short-term basis at a nominal fee
- The Hospital also offers a wide range of facilities including an auditorium and a series of conference and meeting rooms
- Campbelltown offers a multi-story car park
- Fresh Café is on-site with several restaurants and coffee shops within walking distance and 24-hour on-site security staff

Contact Details

Bankstown-Lidcombe Hospital
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Bowral & District Hospital
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Campbelltown Camden Hospital
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NETWORK 3: CONCORD, CANTERBURY AND BROKEN HILL

2025 Predicted Internship Positions: 52*

*3 RPR positions at Broken Hill Hospital

Network Training Sites

Concord Repatriation General Hospital, Canterbury Hospital and Broken Hill Base Hospital

Rotations Available

Concord Hospital	Breast/Endocrine Surgery, Plastic and Reconstruction Surgery, Cardiology, Colorectal Surgery, Emergency Medicine, Gastroenterology, Geriatrics, Neurology, Oncology, Ophthalmology, Psychiatry, Nights/Relief, Renal, Respiratory, Cardiothoracic Surgery, Head and Neck Surgery, Upper GI Surgery, Urology (includes Gynaecology), Vascular Surgery, Palliative Care, Anatomical Pathology*, Dermatology*, Drug Health*, Haematology*, Immunology and Rheumatology*, MAU*, Endocrinology*, Infectious Diseases*, Intensive Care*, Neurosurgery*, Hospital in the Home*
Canterbury Hospital	Emergency Medicine, General Medicine, General Surgery, Orthopaedics, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, Geriatrics/Rehabilitation*, Hospital in the Home*, Aged Care and Clinical Governance*
Broken Hill Hospital	Emergency Medicine, General Medicine, General Surgery, Paediatrics*, Palliative Care*

**PGY2 term only*

NETWORK 3: CONCORD, CANTERBURY AND BROKEN HILL

Basic Information

Interns rotate in a five-term year within the network. Any secondment to our rural hospital includes accommodation and travel. The position holder will be required to participate in the after-hours roster and undertake a nights-relief term as part of their rotation. The doctor is a key person who works closely with all members of staff and must work as part of a multidisciplinary team. They must also deal with matters of an urgent or sensitive nature and be able to exercise discretion, sensitivity and maintain confidentiality. Also, they must work cooperatively within a team environment and actively contribute to team activities, including proactively participating in team meetings and decision-making processes.

Reasons to Apply

Concord Hospital is known for its collegiality and a very supportive senior staff and administration cohort. It offers an extensive education and training program with protected teaching. It is affiliated with the University of Sydney and has collaborations with RMOA, JMO Quality and Risk Committee, Concord Institute of Academic Surgery and MDOK. Concord is the first teaching hospital to receive 5 years back-to-back Accreditation Awards, as well as three consecutive 3 year Accreditation Awards from the NSW HETI for the exemplary training of postgraduate doctors.

Concord Hospital is situated on the Parramatta River and is close to the city. Thus, you can enjoy expansive views extending to the Sydney Harbour Bridge on one side, and the beautiful Blue Mountains on the other. The hospital has a long tradition of providing care to the veteran community and today, provides health care to the inner west of Sydney. Concord Repatriation General Hospital is a principal referral facility and a teaching hospital of the University of Sydney. We offer a comprehensive range of specialty and subspecialty services, many recognised nationally and internationally as centres of excellence. The hospital is linked to the on-site Concord Centre for Mental Health.

Canterbury Hospital is an acute general metropolitan district hospital situated 12 km south of Concord Hospital and 15 km SW of the GPO. It is part of the Sydney Local Health District, which comprises Balmain, Canterbury, Concord, Concord Centre for Mental Health, Royal Prince Alfred and the Sydney Dental Hospitals.

NETWORK 3: CONCORD, CANTERBURY AND BROKEN HILL

Reasons to Apply

Canterbury Hospital is a 215-bed metropolitan acute general hospital. Opening in 1929 with 28 beds, it underwent redevelopment in 1998 and its 200 beds covers the broad scope of Emergency Medicine, General Medicine, ENT Surgery, Urology, Orthopaedics, Obstetrics and Gynaecology, Paediatrics, Anaesthetics, High Dependency, Psychiatry, Drug and Alcohol, Aged Care and Rehabilitation and some outpatient clinics. It is supported by a Hospital in the Home service. Despite its size, Canterbury Hospital plays an integral role within the local community in the provision of acute care medicine, with its Emergency Department attending to over 46,000 presentations, where 25% are paediatric presentations. Canterbury Hospital plays a significant role in the delivery of maternal services, with a significantly higher fertility rate than NSW. However, women within its catchment tend to present later for antenatal care and together with a lower level of vaccination, suggests there is an overall poorer maternal health profile.

Canterbury Hospital caters for a local population of 220,000 people. The Canterbury area is home to a culturally and linguistically diverse community. Just under half (48%) of Canterbury residents were born overseas and just under half (47%) reported Chinese, Lebanese or Greek ancestry. Many residents of the Canterbury community have arrived in Australia relatively recently. Just fewer than 67% of Canterbury residents do not speak English at home which is almost three times higher than the NSW average (22%). The predominant languages spoken are Arabic, Greek, Mandarin, Bengali, Cantonese, Vietnamese, Urdu, Italian, Indonesian, Korean and Nepali. On average, around one third (33%) of Mandarin, Korean, Cantonese and Vietnamese speakers do not speak English well or at all. The majority of humanitarian arrivals that have settled in Sydney Local Health District, have done so in the Canterbury area. Most arrived from Afghanistan, although a significant number of Burmese and Rohingyan refugees have also settled in the area. Humanitarian arrivals often have complex health problems related to either their prior limited access to healthcare or their individual experiences of persecution or trauma. Aboriginal people make up 1.1% of the district's population, compared with 2.9% of the state's population.

NETWORK 3: CONCORD, CANTERBURY AND BROKEN HILL

Reasons to Apply

Broken Hill (also known as The Silver City) is a great place to live. It has a rich and colourful history and is renowned for its art and creativity, beautiful weather and outback lifestyle. You will find Broken Hill particularly friendly and welcoming, with a strong sense of family and community. Broken Hill is a self-reliant and strong regional community with services and facilities to support an active and vibrant resident population.

The community values and shares the region's unique natural and built environment with regional, national and international visitors. The lack of traffic and daily commuting means you'll find hours in the day that you forgot existed. This usually sees that people's social lives blossom. The Far West LHD provides a solid start to any medical professional's career. The size and workforce profile ensures that junior doctors, and particularly interns have access to consultant staff that is unattainable in large metropolitan settings. The breadth of work ensures that you'll gain exposure to a diverse range of clinical presentations, with the support to allow you to quickly develop your clinical skills and confidence. The Far West LHD is committed to developing a career path for rural generalists, as well as providing future specialists comprehensive grounding to support their future careers.

This approach is a collaborative effort involving the LHD, Broken Hill University Department of Rural Health, the Royal Flying Doctor Service, Maari Ma Health Aboriginal Corporation and Far West Medicare Local.

Contact Details

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Broken Hill Base Hospital
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NETWORK 4: SOUTH WEST, SYDNEY & TWEED HEADS

2025 Predicted Internship Positions: 92*

*24 RPR positions at Tweed Valley Hospital & 1 network rotation from Liverpool Hospital to Tweed Valley Hospital

Network Training Sites

Tweed Valley Hospital, Liverpool Hospital, and Fairfield Hospital (and Braeside Hospital)

Rotations Available

Liverpool Hospital	Acute Medicine, Cardiology, Infectious Diseases, Endocrinology, Emergency, Gastroenterology and Hepatology, Geriatrics, JMO nights, Medical Oncology, Neurology, Neurosurgery, Orthopaedics, Psychiatry, Renal, Respiratory, Rheumatology/Immunology, Dermatology, Colorectal Surgery, Trauma Surgery, Vascular Surgery, Upper GI Surgery, Head and Neck Surgery, Urology, Plastic Surgery/ENT and Ophthalmology, Radiation Oncology, Anaesthetics*, Cardiothoracic Surgery*, Haematology*, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, Palliative Care*, Clinical Genetics*, Braeside Palliative Care*, Braeside Rehabilitation*, Ambulatory Care*
Fairfield Hospital	General Surgery, Emergency, General Medicine, Orthopaedics, Geriatrics, Addiction Medicine*, Ambulatory Care*
Tweed Valley Hospital	Emergency Medicine, General Medicine (incl. Respiratory Medicine), Renal Medicine, Orthopaedics, General Surgery (Breast/Endocrine, Colorectal, Upper GI), ENT

**PGY2 term only*

NETWORK 4: SOUTH WEST, SYDNEY & TWEED HEADS

Basic Information

Liverpool Hospital is a fast-paced, actively growing teaching hospital only 35 minutes from central Sydney on the M5 East. It is an exciting hospital for work and study. Liverpool provides a health service of international standing, with 23 operating theatres, 877 bed capacity, diagnostic and imaging services, emergency and trauma care, maternity, paediatric, cancer care, mental health, ambulatory care, allied health and medical and surgical services from birth to aged care. It also provides a range of state-wide services in areas of critical care, trauma, neonatal intensive care and brain injury rehabilitation.

The facility serves a rapidly increasing population from diverse cultures, religious and language backgrounds which makes our community vibrant and exciting.

If you wish to work at Tweed Valley Hospital for more than one rotation, you must apply through the RPR Campaign or the Aboriginal Medical Workforce Pathway (if applicable).

- Aboriginal Medical Workforce Pathway
- Rural Preferential Recruitment
- Tweed Valley Hospital

Reasons to Apply

Liverpool Hospital is situated in one of the fastest growing regions and is located within an education and health precinct which includes the Ingham Institute of Applied Medical Research, a Clinical Skills and Simulation Centre and the Clinical Schools of UNSW and Western Sydney University. Liverpool Hospital is a principal referral and teaching hospital with a strong commitment to teaching and support for its Junior and Resident Medical Staff The hospital also has a well-equipped gym and educational facilities include a well-stocked library and full access to electronic learning resources. Liverpool will be undergoing a major redevelopment with the development of a new Liverpool Health, Education, Research and Innovation Precinct.

NETWORK 4: SOUTH WEST, SYDNEY & TWEED HEADS

Reasons to Apply

Tweed Valley Hospital (TVH) is a major acute public hospital and referral facility for Northern NSW Local Health District. The $723.3 million state-of-the-art hospital will open in May 2024, and will deliver additional health services and bed capacity to meet the growing community's healthcare needs. The hospital is the most northerly hospital in New South Wales. It is part of a network of facilities which also includes Byron Central Hospital and Murwillumbah District Hospital. The hospital is actively growing and developing services to support the needs of our communities. TVH currently has 250 beds with capability to expand to 430 beds.Tweed is situated close to world renowned beaches and the Gold Coast and Brisbane. TVH provides a friendly, supportive environment to facilitate learning and skills development with a positive work/life balance.

Contact Details

Liverpool Hospital
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Tweed Valley Hospital
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NETWORK 5: NORTH SHORE AND PORT MACQUARIE

2024 Predicted Internship Positions: 75*

*12 RPR positions at Port Macquarie Base Hospital & 7 network rotation positions

Network Training Sites

Royal North Shore Hospital, Port Macquarie Base Hospital, Kempsey District Hospital, Wauchope Memorial Hospital (PGY2), Ryde District Hospital, Greenwich Hospital (HammondCare) and North Shore Private Hospital (Ramsay)

Rotations Available

Royal North Shore Hospital	Acute Surgical Unit (General Surgery), Aged Care, Colorectal Surgery, Emergency, Immunology/Rheumatology, ENT, Gastroenterology, General Medicine (incl. Medical Assessment Unit), Drug and Alcohol*, Neurology, Neurosurgery, Orthopaedics, Ophthalmology/Endocrine Surgery, Plastics and Reconstructive Surgery, Relief, Renal, Respiratory, Spinal Cord Injury, Upper GI Surgery, Urology, Medical Oncology*, Cardiology*, Cardiothoracic Surgery*, Haematology*, Infectious Diseases/APC*, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, Paediatric Emergency*, Vascular Surgery*, Psychiatry*, Interventional Radiology*, Mental Health Community*, Mental Health Inpatient Unit*, Dermatology adn Endocrine Medicine, Radiation Oncology
Port Macquarie Hospital	Emergency, General Medicine, General Practice, Obstetrics and Gynaecology, Orthopaedics, General Surgery, Psychiatry, Relief, Paediatrics*, Intensive Care/Nights*

**PGY2 term only*

NETWORK 5: NORTH SHORE AND PORT MACQUARIE

Rotations Available

North Shore Private Hospital	General Medicine (Cardiology and Medical Oncology)
Wauchope	Palliative Care*, General Rehabilitation*
Kempsey	Emergency, General Medicine
Ryde District Hospital	Emergency, General Surgery, General Medicine, Orthopaedic Surgery
Greenwich Hospital (HammondCare)	Palliative Care

**PGY2 term only*

Basic Information

The Royal North Shore (RNSH) and Ryde Health Service comprises the Royal North Shore Hospital, Ryde Hospital, and each hospital's associated health services. Together, these meet the health needs of most of the northern Sydney region. RNSH has some state-wide responsibility for clinical services in pain management and research, cardiology, severe plastics and burns injury, neonatal intensive care, spinal cord injury, high-risk obstetrics, interventional neuroradiology and cerebrovascular embolisation.

NETWORK 5: NORTH SHORE AND PORT MACQUARIE

Reasons to Apply

- This is one of the few places that has it all: a Tertiary Level 1 busy Emergency Department with major trauma, state services and paediatrics in a friendly place with great teaching, including an internationally renowned simulation centre, research and innovation opportunities and fabulous staff. RNSH also prides itself on the care of the Junior Medical Staff, education and research opportunities and outstanding successes in both Primary and Fellowship exams
- RNSH is just north of the Harbour Bridge (20 minutes to the City and Neutral Bay, 25 minutes to Balmoral, and 30 minutes to Manly Beach) and has good transport links. Thus, a JMO's after-hours lifestyle is looking good! Secondment to Port Macquarie is at the beach
- The RMOA (Resident Medical Officer Association) organises many social and sporting activities throughout each term and year and maintains the RMO lounge and amenities. The Association also contributes to advocacy for RMOs on issues of medical and industrial politics and works collaboratively with the JMO Manager and DPET on innovations for all

Contact Details

Royal North Shore Hospital
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NETWORK 6: HORNSBY AND NORTHERN BEACHES

2024 Predicted Internship Positions: 40

Network Training Sites

Hornsby Ku-ring-gai Health Service (and Hornsby and Brooklyn GP Unit), Mona Vale Hospital, Sydney Adventist Hospital, Northern Beaches Hospital

Rotations Available

Hornsby Ku-ring-gai Hospital	Cardiology, Gastroenterology, Respiratory, Relief, Orthopaedics, General Surgery, Neurology, MAU, Emergency, Rehabilitation, GP*, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, Psychiatry*
Mona Vale Hospital	Geriatric Rehabilitation, Rehabilitation, Palliative Care*
Sydney Adventist Hospital	General Medicine, Neurology, Orthopaedics
Northern Beaches Hospital	Emergency, General Medicine, Cardiology, Respiratory, Gastroenterology, Neurology, Renal Medicine, Oncology/Haematology, Geriatrics, General Surgery, Upper GI Surgery, Colorectal Surgery, Surgical Oncology, Breast & Endocrine Surgery, Orthopaedics, Psychiatry, Psychogeriatrics, Orthopaedics, Obstetrics and Gynaecology*

**PGY2 term only*

We have the ability to rotate some of our PGY2s to larger facilities for subspecialty rotation, with the main facilities being St Vincent's, Westmead, Concord and Royal North Shore Hospital

NETWORK 6: HORNSBY AND NORTHERN BEACHES

Basic Information

The Royal North Shore and Ryde Health and Hornsby Ku-ring-gai Health Service (HKHS), incorporating Hornsby Ku-ring-gai Hospital and six community health centres, provides care to a community stretching from the Hawkesbury River to Lindfield. This is east to St Ives and west to Pennant Hills, Cherrybrook and Epping.

The Resident Support Unit has developed a new and innovative orientation program and ongoing education to support all resident doctors to enhance their individual skills and further their career development goals.

Mona Vale Hospital

Mona Vale Hospital is a subacute facility providing the following services:

- 24 bed Assessment and Rehabilitation Unit (ARU) for Geriatric Rehabilitation
- 26 bed Beachside Rehabilitation Unit (BRU) for General Rehabilitation, Stroke and Amputees
- 20 bed Palliative Care and Geriatric Assessment and Management Unit
- 24/7 Urgent Care Centre, treating patients with minor injury and illnesses
- Community Health Centre

The hospital is located in a beautiful beachside setting, is accessible via Public Transport or alternately offers free parking for those using their own transport and is close to shopping centres and other community / social facilities.

For more information, see here.

NETWORK 6: HORNSBY AND NORTHERN BEACHES

Basic Information

Hornsby Ku-ring-gai Hospital

Hornsby Ku-ring-gai Hospital is a major metropolitan teaching hospital. Patients can access a range of services including coronary care, intensive care, orthopaedics, general medicine, surgical, obstetric, respiratory, rehabilitation, paediatric, maternity and emergency care. The hospital also provides a wide range of outpatient services including allied health, dental and podiatry clinics, child, adolescent and family health, drug and alcohol, health promotion and rehabilitation and aged care.

An acute mental health service is co-located at Hornsby Hospital. The new $265 million Stage 2 redevelopment was officially opened in June 2022. The redevelopment includes a refurbished and expanded emergency department and a new clinical services building.

For more information, see here.

NETWORK 6: HORNSBY AND NORTHERN BEACHES

Basic Information

Sydney Adventist Hospital

Sydney Adventist Hospital is NSW's largest and most comprehensive private hospital) with a dedicated team of 2400 team members, over 1000 medical officers and 300 volunteers. Sydney Adventist Hospital is a not-for-profit, faith-based healthcare organisation advancing healthcare since 1903.

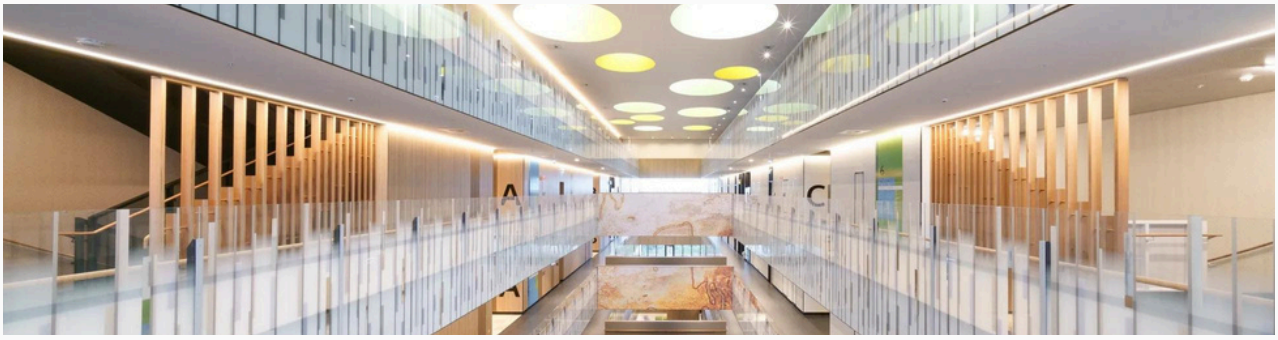
- 700 beds, including 523 licensed overnight beds.
- Comprehensive acute surgical, medical and obstetric care
- 23 operating theatre and endoscopy suites
- 3 cardiac catheterisation laboratories
- Intensive, acute and coronary care units
- 24/7 Emergency Care department
- Radiology and Nuclear Medicine
- Renal dialysis unit
- Leading multi-disciplinary integrated cancer centre
- Rehabilitation & sleep studies units
- San Day Surgery Hornsby
- Specialist consulting suites on-site including San Clinic, San Clinic Tulloch and Fox Valley Medical & Dental Centre, with Parkway San Clinic located across the road
- Sydney Adventist Hospital Clinical Education Centre

For more information, see here.

NETWORK 6: HORNSBY AND NORTHERN BEACHES

Reasons to Apply

- Staff are well supported by the Resident Support Unit, who have a strong commitment to continuing staff education, and other resources such as a staff library, occupational health and safety program, flexible rosters, rehabilitation counsellor and a staff counselling service
- The hospital is close to major transport routes, near several beautiful National Parks and close to wonderful bushwalking tracks, waterways and boating areas
- The Network has had excellent results in the ASMOF Wellbeing Surveys
- The RMOA works closely with Hospital Administration in quality and wellbeing improvements for the JMOs.



Contact Details

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Northern Beaches Hospital
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Sydney Adventist Hospital
Medical Workforce Manager
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NETWORK 7: CENTRAL COAST

2024 Predicted Internship Positions: 72

Network Training Sites

Gosford Hospital, Wyong Hospital

Rotations Available

Gosford Hospital	Ortho-geriatrics, Cardiology, Emergency, Endocrinology, ENT, Gastroenterology, General Surgery, Neurology, Oncology, Orthopaedics, Relief, Renal, Respiratory, Urology, Vascular Surgery, Acute Surgical Unit, Psychiatry, Anaesthetics*, Haematology*, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, Radiation Oncology*, Radiology*, Palliative Care*, Woy Woy*
Wyong Hospital	Emergency, Geriatric, General Medicine, General Surgery, Orthopaedics, MAU, Rehabilitation, Neurology, Addiction Medicine, Mental Health, Anaesthetics*, Cardiology*, Gastroenterology*, Paediatric Assessment Unit*

**PGY2 term only*

Basic Information

Central Coast Local Health District (CCLHD) provides public health services to the Central Coast region, which is a growing and ageing population. The area is served by two acute hospitals – Gosford and Wyong – two sub-acute facilities and ten community health centres in addition to other community based services.

Gosford Hospital is the principal referral hospital and regional trauma centre for the Central Coast and Wyong Hospital is a major metropolitan hospital. Gosford Hospital is leading NSW in conducting the Teaching on the Run program to ensure the senior staff here are well-trained in their essential role as teachers and supervisors and providing junior doctors with the skills and knowledge they need to grow as teachers and supervisors.

NETWORK 7: CENTRAL COAST

Basic Information

Following significant financial commitment from the NSW Government, redevelopments have been completed at Gosford and Wyong Hospitals. The redevelopments consolidate existing services, expand clinical capacity for the future and enable the introduction of new models of care. With an expanding population on the Central Coast, these important hospital upgrades will help to meet the increasing needs of our diverse local community.

JMOs are rotated through the 560-bed Gosford Hospital and the 320-bed Wyong Hospital. There is no rural rotation as these hospitals are classified as regional.

LOCAL AREA

The Central Coast is renowned for its natural beauty, fantastic swimming and surfing beaches and relaxed lifestyle. It is only a one hour drive from Sydney.

If you want the best quality of life for yourself and your family, Central Coast Local Health District provides plenty of opportunities to achieve this, offering a high quality of life, outstanding employment prospects, high quality education and health care. This region is also blessed with fine weather, friendly people and a stunning and diverse natural environment.

With a vast extent of bushland, coastline and more than 40 beaches, the region offers lots of things to do for families, couples and outdoorsy people. The CentralCoast is between Sydney and Newcastle, so just a quick drive from the big smoke, with plenty of opportunities to make the most of work/life balance such as: Fabulous beaches, scenic bush walks, world class surfing, fun attractions and adrenaline fuelled activities, wonderful markets, whale watching and fishing.

NETWORK 7: CENTRAL COAST

Reasons to Apply

Education: Committed to ensuring high standards of training and education, senior staff support and encourage JMOs to attend comprehensive formal education sessions which are held weekly for interns and one full day per term for RMOs. We also partner with the Simulation Centre and Specialty Departments to offer more specialised courses throughout the year, such as BASIC and laparoscopic skills.

Support: JMOs will also be supported by an enthusiastic team in the Medical Workforce and Education Unit (MWEU) and Directors of Prevocational Education and Training, which is reflected in the results of the Ministry of Health Your Training and Wellbeing Matters Survey. The MWEU put significant effort into rostering, recruitment and education to ensure that JMOs can focus on their clinical work, with these core pillars being managed consistently.

The District offers a Near Peer Mentor program for incoming Interns, to provide a smooth transition into the workforce for Interns, in addition to developing faculty as mentors. The program aims to provide collegiality between Mentors and their Mentees.

The Central Coast RMO Association (CCRMOA) acts as mediators and/or advocates for the RMOs when issues arise. The CCRMOA also organises social events including end-of-term change over parties and sporting teams in the lead-up to the Annual Testimonial Dinner (generally the 1st Friday in December).

The CCRMOA is involved in the General Clinical Training Committee and meets regularly with the Director of Prevocational Education & Training. This ensures communication takes place between the JMOs and Management.

Representation: The CCRMOA works to improve the local policies and practices to better support junior doctors and meets with the MWEU, where issues of concern are addressed.

Facilities: RMO lounges are available for use by doctors at both Gosford and Wyong Hospitals. Both rooms have recreational and computer facilities.

NETWORK 7: CENTRAL COAST

Reasons to Apply

Collegiality: The District is renowned for its collegiality amongst senior and junior medical staff. The year commences with a selection of senior medical staff covering the shifts of Junior Medical Staff for the annual changeover party, an event that welcomes the new JMOs and farewells the old, the year concludes with a sporting tournament between the two cohorts, culminating in an evening of reward, recognition and celebration of the year that was.

Opportunities: We have a number of JMOs sitting on hospital and district committees, providing JMOs with a voice on these committees and an understanding of the workings of committees and it benefits future job applications. All JMOs involved in hospital committees provide feedback through the JMO-led Junior Medical Officer Quality and Safety Advisory Committee.

The Central Coast Local Health District aims to become a global leader in integrated medical research. We are building our research leadership and expanding our research capacity, striving to see research become core business in all aspects of healthcare.

We encourage staff to strive for innovation and apply their knowledge and skills to investigate new ways of delivering care. Guiding our efforts is the CCLHD Strategic 2022 – 2026 Research Plan. This plan paves the way forward for research to exploit our state-of-the-art local research facilities and expand research expertise to address the health priorities of our community. The state-of-the-art Central Coast Medical School (CCMS) and Research Institute within the Health & Wellbeing Precinct at Gosford Hospital is another significant step forward in paving the way for better health outcomes for our rapidly growing community.

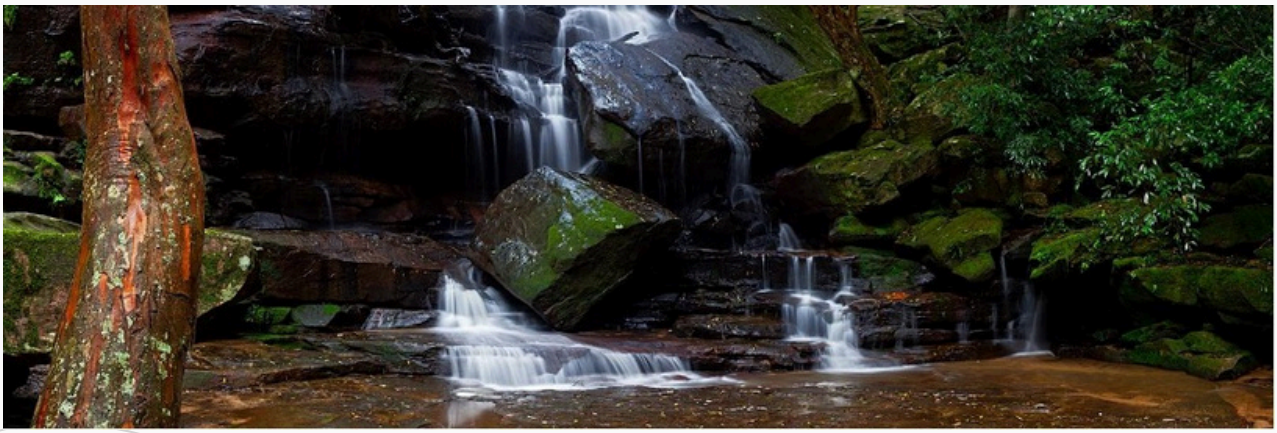
Developed in partnership with the University of Newcastle, these centres of excellence will deliver world-class medical training and research on the Central Coast. They will have the capacity to transform the regional economy and develop new career pathways for health professionals in the region.

NETWORK 7: CENTRAL COAST

Reasons to Apply

Websites that could provide more information regarding the Facility/Local/Area/Navigation in the region:

- Careers - Central Coast Local Health District - NSW Health
- Doctor's Day in May
- A Day in the Life
- Central Coast Australia: Explore like a local



Contact Details

Gosford Hospital and Wyong Hospital
Maggie Robinson
Phone: (02) 4320 3243
Email: maggie.robinson1@health.nsw.gov.au

NETWORK 8: ST GEORGE, SUTHERLAND, ALBURY AND GRIFFITH

2025 Predicted Internship Positions: 81*

*10 RPR positions at Albury-Wodonga Health Hospital

Network Training Sites

St George Hospital (usually 3/5 rotations), The Sutherland Hospital, Calvary Kogarah, Justice Health, Kirketon Road Sexual Health Clinic, Griffith Base Hospital (no rotations to Albury)

Rotations Available

St George Hospital	Aged Care, Cardiology, CCU*, Endocrine*,, Gastroenterology, General Medicine/Drug & Alcohol, Haematology, Immunology*, Medical Assessment Unit, Neurology, Nephrology*, Medical Oncology, Radiation Oncology, Respiratory, Breast/Endo/ENT, Cardiothoracics, Colorectal, Liver, Neurosurgery, Orthopaedics, Trauma, Upper GI, Urology, Vascular, Psychiatry, Emergency, ED/Quality Improvement*, ICU*, O&G*, Paediatrics*
Sutherland Hospital	Aged Care, Cardiology, CCU/Endocrine*, Gastroenterology, General Medicine, Haem/Renal*, Rehabilitation, Respiratory, Neuro*, Oncology*, Gen Surg/Breast*, Gen Surg/ENT/Urology*, Gen Surg/Vascular*, Orthopaedics, Psychiatry, Emergency, ICU*
Calvary	Rehabilitation, Pall Care*
Griffith	General Surgery, Emergency, General Medicine*
Kirketon Road Sexual Health Clinic	Sexual Health*
Justice Health	Forensic Psychiatry*

*PGY2 term only

NETWORK 8: ST GEORGE, SUTHERLAND, ALBURY AND GRIFFITH

Reasons to Apply

- Overall great culture, most consultants are very friendly.
- Great variety of terms, including unique terms like Liver Surgery (JMOs involved in splenectomies and inserting chest drains in theatre), Consultant Liaison Psychiatry at St George Hospital, Forensic Psychiatry at Justice Health, outpatient Sexual Health Clinic at Kirketon Road Centre.
- One of a few trauma centres across the state
- Lots of committees to be involved in and a very active RMOA (Resident Medical Officer Association) which boats large interest and engagement from all levels of medical officers throughout St George.
- The new parts of campus have state-of-the-art facilities, with new ambulatory care and outpatients precinct due to be completed in late 2026.
- A very friendly, helpful, and supportive JMO unit
- Accessible by car, bus, train and contributing to e-Scooter metropolitan trial.
- Great cafes and restaurants all within walking distance
- Minimal issues claiming overtime.
- JMOs are given the opportunity to participate and contribute to teaching undergraduate medical students on an informal basis and as part of routine clinical practice.

Contact Details

Damien Barrett
Medical Workforce Manager
Email: damien.barrett@health.nsw.gov.au

Jack Jaggard
(Acting) JMO Manager
Email: jack.jaggard@health.nsw.gov.au

St George RMOA
Contact us at rmoa.au/contact-us or stgeorgermoa@gmail.com

NETWORK 9: FROM COAST TO COAST

2025 Predicted Internship Positions: 63*

*18 RPR positions at Lismore Base Hospital and 2 network positions

Network Training Sites

Lismore Base Hospital, Prince of Wales Hospital, Royal Hospital for Women, Sydney Children's Hospital (not available PGY1)

Rotations Available

Prince of Wales Hospital	Cardiology, Cardiothoracic Surgery, Emergency, Gastroenterology and Hepatology, Geriatrics, Neurology, Neurosurgery, Orthopaedics, Relief, Surgical Oncology, General and Upper GI Surgery, Urology, Rehabilitation Medicine, Colorectal Surgery, Psychiatry, Respiratory, Nephrology, Community Assessment Unit, Spinal*, Endocrinology/Rheumatology*, Ophthalmology*, ENT*, Infectious Disease/Immunology/HIV-AIDS*, Intensive Care*, Vascular Surgery*, Paediatrics* (SCHN), Haematology*, Medical Oncology*, Obstetrics and Gynaecology (RHW)*
Lismore Hospital	Emergency, General Surgery, Orthopaedics, General Medicine, Geriatric Medicine, Cardiology, Renal, Haematology/Oncology, Psychiatry, Relief, Acute and General Medicine, Respiratory, Vascular Surgery*, Haematology/Oncology*, Gastroenterology*, Paediatrics*, Obstetrics and Gynaecology*, Anaesthetics*, Intensive Care*

**PGY2 term only*

Basic Information

Prince of Wales Hospital is a major teaching hospital and tertiary referral centre, providing excellent healthcare to South Eastern Sydney and specialist health and medical services to New South Wales. We have 450 inpatient beds and almost 3,000 staff. Each year we care for more than 58,000 patients in our emergency department and around 50,000 patients are admitted to our hospital. We also have a busy outpatient and rural outreach service and provide more than 900,000 occasions of non-admitted patient care each year.

NETWORK 9: FROM COAST TO COAST

Basic Information

Our hospital is affiliated with various universities and premier medical teaching facilities. This enables our staff to provide excellence in healthcare in conjunction with our commitment to quality clinical teaching and leading medical research.

Reasons to Apply

- A new acute services building for Prince of Wales Hospital has opened in 2023 which includes an expanded adult emergency department, intensive care unit and psychiatric emergency care centre
- Centrally located and well-serviced by public transport. There is a light rail right in front of the hospital and the hospital is very close to Coogee Beach
- Protected weekly formal education program for Interns and RMOs and many other weekly specialty education sessions
- Strong commitment to clinical research within departments and a very active Clinical Innovations team and newly established Medical Research Community led by junior doctors
- Specialty terms at Sydney Children's Hospital and Royal Hospital for Women to allow for those interested in paediatrics and O&G respectively to get experience at the JMO level
- A very friendly, helpful and supportive Medical Workforce and Medical Education Unit

Contact Details

Cynthia Bacalhau
JMO Manager
Email: SESLHD-JMOPOW@health.nsw.gov.au

NETWORK 10: EASTERN TO GREATER SOUTHERN

2025 Predicted Internship Positions: 57*

*26 RPR positions at the Wagga Wagga Hospital

Network Training Sites

St Vincent's Hospital Sydney, St Vincent's Private Hospital, Mater Hospital Sydney, Wagga Wagga Base Hospital, Calvary Riverina Healthcare

Rotations Available

St Vincent's Hospital	Geriatrics, Neurology, Respiratory Medicine, Gastroenterology, Palliative Care, Lung Transplant Medicine, Cardiology, Medical and Radiation Oncology, Drug and Alcohol, Cardiothoracic Surgery, General Surgery (incl. Colorectal, Upper GI, Surgical Oncology), Orthopaedics, Urology/Gynaecology, Neurosurgery, Plastic Surgery, Rehabilitation, Emergency Medicine, Psychiatry, Relief, War Memorial Rehab, PANDA/Parklea, Haematology*, Intensive Care Unit*, HIV Medicine/Infectious Disease/Immunology*
St Vincent's Private Hospital	Psychiatry, Head and Neck Surgery, Neurosurgery
Wagga Wagga Hospital	General Medicine, Rehabilitation, Geriatrics, General Surgery, Orthopaedics, Emergency Medicine, Psychiatry, Relief, Urology and ENT, GP Coolamon, Anaesthetics*, Intensive Care Unit*, Obstetrics and Gynaecology*, Pathology*, Radiology*
Mater Hospital	Orthopaedics, Nephrology, Cardiology, Oncology

**PGY2 term only*

3 terms at the Mater Hospital/St Vincent's Private Hospital with rotations to Wagga Wagga Emergency and Internal Medicine at Calvary Riverina Hospital

NETWORK 10: EASTERN TO GREATER SOUTHERN

Basic Information

St. Vincent's Hospital is a major public teaching hospital and a principal tertiary referral hospital that specialises in heart/lung transplantation, bone marrow transplantation, cardiology, oncology, HIV medicine, respiratory medicine, mental health and drug and alcohol services.

There is a strong association with the Garvan Institute for Medical Research, the Victor Chang Institute for Cardiac Research and the Kinghorn Cancer Centre. Centrally located in Darlinghurst, St. Vincent's Hospital sits on the edge of Sydney's business district and is close to major transport and superb cafes.

Reasons to Apply

- Clinical exposure in a number of unique specialties such as transplant medicine
- We have an interesting demographic of patients offering Junior Medical Officers exposure to homeless health, psychiatry, and those suffering from drugs of addiction
- A structured education program with weekly teaching program (following the unified lecture series), Teaching on the Run, a JMO mentoring program, peer-led teaching, surgical skills labs and simulation sessions. Our hospital does not have paediatrics or obstetrics and gynaecology
- Off-site secondment terms for paediatrics are at Sydney Children's Hospital and Canterbury Hospitals (for PGY2 only)
- Obstetrics and Gynaecology is available at Wagga Wagga during PGY2 year
- St Vincent's has a long and proud history and is driven by the values of the Mary Aikenhead Ministries in all that we do for our patients and staff

Contact Details

Lawrence Wong
JMO Manager
Email: lawrence.wong@svha.org.au or SVHS.MedicalWorkforce@svha.org.au

NETWORK 11: OCEANS ELEVEN

2025 Predicted Internship Positions: 76

Network Training Sites

Wollongong Hospital, Shoalhaven District Memorial Hospital (and Milton General Practice), Shellharbour Hospital, Bulli District Hospital,

Rotations Available

Wollongong Hospital	**PGY1** Cardiology, Colorectal, Emergency, General Surgery, Gastroenterology/Endocrinology, General Medicine, Geriatrics, Haematology, Medical Assessment Unit, Neurology/Stroke, Neurosurgery, Oncology, Orthopaedics, Otolaryngology, Relief, Renal, Respiratory **PGY2** Acute Surgical Unit, Anaesthetics, Anatomical Pathology, Cardiology, Emergency, Forensic Pathology, Gastroenterology/Endocrinology, General Medicine, General Surgery, Geriatrics, Haematology, Hospital in the Home, Infectious Diseases, Intensive Care, Medical Assessment Unit, Neurosurgery, Obstetrics and Gynaecology, Oncology, Orthopaedics, Paediatrics, Plastics, Psychiatry - Old Age, Radiation Oncology, Relief, Renal Medicine, Rehabilitation, Urology, Vascular
Shoalhaven District Memorial Hospital	**PGY1** Emergency, General Medicine, General Surgery, Rehabilitation Medicine **PGY2** Emergency, General Medicine, General Surgery, Geriatrics, Intensive Care, Medicine/Coronary Care, Orthopaedics
Shellharbour Hospital	**PGY1** Emergency, General Medicine, Geriatrics, Psychiatry **PGY2** Acute Medical Assessment Unit, Emergency, General Medicine, General Surgery, Mental Health Rehabilitation, Psychiatry, Relief

NETWORK 11: OCEANS ELEVEN

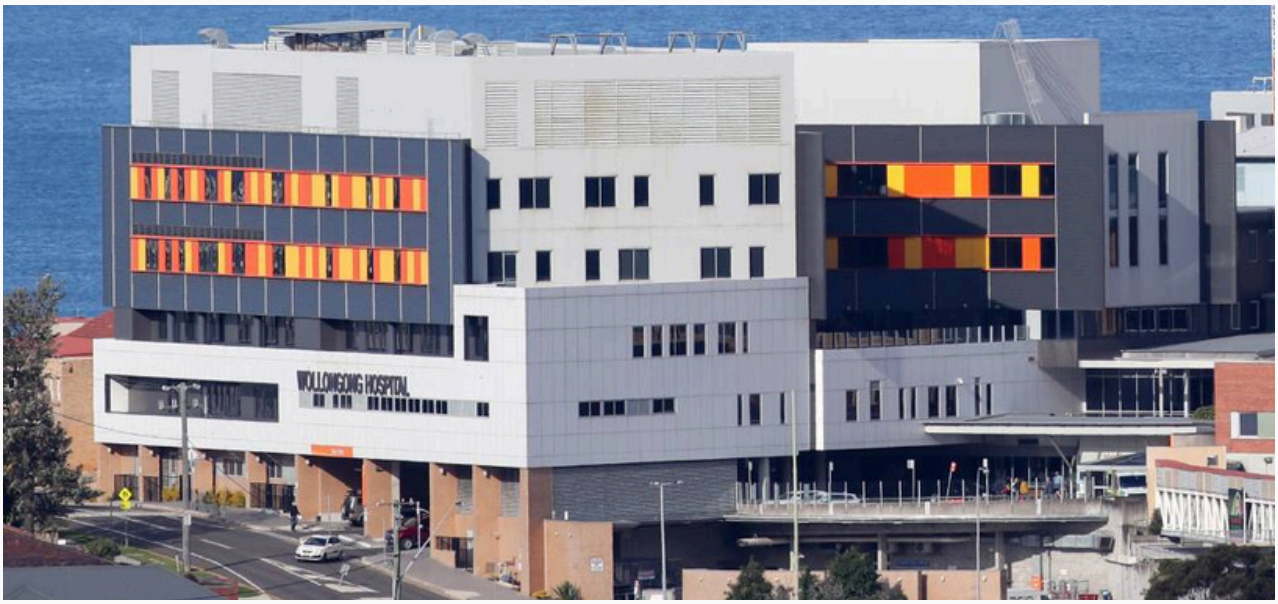
Rotations Available

Bulli District Hospital	**PGY1** Geriatric Medicine, Rehabilitation **PGY2** Rehabilitation, Palliative Care
Milton Ulladulla	General Practice (PGY1 and PGY2)

Basic Information

Wollongong Hospital and Shoalhaven District Memorial Hospital provides teaching and research opportunities with professors in various fields of medicine as it is affiliated with the University of Wollongong, Graduate School of Medicine. Wollongong Hospital has 500 inpatient beds and most of the main specialties, with specialists and registrars who are keen to help interns and residents get onto their preferred training scheme.

The network also has a regional environment, which provides learning and development in a friendly and supportive environment. All rotation hospitals, except the rural placement, are within 30 minutes of Wollongong.



NETWORK 11: OCEANS ELEVEN

Reasons to Apply

- Friendly and approachable consultants who are keen to teach and enjoy helping Junior Medical Officers progress past their residency years
- Committed to JMOs Wellbeing
- Supportive DPETs and JMO Services Team
- Weekly intern and resident teaching sessions covering the various medical and surgical fields
- Interns and Residents may have an opportunity to mentor a medical student and help with their clinical development
- Research opportunities
- The Illawarra Shoalhaven Local Health District is nestled between the mountains and the sea on the stunning New South Wales South Coast. Many of our eight hospitals and community health facilities are within a one hour drive of Sydney, giving our employees access to city life in a semi-rural setting
- Commute times are short; childcare, housing and entertainment options are plentiful and affordable. When not at work, you can relax on some of the country's best beaches, explore the stunning natural surroundings and nature trails or enjoy the local dining and adventure scene, all contributing to the perfect work-life balance

Contact Details

Wollongong Hospital
Jennifer Williams
Phone: (02) 4253 4659
Email: jennifer.williams2@health.nsw.gov.au

NETWORK 12: HUNTER NEW ENGLAND

2025 Predicted Internship Positions: 130*

*25 RPR positions at the Tamworth Hospital;
12 at the Manning Base Hospital; 13 at Maitland Hospital

Network Training Sites

Armidale Rural Referral Hospital, Belmont District Hospital, Calvary Mater Newcastle, Mental Health Services, John Hunter Hospital, The Maitland Hospital, Manning Rural Referral Hospital, Tamworth Rural Referral Hospital

Rotations Available

Armidale Hospital	General Medicine*, General Surgery*, Orthopaedics*, Paediatrics*
Belmont District Hospital	Emergency, General Medicine, Cardiology, Rehabilitation, Addiction Medicine, Anaesthetics with Emergency Medicine*, General Surgery, Sub-Acute Medicine
Calvary Mater Hospital	Acute Medicine, Gastroenterology, Cardiology, Clinical Haematology, Emergency, General Medicine, Respiratory, Medical and Radiation Oncology, Palliative Care, General Surgery
Hunter New England Mental Health Services	Lake Macquarie Inpatient Unit, Newcastle Inpatient Unit, Mental Health Intensive Care Unit*, Older Persons Inpatient Unit, Mental Health & Substance Use Inpatient Unit, Intermediate Stay Unit
John Hunter Hospital	Acute General Surgery, Cardiology, Cardiothoracic Surgery, Community Care*, Emergency, Gastroenterology, General Medicine, General Paediatrics*, Colorectal Surgery, Upper GI Surgery, Surgery with Trauma, Clinical Governance*, Intensive Care* Medicine, Infectious Diseases, Nephrology & Dialysis, Neurology, Neurosurgery, Maternity & Gynaecology*, Maxillofacial/ENT surgery, Orthopaedics, Paediatric Orthopaedics*, Paediatric Surgery*, Psychiatry Liaison*, Child Psychiatry* Rehabilitation Medicine, Respiratory, Urology, Vascular Surgery

*PGY2 term only

NETWORK 12: HUNTER NEW ENGLAND

Rotations Available

Manning Base Hospital (RPR)	Anaesthetics with Emergency Medicine*, Emergency, General Medicine, Obstetrics & Gynaecology*, Oncology, Nephrology and Dialysis, General Surgery, Urology, Psychiatry, General Paediatrics*, Rehabilitation, rural General Practice*
The Maitland Hospital (RPR)	Emergency Medicine, General Medicine, General Surgery, Psychiatry, Obstetrics and Gynaecology*, Orthopaedics, General Paediatrics*
Tamworth Rural Referral Hospital (RPR)	Emergency, General Medicine, Mental Health, Obstetrics and Gynaecology*, Orthopaedics, Paediatrics*, Rehabilitation, ENT, Urology, General Surgery, General Surgery with Ophthalmology, rural GP*

**PGY2 term only*

Basic Information

Network 12 is the largest hospital network in NSW for Junior Medical Officers, with a wide range of hospitals. The main John Hunter complex includes The John Hunter Hospital (550 beds, a Level 1 Trauma Centre and Major Tertiary Referral Hospital for northern NSW), and John Hunter Children's Hospital (100 beds).

Regional and rural rotations include Maitland (35 minutes away), Tamworth (4 hours away), Taree (2 hours away) and Armidale (4 hours away) hospitals. Network 12 facilities are affiliated with the University of Newcastle and University of New England Medical Schools.

Mental Health teams include General Adult, Mental Health Intensive care unit and Intermediate Stay Unit (psychiatric rehabilitation) with weekly protected teaching team specific to psychiatry and reflective group sessions based on Balint group principles and well supported by Senior Registrars.

NETWORK 12: HUNTER NEW ENGLAND

Tamworth Rural Referral Hospital (RPR)

Tamworth Rural Referral Hospital (TRRH) has 288 beds and is the major Rural Referral Hospital providing services to the North West of NSW. We are the largest hospital outside the Sydney – Newcastle –Wollongong regions.

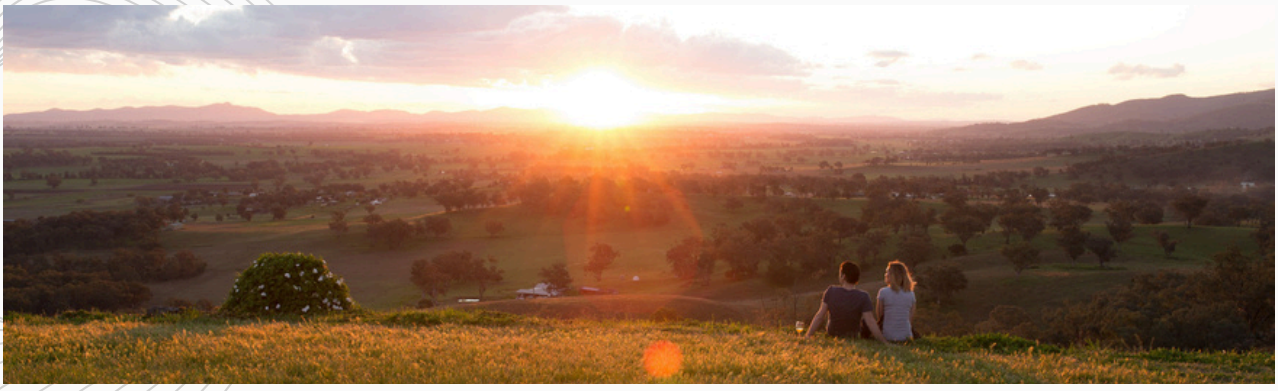
Servicing a local community of 64,000 and a referral community of 180,000, TRRH is a teaching hospital for the Universities of Newcastle and New England's Joint Medical Program. TRRH is equipped with an onsite post graduate education complex with clinical skills labs and access to the nearby University Education Centre.

The Emergency Department is delineated to Level 5 and offers great experience in leading edge critical care medicine. Tamworth is a trauma centre for the NSW North West of NSW with locally staffed helicopter retrieval service. Opportunities are available to rotate within Hunter New England Prevocational Network 12 in your Resident year.

We need your commitment to deliver high quality clinical skills to our patients, our service and our community. Involvement in a dynamic team that promotes active, stimulating and supportive learning environment.

Tamworth is a great place to start your medical career. Our medical community is close knit which means personal interactions between senior and junior doctors, allowing one on one teaching, mentoring and support.

Most rotations are classified as general but have a subspecialty flavour, ensuring that you can confidently manage a broad range of common conditions with a sprinkling of the rare and unusual. There is an emphasis on learning with protected, pager-free teaching sessions and lots of bedside teaching. We have a wide variety of rotations, and no night shifts for interns.



NETWORK 12: HUNTER NEW ENGLAND

Basic Information

Tamworth Rural Referral Hospital

- Live in a thriving and picturesque regional city of 64,000 offering plenty of cultural and artistic attractions.
- Conveniently located halfway between Sydney and Brisbane with ease of access with daily flights to Sydney & Brisbane, and within 5 hours drive to Sydney.
- Experience top class sporting and recreational facilities and make a connection with the local community.
- Taste the flavours of the region by indulging in a meal at one of our 50+ restaurants and café.
- Experience the great outdoors....try your hand at paragliding, water skiing, canoeing or horse riding plus many more options.
- Enjoy the bonus of a ready-made, very active social network.

To see what else Tamworth as a regional city can offer, please visit www.destinationtamworth.com.au

NETWORK 12: HUNTER NEW ENGLAND

Reasons to Apply

- The pre-vocational JMO Unit is a helpful, approachable and well-organised team
- Protected weekly teaching sessions are via video conference from John Hunter. Lectures are recorded to allow interns who are unable to attend in-person to view the lecture online and have the module added to their education transcript
- JMOs will gain a broad range of experience from major centres, and rural hospitals
- Network 12 includes a major children's hospital for those interested in paediatrics

Contact Details

Prevocational Training Network 12
Chelvi Vijayashankar
Phone: (02) 4924 5862
Email: HNELHD-JMOUnit@health.nsw.gov.au

NETWORK 13: WESTNET

2025 Predicted Internship Positions: 135*

*19 RPR positions at the Coffs Harbour Health Campus & 9 network rotation positions; 22 RPR positions at the Orange Health Service

Network Training Sites

Auburn Hospital, Westmead Hospital, Westmead Children's (PGY2 only), Coffs Harbour Health Campus (Based at Westmead), Blacktown/Mt Druitt (Based at Blacktown), Orange

Rotations Available

Auburn Hospital	Emergency, General Medicine, Cardiology, General Surgery, Plastic Surgery
Westmead Hospital	Cardiology, General Surgery, Surgical Oncology, Head and Neck, Breast/Endocrine Surgery, Colorectal Surgery, Haematology, Nephrology, Neurology, Radiation Oncology, Plastic Surgery, Relief, Surgical Transplant, Urology, Vascular Surgery, Cardiothoracic Surgery, Oral and Maxillofacial Surgery, Gastroenterology
Coffs Harbous Health Campus	General Medicine (incl. Respiratory, Gastroenterology, Renal, Neurology, Geriatrics, Cardiology, Medical Assessment Unit), General Surgery (incl. Urology, Vascular, Upper GI, Endocrine/ENT/Breast), Orthopaedics, Rehabilitation, Emergency, Palliative Care, Nights/Relief, Medical Oncology/Haematology

Please note term swaps are available between Westmead and Blacktown Hospitals. Additional rotations available as RMO: Drug and Alcohol, Infectious Diseases, Immunology, Intensive Care, Obstetrics and Gynaecology, Paediatrics, Palliative Care, Neurosurgical High Dependency, Radiation Oncology, Rehabilitation, Rheumatology, Oral/ Maxillofacial Surgery, Trauma.

We do not routinely have terms available in Anaesthetics at the RMO level, although sometimes, individual terms may be negotiated.

NETWORK 13: WESTNET

Basic Information

Westmead Hospital is a 975-bed tertiary referral centre and trauma hospital. The hospital is a centre for clinical research in all major fields of medical practice and leads the way in areas such as urology, renal transplantation surgery, neonatology, cancer, immunology, allergy medicine, and cardiology.

Auburn Hospital is a 200-bed acute-care hospital. The hospital is about 20 minutes from Westmead by car, while the Auburn Railway Station, just over 1km away, is a comfortable 15-minute walk to the hospital.

The Children's Hospital is the major paediatric specialist hospital in NSW, delivering health care in all the medical and surgical subspecialties. It also provides diagnostic, paramedical and technical support services for neonates, children and adolescents.

The Coffs Harbour Health Campus is an acute regional teaching hospital with 355 beds, located approximately halfway between Sydney and Brisbane on the Mid North Coast. Coffs Harbour Health Campus facilities and services including operating theatres, a Coronary Care Unit (including Coronary Angiography Suite), and Intensive Care Unit, a 24-hour Emergency Department, Radiology (including CT, MRI and Interventional Suite), Pathology North, Obstetrics and Gynaecology, Paediatrics, Anaesthetics, Rehabilitation and a Stroke Unit. There is also access to outpatient services such as the Ambulatory Care Unit, Renal Dialysis Unit, Dental Services and a Refugee Clinic.

Also situated on the grounds of Coffs Harbour Health Campus are the Aboriginal and Cultural Wellbeing Centre (Maam Darruyaygamba), Mid NOrth Coast Cancer Institute (Haematology, Medical Oncology and Radiation Oncology facilities), Mental Health Unit, BreastScreen, the Specialist Medical Centre and University of NSW Regional Medical School.

Our Emergency Department is the largest trauma centre outside Brisbane and Sydney, with more than 46,485 presentation in 2023.

NETWORK 13: WESTNET

Reasons to Apply

- Westmead Hospital has access to virtually every speciality and provides huge options for all career pathways
- There is exceptional admin support; many of the JMOs cherish this and do not want to let it go when they move on to further training
- It is a major trauma centre in Western Sydney that gets exposure to a huge array of cases
- There is exceptional learning that is well supported and supervised due to the affiliation with universities and the strong staff network
- Never-ending opportunities in research (large number of affiliations), teaching and running tutorial groups for medical students if JMOs desire
- Even if only for a rotation, Network 13 provides opportunities for rural placements

Contact Details

Westmead Hospital
Chandrika Param
Phone: (02) 8890 6282
Email: chandrika.param@health.nsw.gov.au

NETWORK 14: NEPEAN & BLUE MOUNTAINS

2025 Predicted Internship Positions: 75

Network Training Sites

Nepean Hospital (NH), Blue Mountains District ANZAC Memorial Hospital (BMDAMH), Hawkesbury District Health Service (HDHS), Lithgow Hospital (LH)

Rotations Available

Medicine	General Medicine (BMDAMH & HDHS), Cardiology, Endocrinology, Geriatrics, Gastroenterology, Haematology, Medical Assessment Unit, Neurology, Oncology/Radiation Oncology, Palliative Care/Pain Service, Respiratory, Rehabilitation (NH & BMDAMH), Renal
Surgery	Acute Surgical Unit, Breast/ Endocrine Surgery, Colorectal Surgery, ENT, General Surgery (HDHS), Neurosurgery, Orthopaedics, Plastics, Thoracic Surgery, Upper GI Surgery, Urology, Vascular Surgery
Emergency Medicine	Emergency (NH & HDHS)
Other (PGY2 only)	Critical Care, Drug & Alcohol, Paediatrics, Psychiatry, Obstetrics & Gynaecology, Infectious Diseases, Sexual/Public Health, Rural Medicine (LH)

NETWORK 14: NEPEAN & BLUE MOUNTAINS

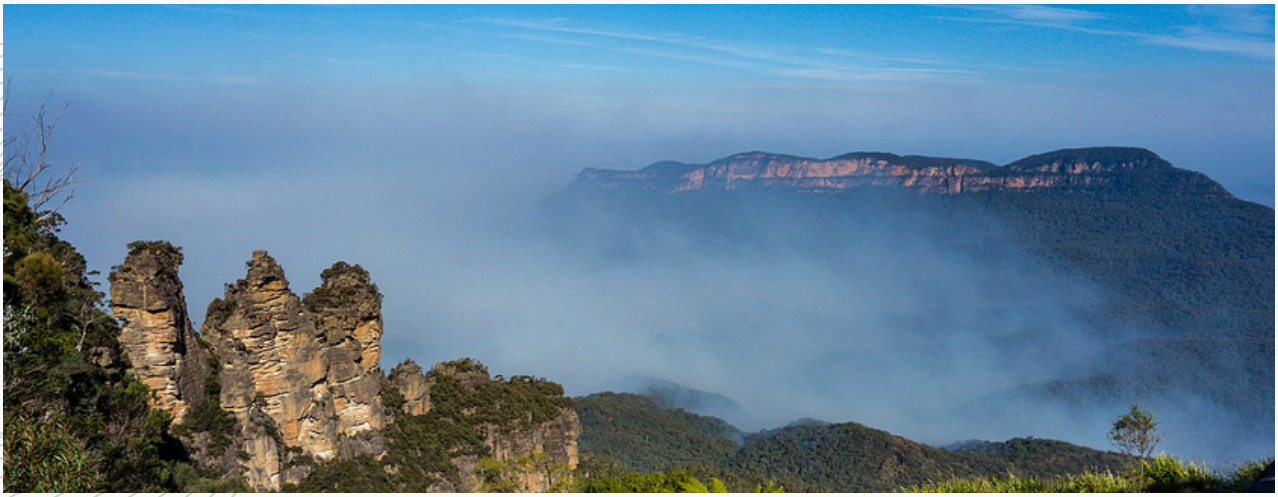
Basic Information

Nepean Blue Mountains Local Health District is responsible for providing community health and hospital care for people living in the Blue Mountains, Hawkesbury, Lithgow and Penrith Local Government Areas (LGAs) and tertiary care to residents of the Greater Western Region.

The Local Health District consists of both urban and semi-rural areas, covering almost 9,179 square kilometres and an estimated resident population of almost 350,000 people. Nepean Hospital is located in Kingswood NSW, and is a 530 bed Tertiary Referral Hospital, 50 km from the centre of Sydney and a 45 minute drive.

It is a teaching hospital linked with the University of Sydney but hosts students from many different universities and disciplines. The services provided include medical disciplines, surgical specialities and a vast array of outpatient services (see terms available). The Emergency Department sees approximately 72,000 presentations per annum. A recent $550 million redevelopment project is currently being undertaken to increase capacity by a further 200 beds, 10 operating theatres and an expansion of other services and departments.

Hawkesbury District Health Service in Windsor NSW is a teaching hospital of the University of Notre Dame. It is a 131-bed healthcare facility operated by St John of God Health Care, and provides public patient services under a public-private partnership with the Nepean Blue Mountains Local Health District. They provide acute, community and allied health services for the local community and surrounding districts.



NETWORK 14: NEPEAN & BLUE MOUNTAINS

Basic Information

The Blue Mountains District ANZAC Memorial Hospital is located in Katoomba. It is a 125-bed acute hospital with Paediatrics, Obstetrics, General Surgery, General Medicine, Rehabilitation and Emergency Medicine as well as outpatient services. JMOs are allocated to either General Medicine or Rehabilitation terms at this hospital and are provided with accommodation. In addition you will be able enjoy the local tourist attractions which attract many overseas visitors.

Lithgow Hospital is located in the historic township of Lithgow, a one hour drive westof Penrith. It is a 46-bed public hospital that provides healthcare services to a rapidly expanding population in excess of 20,000 people. It is also a rural teaching hospital for the University of Notre Dame. It has a 24-hour emergency department and provides inpatient services for Obstetrics, General Surgery, General Medicine and Radiology. Accommodation is provided to individuals who rotate to this facility, which is a PGY2-only ACRRM accredited term.

Reasons to Apply

- Previous JMOs have rated The Nepean Hospital as the most doctor-friendly allocation, and the workplace culture at NBMLHD is highly regarded
- The hospital is an innovative and exciting place to work and learn with opportunities for professional development and career growth through term allocations, practical experience and skills enhancement
- University clinics, grand rounds, weekly clinical meetings and tutorials provide education, training and professional development opportunities, as well as a medical education officer dedicated to the intern and resident education
- Interdisciplinary education and skills are encouraged and facilitated through the education and training service, giving you the opportunity to learn with colleagues from nursing, midwifery and allied health
- You can work with clinicians who are the leaders in their field
- The organisation has a strong commitment to research and teaching through a well-established national and international research program. Our research activities contribute directly to improved patient outcomes through advances in medicine, nursing, midwifery and other areas
- JMOs working in Network 14 are also invited to apply for sponsorship to attend conferences and seminars outside the hospital

NETWORK 14: NEPEAN & BLUE MOUNTAINS

Reasons to Apply

- The Resident Medical Officers Association (RMOA) are active in planning social activities and providing a voice for JMOs on various hospital and network committees and the annual JMO Ball is a highlight of the social calendar each year. You can become part of the executive for the RMOA as positions are opened each year, or you can just become a member and enjoy the benefits
- When you are not learning the intricacies of healthcare and need to relax and unwind, local attractions and activities unique to the area include the Farm Gate Trail for Penrith, the Hawkesbury Regions and the natural wonders of the heritage listed Blue Mountains National Park. There are many sporting opportunities including the Penrith Whitewater Stadium, rugby league, soccer, netball, basketball and many other sports played in the area at senior and junior levels. The local Rugby League Team are the Penrith Panthers and the local Soccer Team are the Western Sydney Wanderers
- For those not inclined to sport there are many art galleries and cafes throughout the region as well as the Joan Sutherland Performing Arts Centre which hosts a variety of performances and concerts.

Contact Details

Nepean Hospital
Sharon Kupiers
Phone: (02) 4734 4367
Email: Sharon.Kuipers@health.nsw.gov.au

NETWORK 15: CENTRAL WEST

2024 Predicted Internship Positions: 59*

*49 at Blacktown/Mount Druitt; 10 at Bathurst Base Hospital

Network Training Sites

Blacktown Hospital/Mt Druitt Hospital, Bathurst Base Hospital

Rotations Available

Blacktown Hospital/Mt Druitt Hospital	Psychiatry (2 rotations), Emergency, Orthogeriatrics, Renal, Neurology/Immunology, Paediatrics/Neonatology, Obstetrics and Gynaecology, Intensive Care, Orthopaedics, General Surgery, Urology, Head and Neck, Vascular Surgery, Colorectal Surgery, General Medicine, Cardiology, Rehabilitation, Respiratory, Endocrinology, Geriatrics, Gastroenterology, Infectious Diseases
Bathurst Hospital	General Medicine, General Surgery, Rehabilitation, Orthopaedics, Emergency, Paediatrics

Basic Information

Blacktown Mount Druitt Hospital, a member of the Western Sydney Local Health District (WSLHD), is a culturally diverse leading tertiary care hospital renowned internationally for excellence in patient care, training of healthcare professionals, research and innovation. The hospital is committed to providing the highest quality of health care to the people we serve in a compassionate and respectful manner.

Blacktown Mount Druitt hospital works in a unique partnership to provide health care to residents in the Blacktown LGA. Each year, across the Blacktown and Mount Druitt Hospital Campuses there is treatment of more than 85,000 people in Emergency Department, care of approximately 31,400 patients staying at least one night in hospital, performance of 9,900 surgical procedures, provision of 214,000 outpatient services and assistance with the birth of more than 3,700 babies.

NETWORK 15: CENTRAL WEST

Basic Information

- Blacktown and Mount Druitt Hospitals are two hospital campuses that function as one. Mount Druitt has a busy emergency department and relatively subacute adult inpatient services while Blacktown is where most patients are transferred to from Mount Druitt if they need acute admission
- Blacktown and Mount Druitt Hospitals are located in the Blacktown Local Government Area which is one of the most rapidly growing areas in New South Wales. It is home to a multicultural population with the largest Aboriginal Torres Strait Islander population in Greater Western Sydney and migrants from India, Philippines, China and refugees from Sudan, Afghanistan and Bhutan.

Reasons to Apply

- Blacktown & Mount Druitt Hospital is large and diverse enough to provide JMOs with all training and exposure they need for progression into specialty careers while retaining the one-to one-attention for each JMO. We have a mentoring program between consultants and interns to guide through career choices
- Highly motivated Prevocational Training and Workforce team which advocates for JMOs and encourages the claiming of any unrostered overtime
- Twice weekly JMO teaching and a planned resident specific teaching program shared with the Westnet hospitals along with weekly grand rounds
- We provide practical skills sessions in airway management and procedures, and heavily subsidise ALS1 and ALS2 and Paediatric Life Support training onsite at the Australian Institute of Medical Simulation and Innovation
- BMDH can offer the rotations required for entry into all specialty training programs, including paediatrics needed for GP training, obstetrics terms required for O&G training as a PGY3, and is an accredited training site for most specialities networked with Westmead Hospital
- BMDH is a teaching hospital for Western Sydney University with the Blacktown Clinical School onsite providing opportunities for research and teaching including conjoint appointments

NETWORK 15: CENTRAL WEST

Reasons to Apply

- Get involved in improving the hospital with our JMO Wellbeing committee, the newly formed Women in Medicine committee, the JMO Safety and Quality committee (which supports JMO involvement in audits), the Roster Working Group, or wider hospital committees. This is great to get an understanding of the machinations of the wider hospital and good for your CV!
- Amenities include childcare giving preference to staff, the WSU library and an active RMO association
- Bathurst Base Hospital is a great place to work with a close-knit community but still close enough to Sydney so you can easily get back for that family wedding or friend's party that you want to attend on the weekends.
- There is significant pathology and need out here – you will make a difference!

Contact Details

Blacktown/Mount Druitt Hospital
JMO Manager
Phone: (02) 9881 8248
Email: WSLHD-BMDHMedicalEducation@health.nsw.gov.au

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INTERN IN: NT

AMA - NT
Letter From: NT New Grad
Overview
NT Rural Training
Royal Darwin Hospital
Alice Springs Hospital

FROM AMA NT

Congratulations on your Intern placement at hospitals in the Northern Territory! An interesting, exciting and challenging year lies ahead of you that will lay the foundations for whichever branch of medicine that you choose to follow.

AMA NT has a close association with the NT doctors-in-training and would like to encourage your interest and membership. AMA NT has regular contact with the NT Health Minister and Department of Health Executives. This allows your concerns to be raised directly with the relevant health authorities to affect a solution.

Membership of AMA NT also provides complimentary membership to the Australian Salaried Medical Officers' Federation NT Branch (ASMOF NT). ASMOF NT is the union arm of the profession and negotiations your enterprise agreement which includes your salary, allowances and conditions. ASMOF NT also provides industrial services such as rostering and payroll issues and access to teaching to name a few.

AMA NT has a proud history of advocacy for health issues particularly those that affect indigenous Territorians.

Your time in the Territory should also allow you to explore the natural wonders such as Kakadu, Nitmiluk (Katherine Gorge) and Uluru. In addition to thee adjacent natural wonders of far Northern Western Australia and the near south east Asian region.

Please feel free to contact the AMA NT CEO, Fiona Crombie 8981 7479 or fcrombie@amant.com.au if you have any further questions.

AMA NT wish you all the best for 2024!

Best regards,

Robert Parker

A/Prof Robert Parker
AMA Northern Territory President

FROM NT NEW GRAD

Congratulations on getting through medical school! This is a pivotal moment in your medical journey, and picking a place to do your internship can be both daunting and exciting. Internship in the Northern Territory is an awesome adventure, and a unique experience in working with some of Australia's most underserved populations.

I'm currently 3 months into my internship at the Central Australian Health Service and feel so grateful to be here. The service includes Alice Springs and Tennant Creek Hospital, and looks after people from a geographical area roughly the size of Victoria. The patients you will see in hospital are mostly First Nations people, and a large proportion are from remote communities. Unfortunately, there is a staggering amount of socioeconomic disadvantage here, and this shows up in the types of conditions you become accustomed to seeing. Rheumatic heart disease, trachoma, post strep GN, scabies; Central Australia has some of the highest rates of these illnesses in the world. There is a unique camaraderie in the hospital that is a product of working in such an environment. The senior doctors here are smart, socially conscious and compassionate people who genuinely care for this population and want you too as well. I have also enjoyed the relatively flat hierarchy and the emphasis on generalism here. These things together produce a great learning environment with lots of hands-on experience.

The Top End is another amazing option for internship where you can experience the supportive environment and the unfortunate health inequalities of the NT, but in a larger centre with more subspecialties and a tropical rather than desert feel. This health service includes Royal Darwin Hospital, Katherine and Gove hospitals and many of my colleagues are loving their time up there.

The best thing about coming to the NT though is it's not all about work. The people who come here are generally looking for something new, and there's lots of that. Whether you are into the world class hikes and camping, or the lively art and music scene, there is so much to do. The community feel of the NT also means that it's very easy to make new friends, and there's always an event coming up people are getting excited for (Wide Open Spaces is gonna be pretty good next week).

So yes, come to the NT. It's interesting, it's meaningful, and it's really a whole heap of fun.

James Killian

Dr James Killian
Intern, Central Australian Health Service (2023)

NT OVERVIEW

Are you interested in rural health, tropical medicine or Indigenous health? Are you looking for challenges and opportunities in your medical career within a relaxed and friendly environment? If you answered 'yes' to any of these, then **the Northern Territory is the place for you!**

The Northern Territory offers a great lifestyle, spectacular geography and unique medical opportunities not available elsewhere in Australia. Working in Northern Territory Hospitals offers broad clinical experience and opportunities to improve practical skills in all specialty areas. Northern Territory Hospitals provide a range of services often not seen in similar sized hospitals due to the wide range of medical conditions, cross-cultural blend of patients, and combination of rural and remote locations. Our hospitals also have a strong focus on medical education and training, and employment packages can include specific training programs and rotations.

Alice Springs and Royal Darwin Hospitals are teaching hospitals, with strong links to the Flinders University NT Medical Program and James Cook University Medical School, and provide a comprehensive training program for junior medical officers. You will be expected to attend weekly protected training sessions tailored to immediate needs as well as covering broader areas of professional development.

In each of the terms you undertake during the year, you will receive weekly formal and informal teaching sessions from consultants and registrars. Most departments will have formal grand rounds, journal clubs and specific sessions such as radiology meetings each week, and you will be supported to attend these.

NT OVERVIEW

There is a general focus for training and experience in PGY1 and PGY2, enabling you to consolidate your knowledge, skills and experience, as well as providing you with opportunities to explore potential careers.

The training and experiences in these two years follow the Australian Curriculum Framework for Junior Doctors. In PGY2 and beyond you will be offered the opportunity to follow pathways that prepare you for vocational training programs. Opportunities for rural and remote practice are a key feature of these pathways. Junior Doctors are encouraged to attend regular education and up-skilling sessions covering broad areas of professional development. In addition, all our junior doctors receive a professional training allowance paid fortnightly to support individual training needs. Northern Territory hospitals provide a comprehensive training program for junior medical officers.

How to Apply

When applications open, go to this link and search for “Intern”. What you need to have ready prior to commencing the application:

- Have the names and contact details of three referees (including email address) who are able to provide a workplace assessment in a timely manner to support your application
- Have your Medical Intern Placement Number (MIPN), student number, passport number and details, visa status and expiry date where applicable
- Names of the last secondary school and university you attended and year of graduation
- If you are a NT Scholarship holder you will need your most recent course receipt to be attached to your CV
- If you identify as Aboriginal or Torres Strait Islander you will need to complete the Statutory Declaration provided in the link on the application and attach it to your CV

Rural Training

There are no dedicated rural internship programs in the Northern Territory, however the Northern Territory has a strong focus on generalism in their training programs, with the opportunity for interns to explore careers in rural and remote settings. Internships are available at the Royal Darwin Hospital and Alice Springs Hospital.

ROYAL DARWIN HOSPITAL

2025 Predicted Internship Positions: 55

Network Training Sites

Royal Darwin Hospital, Palmerston Regional Hospital, Katherine Hospital, Nhulunbuy (Gove) District Hospital and various primary care clinics including Groote Eylandt and Danila Dilba
PGY2+ sites: all above, and Darwin Private Hospital

Rotations Available

PGY1	General Medicine, General Surgery, Emergency, Renal, Cardiology, Paediatrics, Maxillofacial Surgery, Vascular Surgery Gove District Hospital (ED/Medicine) General Medicine at Palmerston Regional Hospital
PGY2	All of the above plus Katherine ED and Surgery, various surgical and medical subspecialties, Obstetrics and Gynaecology, Psychiatry

Basic Information

The Royal Darwin Hospital has approximately 363 beds and more than 1,700 staff and provides a broad range of services in all specialty areas to the Darwin urban population as well as serving as a referral centre to the Top End of the Northern Territory, Western Australia and South-East Asia. The Top End population serviced by the hospital is approximately 150,000. The Royal Darwin Hospital is the largest teaching hospital in the Northern Territory and is also recognised as Australia's National Critical Care and Trauma Response Centre. The hospital's vision is to be recognised locally, nationally and internationally as a centre of excellence for the provision of high quality healthcare to the community and to fulfil its role as the National Critical Care and Trauma Response Centre.

ROYAL DARWIN HOSPITAL

Reasons to Apply

- Weekly protected specific Intern training and weekly hospital grand rounds
- Strong focus on Indigenous Health, infectious diseases/tropical medicine and rural/remote medicine
- Formal and informal teaching within rotations from consultants and registrars
- Top End Medical Society that offers peer support and organises regular social events
- On-site recreational facilities including gym, squash courts, 25m outdoor pool

Contact Details

RDH JMO Workforce Consultant
Email: RDHJMOWorkforce.DoH@nt.gov.au

Medical Education Unit THS
Email: MedicalEducationUnit.THS@nt.gov.au

ALICE SPRINGS HOSPITAL

2025 Predicted Internship Positions: 20

Network Training Sites

Alice Springs Hospital and Tennant Creek Hospital

Rotations Available

Alice Springs Hospital is the only internship program which has **four** rather than five rotations during internship. This means that there is no service/relief term, and leave is more flexibly spread across rotations through the year. All interns will rotate through Emergency, General Medicine, and General Surgery to fulfil their AMC requirements.

The remaining rotations are randomly allocated from a selection of Orthopaedics, Paediatrics, Renal, and Tennant Creek Hospital, and there is an opportunity for swapping between interns following allocation

Basic Information

Alice Springs Hospital is a 189-bed teaching hospital affiliated with the Flinders University in South Australia and Charles Darwin University in Darwin. It is the only major hospital covering a catchment area of over a million square km.

There is strong focus on Indigenous and remote health as a result of such a dispersed population. Over two thirds of acute admissions are Aboriginal people both from town and remote communities, as far away as Kiwikurra in Western Australia, Mimili in the APY lands of South Australia, and Camooweal in western Queensland, and we see a wide range of infectious diseases.

Cultural, language and communication issues also impact our work. Our medicine is complex, including good old-fashioned “hands-on” care of arguably one of the sickest populations in Australia. Local services are supplemented by visiting specialists.

ALICE SPRINGS HOSPITAL

Basic Information

The hospital has an active education programme supported by award winning medical educators operating from a new, state of the art teaching and training facility on the Alice Springs Hospital campus. Alice Springs Hospital is accredited for diploma and terms in specialist training by ACEM, ACRRM, ANZCA, CICM, RACGP, RACP (adults and paediatrics), RACS, RANZCOG, RACMA and RANZCP. Many of our junior doctors stay on for postgraduate training and there are 53 resident positions available. Some are streamed places into "Acute stream" (ED/ ICU/Anaesthetics), "Medical stream" (General Medicine, Addiction Medicine, Renal Medicine, Continued Care Medicine and Emergency Medicine), "Rural Generalist/General Practice" (O&G, Anaesthetics, Paediatrics, Emergency Medicine). Many senior staff here started as students, interns, RMOs or as registrars and chose to come back as specialists.

Reasons to Apply

- Unique working, living environment with emphasis on outdoor activities and arts
- Alice Springs is surrounded by spectacular gorges and waterholes, accessible by road, walking trails and bicycle tracks
- Many galleries, alfresco cafes, restaurants and bars, sport and fitness clubs
- An active clinical training program and provides excellent clinical training opportunities and experience relevant to rural generalist practice
- Alice Springs Hospital boasts an active social life

Contact Details

Annabel Tyne
Medical Education Officer
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INTERN IN: QLD

AMA - QLD
Letter From: QLD New Grad
Overview
QLD Rural Training
QLD Hospital Service Check
Health Service Overview (by Hospital)

FROM AMA QLD

Congratulations! The future is yours

Welcome to the profession. Your studies are over – for now – and your medical career is beginning. Your university years started during the pandemic, with all the associated disruptions to studies, exams and practical placements.

So congratulations for making it through to the next phase of your lives in what I genuinely believe is the most challenging and rewarding of professions. I love being a doctor. You will love being a doctor. It is a profession of unlimited opportunity and immense satisfaction.

The effort you've already put in to get to this stage is significant and, as you continue to train on the job, there is much work awaiting you. As those years come along, I hope that you will look to AMA Queensland as your support, your advocate and your resource.

Your student years have given you skills, experiences, friends and networks that will stay with you throughout life. This is your foundation. However, you will continue learning and building newer and bigger networks. That is the nature of medicine. AMA Queensland is a crucial part of your bigger network. Being an AMA Queensland member and attending AMA Queensland events provide opportunities to expand your networks. Our Medical Careers Expo is a great place to talk to specialists about their career choice and hospitals about what they can offer you. The Junior Doctor Conference lets you reconnect with old colleagues and meet new ones. Our Women in Medicine Breakfasts can help you find a mentor, and our Member Networking Events are casual nights of great food, wine and conversation.

We run regular webinars with our corporate partners to help you plan your financial futures. We have an extensive list of member benefits to help you with cost of living pressures.

But above all, we understand the challenges ahead as you start your working life as a doctor – career progression, certainty of training, appropriate industrial arrangements, safe working conditions and government policies both state and federal that affect you – all of which affect how you balance a rewarding day's work with a satisfying home and social life.

FROM AMA QLD

To practise effectively, you will not only need to know how to diagnose and treat a patient, you will need to understand industrial relations, human resources, and the laws surrounding medical practice and ongoing education.

During your intern year, we provide you with workplace support to ease the transition, and our team will help you navigate any problems with rosters, overtime, overpayment or underpayment, bullying and harassment.
Our union partner, the Australian Salaried Medical Officers Federation Queensland (ASMOFQ), negotiates your employment agreement during your Resident Medical Officer (RMO) years and makes sure you get the terms, conditions and salary you deserve.

We work with doctors, hospitals, and the State and Federal Governments to make the system better for doctors in training.

Each year our Committee of Doctors in Training conducts the Resident Hospital Health Check, an anonymous survey that asks early career doctors in Queensland about their experiences and compares hospitals around the state. Be sure to have your say in this year's survey.

AMA Queensland is the only organisation that does all of this for you, while giving you the opportunity to have your say and make a difference to our profession and our patients' outcomes. That's why I joined the AMA 12 years ago – to give back and help make that difference.

AMA Queensland is the coordinated and public voice of all doctors in Queensland. We can only do that with members who bring fresh ideas and energy to help us work for doctors, patients and the community. I encourage you to join – and I encourage you to seriously consider general practice as your specialty. But I'm biased.

I wish you the best of luck for an exciting, enthralling and extremely satisfying career.

Best regards,

Maria Boulton

Dr Maria Boulton
AMA Queensland President

FROM QLD NEW GRAD

So... You've just finished medical school. All those late-night study sessions, Maccas runs and empty threats of giving up the whole profession to start a goth indie punk rock band have cumulated in this moment. You are walking across the stage in your ridiculous wizard robe, trying with all of your might to not trip over as you collect your hard earned degree... when a dreadful thought crosses your mind. What now?... What if these past long years were the easy part? Am I going to be scolded at every turn by the senior registrar as I am unable to recall the innervation of the stapedius muscle? The answer...? No. Internship is not like that, well at the very least not in my experience. **What have I learnt?**

- People are actually pretty nice As a general rule the hospital is one giant clump of organised chaos where everyone is trying their best. For the most part everyone wants you to succeed. If you are nice they will be nice in return this goes for nurses, consultants and even the ortho reg's.
- The hospital will continue to run without you. Not that your contributions as an intern aren't valuable and appreciated, but at the end of the day the hospital will go along running just fine without you. So make sure you make the most of your time off and don't feel sorry for doing so!
- You always have more time than you think As a general rule medicine attracts a group of people pleasers we want to provide the best health care we can as fast as we can. It can be stressful dealing with a sick patient but it is important to take a deep breath and work through things in a logical manor. Sure, you probably shouldn't start making a coffee as your MET pager is going off... but you always have more time than you think.

My big 3 tips

- YOU are MORE than just a Doctor Now I want you to read that again, I know it's crazy! you've just spent a ridiculous amount of time obtaining that elusive doctor tag but you were more than that before becoming one and you're more that that now. Medicine can be a tough road full of hard work, burn out, and self doubt but you are allowed to put yourself first and it is exactly what you should do.
- Ask for help There will be times in your internship that you will feel out of your depth and this is normal, in fact it is expected. You are an intern not a consultant and you're not expected to have all the answers. If you are uncomfortable at any stage no one will blame you for saying "I need help". This is in no way a show weakness or incompetence. In fact, it identifies an important skill of knowing your limitations.
- YOU ARE MORE THAN A DOCTOR Surprise it's number 1 again. If you've made it this far in your medical career you are under no disillusion the added stresses that face doctor's and the increased risk of suicide and mental health problems we face. Please look after yourselves, and look after each other. You are more important than the job it is not weakness and not a lack of ability so if you need a break or even need to get away from medicine altogether just do it. As you will notice none of these tips involved individual bits of knowledge or skills to cram before you start. You have graduated and you are ready!

I wish you all the best for your internship and I hope you have a great time.

Jack Bryant

Dr Jack Bryant

QLD OVERVIEW

Internship application information can be found here.

Perhaps the greatest thing about Queensland is the wide variety of opportunities available to its residents. For doctors, a relaxed lifestyle and affordable Queenslander-style home pairs well with high-quality teaching and a strong health focus in our state. The people of Queensland enjoy a blessed outdoor lifestyle with world class beaches and waterways, national parks, rainforests, tropical reefs, as well as an awesome climate with more winter sunshine and warmth than most other Australian states.

In Queensland, Queensland Health coordinates the recruitment of interns in all hospital and health services across the state, via a central online application portal. For all group A applicants (see priority listings), graduates are guaranteed an internship offer. Offers for these applicants are allocated via random ballot based on hospital preferences. Applicants from other groups are not guaranteed offers, and allocation is determined via individual merit selection processes.

Interns are required to undertake a paid orientation program 5 working days prior to the start of term.

Learn more about all the facilitaties participating in the intern campaign here.

How to Apply

Applications can only be submitted via the online application portal on the Queensland Health website (no written applications will be accepted). The form enables submission of hospital preferences (1-18) for all participating hospitals. You need to provide all supporting documentation at the point of application.

Group A applicants are further allowed to apply for special consideration, late starts, joint ticket applications, hospital transfers and hospital allocation swaps. Please see the Queensland Health website for more information. Priority groups applicants fall under one of four categories. Group A graduates are guaranteed an internship position in Queensland, whilst groups B, C, and D are not (please note that there is no sequential preference between groups B-D).

QLD OVERVIEW

Priority Listings

Group A	Medical graduates of Queensland universities who are Australia/New Zealand citizens or Australian permanent residents
Group B	Medical graduates of Australian (interstate) or New Zealand universities who are Australian/New Zealand citizens or Australian permanent residents
Group C	Medical graduates of Australian or New Zealand universities who are NOT Australian/New Zealand citizens or Australian permanent residents who need to obtain a visa to work in Australia
Group D	Medical graduates of AMC accredited universities located outside of Australia or New Zealand

Key Dates

- **QLD Rural Generalist Pathway**
  - Monday 4 March 2024 to Monday 18 March 2024 (CLOSED)
- **General Intern (All groups A-D)**
  - Open: 9AM AEST Monday 6 May 2024
  - Close: 3PM AEST Thursday 6 June 2024
- **Round 1 Offers (Group A)**
  - Queensland Rural Generalist Pathway: Monday 15 July 2024
  - General Intern: Wednesday 17 July 2024
- **Round 2 Offers (Groups B-D)**
  - Offers made between Monday 22 July and Tuesday 30 July 2024
- **Open Round (Remaining Candidates)**
  - From Friday 16 August 2024

For more information please see the official Queensland Health site (Medical Intern key dates' page) here.

QLD RURAL TRAINING

Rural Generalist Intern Positions

The Queensland Rural Generalist Pathway (QRGP) offers graduating medical students the opportunity to explore a wide variety of clinical training and develop the advanced skill set required to support the health needs of rural communities. Applications for the 2025 QRGP opened Monday 4 March 2024 and closed on Monday 18 March 2024.

During Intern and Junior House Officer (JHO) years, trainees will work in one of the dedicated training hospitals including Cairns, Townsville, Mackay, Rockhampton, Bundaberg, Hervey Bay, Ipswich, Toowoomba, Redcliffe, Caboolture, Sunshine Coast University Hospital, Redland, and Mount Isa.

Selection into the pathway includes a written application and, if shortlisted, an interview where candidates need to demonstrate they are prepared for and motivated to live and work as rural generalists in a rural community. The pathway usually takes 5-6 years to complete and offers all trainees mentoring, support and career navigation for the duration.

Eligibility criteria and other important information can be found here. For more information about the approximate numbers for Rural Generalist Intern Positions, see here.

All of the hospitals for rural generalist students offer general internship places as well, open to all medical graduates. Preference for places is given as per the Category system for all QLD internships.

2023 QLD HOSPITAL HEALTH CHECK SURVEY

In 2023, ASMOFQ (Australian Salaried Medical Officers' Federation Queensland), in collaboration with AMA Queensland and its Committee of Doctors in Training, surveyed Resident Medical Officers (RMOs) throughout Queensland, including Interns, Junior House Officers, Senior House Officers and those on Continued Residency.

The survey evaluated their experiences of employment in Queensland and subsequently compared hospitals across the state. A total of 723 junior doctors completed the survey. This was the eighth consecutive year for the survey, which was designed to be similar to previous years to allow comparison across time.

Areas analysed include:

- Access to annual leave
- Career progression and development
- Hours of work and overtime
- Wellbeing and workplace culture
- Bullying, discrimination and harassment

Hospitals were then provided with an overall grade.

For the full report, please visit this link.

BUNDABERG HOSPITAL

2025 Predicted Internship Positions: 11+5*

*5 QRGP positions; up to 16 PHS positions

Network Training Sites

Bundaberg Hospital, Mater Hospital Bundaberg, Friendly Society Private Hospital Bundaberg and two Rural General Practices

Rotations Available

Rotations offered meet AMC National Framework requirements and the ability to plan rotations over two years. You will have the opportunity to discuss preferences and career goals. There are five rotations per year.

Rotations offered are: Emergency, General Medicine, General Surgery, Orthopaedics, Paediatrics, Obstetrics and Gynaecology, Mental Health, Anaesthetics/ICU and General Practice. Annual leave is allocated in five week blocks.

Basic Information

The training sites are close to beaches and the ocean with many activities to explore, such as snorkelling, diving, surfing and fishing experiences. The weather here is ideal and the environment relaxing. Interns are allocated to accredited public and private sector terms. The Bundaberg Hospital is a 261-bed facility and serves a population of over 100,000 people.

Reasons to Apply

- Weekly intern and junior doctor education sessions (protected time)
- Monthly grand rounds
- Intern and junior doctor focused department/unit education program, team meetings, video conference teaching with tertiary facilities
- Intern SIM based skills and professional development workshops including suturing, plastering, Basic and Advanced Life Support. Also, there is the Enthusiastic Junior Medical Association Bundaberg for peer support and social activities mentoring program for Interns

BUNDABERG HOSPITAL

Reasons to Apply

- There is a UQ Rural Clinical School on-site, free car parking, free staff gym and swimming pool
- Two-year contract
- Four weeks furnished accommodation on arrival or up to $1000 rent subsidy for first four weeks
- Relocation expenses reimbursed up to $5000 with receipts

Contact Details

Leanne Tobin
Medical Education Unit
Phone: (07) 4150 2234
Email: MEOBundaberg@health.qld.gov.au

CABOOLTURE HOSPITAL

2025 Predicted Internship Positions: 16+3*

*3 QRGP positions

Network Training Sites

Caboolture Hospital

Rotations Available

Medicine (including Cardiology, Respiratory, Rheumatology, Geriatric services, Endocrinology, Palliative Care and Hospital in the Home), Surgery (including Gastroenterology), Emergency Medicine, Obstetrics and Gynaecology, Anaesthetics, Paediatrics, Mental Health

Basic Information

Caboolture Hospital is a part of Australia's largest and most diverse health service delivering the best care via the best health care professionals. The hospital is a 265-bed facility and is 45 minutes drive from Brisbane and the Sunshine Coast. It's located in an area growing both in demographics and infrastructure. Caboolture Hospital provides training opportunities for doctors pursuing generalist or specialist career pathways. Caboolture's size as an accredited training facility places it in perfect stead to build your clinical competence and assist your professional advancement through the diverse range of clinical exposure and hands on experience you will gain in our friendly and supportive environment. Caboolture Hospital is undergoing a major expansion and redevelopment, which by mid-2023 will deliver a new Clinical Services Building, including 130 additional beds, permitting the expansion of health services provided to our growing community.

Reasons to Apply

- Award conditions are 76 hours per fortnight
- Annual leave allocated in a five-week block
- Two hours per week of protected time for education
- Onsite free secure parking
- Easy access to public transport

CABOOLTURE HOSPITAL

Reasons to Apply

Education Support

- Caboolture Hospital has a very supportive and encouraging Medical Education Unit (MEU). The team are always available and willing to provide advocacy and support. The MEU actively promotes its open-door policy. We provide support specific to your needs, be it in relation to a personal or professional matter. In addition, we meet with you on a regular basis to ensure your training program is progressing satisfactorily
- Caboolture's Education and Skills Development Centre is an important training hub for our Intern teaching. The centre provides a simulation centre, linked to the Clinical Skills Development Service, offering healthcare simulation permitting interns to practice procedures, refine communication techniques, gain experience in recognising and treating medical conditions and undertake multi-disciplinary teamwork training, all in a safe and supported learning environment
- As orientation, the MEU coordinates a week's paid program, welcoming you to the team and ensuring compliance with all mandatory training requirements. One day of this week also consists of a hands- on clinical upskilling day, offering prescribing skills workshops, ALS skills stations and MET scenarios using our state-of-the-art simulation centre. You are also provided one-on-one time with the MEU staff to ensure your internship is tailored to your needs, further supported by the opportunity to shadow a previous year's Intern, allowing them to impart the knowledge they have gained during their Intern year whilst establishing your peer network
- With regards to formal education programs, the MEU provides an Intern Only Education program tailored specifically to meet your learning needs, delivered in protected time to ensure your ability to attend. To assist your continuing development, we also provide a Junior Doctor Professional Development Program (protected time) and grand rounds. In addition, you will have access to each units specific learning programs, including bedside teaching, department education, case presentations and unit specific clinical meetings. This is in addition to the learning experience you will gain from your day-to-day clinical services, such as handover and ward rounds, facilitated by the supportive nature of the supervisors at Caboolture Hospital
- MEU also runs a Research In Practice program to provide Interns with research experience and the opportunity to complete a research program, overseen by a senior practitioner, during their internship

CABOOLTURE HOSPITAL

Reasons to Apply

Education Support

- Being a smaller hospital and given the high numbers of previous years Interns continuing at Caboolture Hospital, you also have access to fantastic peer support, with all Interns allocated a mentor on commencement. In addition, the wider team at Caboolture are extremely welcoming and supportive. We all want to see you become the best doctor you can be!

Workforce Support

- The Medical Workforce Unit (MWU) is here to help you. The MWU team are easily accessible, friendly and always approachable. The MWU efficiently and effectively handles all recruitment, assignment of allocations and leave, AHPRA requirements, Department of Immigration requirements, provider and prescriber number requirements, and any other issues you may face beginning your career as a doctor
- Term allocations are assigned in order to meet your requests as best able. The team provides a high-quality recruitment service and is available to assist you with all your recruitment needs, including planning for PGY2

Contact Details

Kylene Reynolds
Medical Workforce Unit Co-Ordinator
Email: caboolturemedicalrecruitment@health.qld.gov.au

Anne Hitchen
Medical Education Officer
Email: MEU-Caboolture@health.qld.gov.au

CAIRNS HOSPITAL

2025 Predicted Internship Positions: 50+10*

*10 QRGP positions

Network Training Sites

Cairns Hospital, Atherton Hospital, Mareeba District Hospital, Royal Flying Doctor Service (RFDS), Babinda Multi- Purpose Health Service.

Rotations Available

General Medicine MAU, Emergency Medicine, Cardiology, ICU, Endocrinology, Thoracic, Renal, Mental Health, Gastroenterology, Acute Geriatrics, Rehabilitation, General Surgery, Orthopaedics, O&G, Paediatrics, Sexual Health, Babinda Multi-Purpose Health Service, Royal Flying Doctor Service, Mareeba Hospital, Atherton Hospital

Basic Information

- Cairns is the second largest city outside of the south-east corner of the state and an extremely popular international tourist destination. Cairns is often referred to as 'where the rainforest meets the reef' and is an extremely popular tourist destination. In addition to being the gateway for the world heritage listed Great Barrier Reef and Daintree Rainforest, Cairns is also only a stone's throw away from beautiful Port Douglas, Mission Beach, the Tablelands and Cape Tribulation
- The Cairns and Hinterland Hospital and Health Service strives to provide excellence in health care, wellbeing, research and education in Far North Queensland. It provides an extensive range of health services at more than 30 regional, rural and remote facilities across a geographical area of 142,900 square kilometres (roughly twice the size of Tasmania), ranging from Cairns to Tully in the south, Cow Bay in the north and Croydon in the west. To support Queensland Health's Rural Generalist Pathway the CHHHS has been selected as a Rural Generalist Training Hospital
- Hospital services at this training site includes all major health specialties. Services delivered include surgery, trauma care, paediatrics, general and specialist medicine, intensive care, cardiology, mental health, outpatient, maternity and neonatal care, aged and dementia care, emergency medicine, environmental health, and general public health

CAIRNS HOSPITAL

Basic Information

- Invariably junior doctors new to the Cairns and Hinterland Hospital Health Service (CHHHS) comment on the extensive education and training opportunities available and on the approachability and support provided by more senior doctors. The hospital is Australia's first large-scale regional Digital Hospital, leading the way in health care information and technology
- Cairns and Hinterland Hospital and Health Service is a dynamic and diverse working environment that is committed to delivering excellent service, to attracting talented specialists and to providing dedicated training and support to the Junior Medical Workforce, all in one of the most beautiful locations in Australia

Reasons to Apply

- Accommodation up to 21 nights, Flights/Driving expenses and relocation of possessions may be negotiated for interns relocating from outside of Cairns
- Great work life balance in a relatively small regional centre with an international airport
- Buddy system for ward call
- Proactive RMO Society who provide support on topics such as education events and concerns of the RMO cohort
- Formal Intern teaching - occurs on Tuesdays and Thursdays at lunch time These sessions consist of formal presentations, practical workshops, Intern presentations and case-based discussions
- A dedicated RMO teaching program is facilitated by the Prevocational Medical Education Unit. Sessions are held fortnightly
- Opportunities for research with James Cook University
- Skills Centre - The hospital's simulation centre is used for patient scenarios

Contact Details

Pennie Murphy
A/Principal Medical Education Officer Cairns and Hinterland Hospital and Health Service
Email: pennie.murphy@health.qld.gov.au or CairnsMedicalEducationUnit@health.qld.g ov.au

GOLD COAST UNIVERSITY HOSPITAL

2025 Predicted Internship Positions: 92

Network Training Sites

Gold Coast Health, Robina Hospital

Rotations Available

Medicine (incl. Cardiology, Haematology, Palliative Care, Neurology, Renal), General Surgery (including Colorectal, Hepatobiliary, upper GI and Endocrine, Orthopaedics, Neurosurgery, Vascular Surgery, Urology), Emergency, Rehabilitation, Palliative Care, External rural hospital rotations, Psychiatry, Anaesthetics, Paediatrics General (Emergency and Surgery), Obstetrics and Gynaecology

Basic Information

Gold Coast Health (GCH) provides care in hospital and community settings across the expansive Gold Coast region. Gold Coast University Hospital (GCUH) is a 860-bed hospital and is one of Queensland's largest clinical teaching and research facilities. GCH provides specialised health services that meet the needs of patients as well as the learning requirements of our future clinicians.

Robina Hospital is a 443-bed hospital and part of a large health hub including the Robina Health Precinct, Varsity Lakes Day Hospital is a 6 theatre, 24 bed Day Hospital providing a range of surgical and support services; and Tugun Satellite Hospital is a Minor Injury and Illness Clinic supporting the Emergency Departments of both GCUH and Robina Hospital.

The Gold Coast University Hospital and Robina Hospital are teaching facilities for doctors. Gold Coast Health is now training more medical students than any other hospital in Australia and more than 90 interns commence their professional career with us each year.

We continue to work with education providers such as Griffith University and Bond University on the Gold Coast, and University of Queensland in Brisbane to train our future health workforce. Regular education and SIM sessions are conducted in the clinical areas, large group and small group settings in which all junior doctors are encouraged to attend.

GOLD COAST UNIVERSITY HOSPITAL

Basic Information

You will be supported with your learning needs and provided with regular assessment and feedback to assist you achieve your professional goals. Junior doctors will be encouraged and supported to become involved in research and teaching, as research and education are priorities in GCH.

Reasons to Apply

- The Gold Coast offers the opportunity to combine professional advancement, job satisfaction and relaxation into one fulfilling lifestyle
- Ideal year-round climate, endless golden surfing beaches and hectares of relaxing rainforest hinterland
- With first rate facilities, world class staff and the perfect mix of encouragement, support and workload, Gold Coast Health offers the ideal place for a first year doctor to learn, grow and progress

Contact Details

Maggie Armitage
Medical Services Unit
Phone: (07) 5687 3883
Email: Maggie.Armitage@health.qld.gov.au

HERVEY BAY HOSPITAL

2025 Predicted Internship Positions: 14+2*

*2 QRGP positions

Network Training Sites

Hervey Bay Hospital (which includes Maryborough Hospital for Emergency and Medicine rotations)

Rotations Available

General Medicine, General Surgery, Orthopaedics, Emergency Medicine, Obstetrics and Gynaecology, Paediatrics, Mental Health, Anaesthetics

Rotations are offered on a line system. Lines have either 3x 10 week rotations, a 15 week rotation and 5 week leave block; or 4x10 week rotations, a 5 week rotation and 5 week leave block. Interns are generally allocated their first or second line preference, and we can be flexible with leave to meet specific needs, e.g. weddings.

Basic Information

Hervey Bay Hospital is a 210 bed facility providing medical staff with broad clinical exposure, hands-on experience and great access to procedural skills. Interns have direct contact with senior clinicians and active involvement in patient care. A new state of the art Mental Health Inpatient Unit with 22 beds has just opened in Hervey Bay. The old Mental Health Inpatient Unit in Maryborough is being repurposed to an Older Persons Mental Health Inpatient Unit.

Maryborough Hospital is a 121 bed facility and is the subacute facility for the Fraser Coast. Medical staff work across both hospitals as they function as the one Health Service for the Fraser Coast. Interns will undertake shifts in Maryborough Hospital as part of the ED and Medicine rotations.

The Fraser Coast is an easy place to live due to its mild climate and easy drive to Brisbane. There are no traffic woes which means an easy 10 minute drive to work with plenty of free parking in the hospital grounds.

HERVEY BAY HOSPITAL

Reasons to Apply

- Weekly Junior Doctor Education Program
- Fortnightly SIM-based Skills Program (state-of-the-art facilities)
- Monthly Grand Rounds
- Procedural Workshops
- Caring and experienced MEU team
- Mentor Program
- On arrival either 4 weeks furnished accommodation or rental assistance (up to $1000)
- Relocation and travel expenses reimbursed up to $5000 (receipts required)
- 2 year contract with rotations planned over the two years to meet career goals

Contact Details

Bob Clarke and Rhianna Hardie
Medical Education Officer Hervey Bay Hospital
Phone: (07) 4325 6175
Email: MEOHerveyBay@health.qld.gov.au

Medical Administration
Phone: (07) 4325 6208
Email: WBHHS-JuniorMedicalRecruitment@health.qld.gov.au

IPSWICH HOSPITAL

2025 Predicted Internship Positions: 34+6*

*6 QRGP positions

Network Training Sites

Ipswich Hospital

Rotations Available

The Internship year consists of five terms of 10–12 weeks. Rotations available are: General Medicine, Geriatrics, General Surgery, Orthopaedics, Emergency, Mental Health, Palliative Care, Cardiology, ENT, Rehabilitation, Urology, Paediatrics (Rural Generalist), Obstetrics and Gynaecology (Rural Generalist)

Basic Information

West Moreton Hospital and Health Service (West Moreton Health) provides health and wellbeing services to almost 290,000 people across the Somerset, Scenic Rim, Lockyer Valley and Ipswich communities, from Esk in the north, Gatton to the west, Springfield and Ipswich in the east, and Boonah to the south. It has the fastest growing population in Queensland in relative terms, which is expected to double to 587,000 by 2036. There is a 15 year master plan in place to increase the complexity of services provided throughout the health service which will benefit all hospitals within the district.

Ipswich Hospital is a 360-bed facility servicing the Ipswich community and surrounding towns in the West Moreton region. Ipswich Hospital offers quality and timely health services to the region, provides a strong training platform for doctors pursuing either a generalist or specialist career pathway. Clinical competence and professional advancement are promoted through the diverse range of clinical exposure and hands-on experience in a friendly and supportive environment.

Ipswich Hospital is an advanced ieMR site. The implementation of a digital, integrated electronic medical record has transformed the way healthcare is delivered at Ipswich Hospital and improves the safety, efficiency and quality of care provided to our community.

IPSWICH HOSPITAL

Reasons to Apply

Transport

- Ipswich has direct rail links to Brisbane, and domestic and international airports. An extensive road transport network makes commuting between Ipswich and Brisbane a realistic option for those who chose to live in Brisbane and work in Ipswich, those living in Ipswich and want easy access to the cosmopolitan attractions of the state capital, or those seeking the rural life in the nearby Brisbane Valley.

Medical Education

An extensive post-graduate education program is offered:

- Twice weekly Junior Doctor Education sessions
- Intern and Junior Doctor focused department / unit education programs
- ECG workshops, Advanced Life Support, Plastering demonstrations.

The Medical Education Unit has an open-door policy and is available to provide support and assistance with professional and personal matters.

Professional Opportunities

Ipswich Hospital offers a wide range of professional opportunities including:

- Broad clinical exposure and hands-on experience
- Rural Generalist Pathway endorsed hospital
- Recognised training facility for multiple specialties
- Streamed SHO positions in orthopaedics, general surgery, critical care, emergency, paediatrics and Obstetrics and Gynaecology.

Contact Details

Dr Nilesh Parmar
Phone: (07) 3810 1111
Email: wmjuniormedical@health.qld.gov.au

LOGAN HOSPITAL

2025 Predicted Internship Positions: 42

Network Training Sites

Logan Hospital

Rotations Available

Emergency, General Medicine, Medicine (incl. Cardiology, Palliative Care, Respiratory), Surgery (General and ENT), Orthopaedics, Anaesthetics, Radiology, Mental Health (Adult and Adolescent), Obstetrics and Gynaecology, Paediatrics

Basic Information

Logan Hospital is the major health centre for one of the fastest growing regions in the state and provides a range of specialty services for children and adults. We have grown from a 48-bed community hospital in 1990 to a 436-bed hospital today, mirroring the rapid growth in population in the Logan region. We provide medical, surgical, rehabilitation, maternity, cardiology, orthopaedics, renal and other specialty services for children and adults. Our emergency department is one of the busiest in the state, seeing more than 100,000 presentations each year.

A major expansion of Logan Hospital is underway to provide new beds and treatment spaces to meet the demand for clinical services into the future. The work includes construction of new floors for clinical services, a major refurbishment of the hospital's maternity and neonatal services, and a multi-storey car park for staff, patients and visitors. Logan Hospital is a 'digital hospital' with a fully integrated electronic medical record, supporting improvements to the quality and efficiency of healthcare services for patients and the community.

For more information, see here.

LOGAN HOSPITAL

Reasons to Apply

- A modern and complex, clinical environment with most specialist training
- Multidisciplinary simulation centre, comprehensive junior doctor education program and clinical skills workshops
- Attractive remuneration packages. Up to 12.75% contribution to superannuation
- Salary packaging on items such as rent or mortgage repayments, insurances, motor vehicle operating expenses, utilities, onsite car parking, superannuation
- 17.5% annual leave loading
- Located 30 minutes from Brisbane city and 40 minutes from the Gold Coast

Contact Details

Logan Hospital Medical Education Unit
Phone: (07) 3299 8930
Email: logan_medical_education_unit@health.qld.gov.au

MACKAY BASE HOSPITAL

2025 Predicted Internship Positions: 34+8*

*8 QRGP positions

Network Training Sites

Mackay Base Hospital, Mater Private Hospital Mackay, Proserpine Hospital, Bowen Hospital, General Practice

Rotations Available

Emergency, General Medicine, Cardiology, General Surgery, Orthopaedics, Anaesthetics, Child and Adolescent Health, Intensive Care Medicine, Mental Health (Acute Care), Obstetrics and Gynaecology, Radiology, Rural General Practice, Rural Hospital

Basic Information

Interns with Mackay Hospital and Health Service undertake 5 terms a year with three core terms (Emergency Medicine, General Medicine and General Surgery) and 2 elective terms. Remuneration is in line with Queensland Health rates and access to salary packaging is available due to Mackay Hospital and Health Service being a Public Benevolent Institution. Relocation expenses and provision of accommodation or a reimbursement for rental is available for four (4) weeks. Mackay Hospital and Health Service provides services to eight (8) hospitals and Four (4) community health facilities.

For more information, see here.

MACKAY BASE HOSPITAL

Reasons to Apply

- Big enough to challenge you. Small enough for you to matter.
- We nurture innovative thought, and encourage our people to think outside the box to develop ideas that foster our patient centred culture.
- We offer a fulfilling career while maintaining a relaxed lifestyle.
- We offer you a diverse and interesting mix of clinical cases.

Mackay Hospital and Health Service has weekly training sessions for Interns with secluded time away from their units. The opportunity to expand training to incorporate rural facilities and general practice is a huge benefit for those considering those training pathways.

- Welcome to our World - Mackay HHS medical team

Contact Details

Cathy Roberts
Manager Medical Workforce
Ph: (07) 4885 7517
mackaymedicalworkforce@health.qld.gov.au

MATER HOSPITAL

2025 Predicted Internship Positions: 16

Network Training Sites

Mater Public Hospital, South Brisbane & Queensland Children's Hospital

Rotations Available

Emergency, General Medicine, Respiratory Medicine, Oncology & Palliative Care, Colorectal Surgery, Breast & Endocrine Surgery, Orthopaedic Surgery, Intensive Care, Obstetrics & Gynaecology, Neonatology, Paediatrics at QCH

Basic Information

Located on the edge of the south of the Brisbane CBD, Mater enjoys a unique position in the QLD health care system. Mater is a healthcare leader committed to the integration of health, education and research, providing exceptional healthcare to more than 500,000 patients in the South East Queensland area annually. As a private, benevolent not-for-profit organisation, what gains we make go back into our business. This is why we offer state of the art facilities, resources and training to advance your career and provide exceptional care to our patients.

For more information, see here.

MATER HOSPITAL

Reasons to Apply

- You'll be part of a supportive and tight knit medical community where you'll be known by name
- Fair allocations process for terms and leave taking into consideration individual intern preferences
- Three (3) hours of protected teaching time each week, including 1 hour of dedicated intern teaching, world class simulation training to enhance and develop clinical skills, bedside teaching and mentoring from senior medical staff
- Free Interview and application workshop to help prepare for PGY2 application process
- Generous Salary Packaging up to $15,990 to increase take home pay
- Dedicated medical study space and education facilities
- 6-Day Intern Orientation including 1.5 days of intern on-ward shadowing
- Active Junior Doctor Society
- On-site swimming pool, undercover car parking (available at a special staff rate), childcare centre, bike facilities
- Walking distance to great cafes, restaurants, pubs, South Bank Parklands, transport (Mater Hill Bus Station and Southbank Train Station) and the city via Goodwill Bridge

Contact Details

Medical Education Unit
Phone: 07 3163 8272
Email: mededu@mater.org.au

MOUNT ISA HOSPITAL

2025 Predicted Internship Positions: 5*

*5 QRGP positions

Network Training Sites

Mount Isa Hospital

Rotations Available

Emergency Medicine, General Medicine (Interns may attend Outreach Clinic at Mornington Island, Normanton or Doomadgee with Clinical Director), General Surgery, Obstetrics and Gynaecology, Paediatrics

Basic Information

Mount Isa is a Clinical Services Capability Framework Level 4 Specialist Service Base Hospital with a total of 80 beds. It is the referral hospital for the North West region, with remote country/community hospitals at Doomadgee, Normanton, Mornington Island, Cloncurry, Julia Creek and health centres at Dajarra, Camooweal, Karumba and Burketown. Mount Isa also has a Royal Flying Doctor Service base providing rural retrievals, transfers and numerous primary health care activities including clinics at the health centres mentioned above. Mount Isa Hospital has undergone recent redevelopment which includes a new Emergency Department, new Outpatients Department, Mental Health (outpatient) Unit, a Cancer Care Centre and a Paediatrics Unit.

For more information, see here.

MOUNT ISA HOSPITAL

Reasons to Apply

- An established link to James Cook University – Mount Isa Centre Rural & Remote Health Regular in-services Simulation training in the ED Pocket Centre or at Mount Isa Centre for Rural & Remote Health
- Grand rounds sessions conducted by visiting and local staff specialists weekly
- Telehealth – voice and video conference facilities
- Bi-weekly education sessions Inaccessibility Allowance - $34,500 per annum
- 50% paid after six months completion period, 25% paid in three monthly instalments thereafter
- Free furnished accommodation is provided for the full contract period! Relocation for QH/Interstate Employees
- Free on-site parking

Contact Details

Sarah Hetherton
RMO Coordinator
Phone: (07) 4764 1243
Email: NWHHSMedicalWorkforceUnit@health.qld.gov.au

PRINCESS ALEXANDRA HOSPITAL

2025 Predicted Internship Positions: 89

Network Training Sites

Princess Alexandra Hospital (PAH), Queen Elizabeth II Jubilee Hospital (QEII), Redland Hospital (RLH), Queensland Children's Hospital (QCH)

Rotations Available

Anaesthetics, Acute Surgical Unit, Brain Injury Unit, Cardiology, Cardiothoracic Surgery, Clinical Pharmacology, Dermatology, Emergency Medicine (PA, QEII or RLH), Endocrinology, Gastroenterology, General Medicine (PA, RLH), General Surgery PAH (Breast/Endocrine, Colorectal, Upper GI, Hepatobiliary), General Surgery RLH, Geriatrics, Infectious Diseases, Medical Assessment Planning Unit (MAPU), Mental Health, Neurosurgery, Obstetrics and Gynaecology (RLH), Ophthalmology, Orthopaedics, Paediatrics QCH (Emergency Medicine, ENT, Surgery, Urology, Burns), Palliative Care, Plastic Surgery, Radiology, Renal Medicine, Respiratory Medicine, Spinal Injury Unit, Stroke, Transplant Surgery, Urology, Vascular Surgery

Basic Information

The Princess Alexandra Hospital (PA) is a teaching hospital, providing comprehensive services to metropolitan Brisbane and southwestern Queensland. The PA is a 1000-bed hospital located 4km from the CBD in Woolloongabba. It provides the full range of adult specialty services (excluding O&G) and serves a culturally and linguistically diverse patient population. Innovation is part of our DNA and in November 2015, the PA became Australia's first large-scale digital hospital. As a major trauma centre, we have a retrieval service with a helipad located on the hospital roof, which incorporates a high-speed lift that travels directly into a resuscitation room. We are the major centre in Queensland for liver and kidney transplantation, spinal injuries rehabilitation and home to the Queensland Tissue Bank and DonateLife. The PA is nationally recognised for its expertise in digital health and telehealth. The Princess Alexandra Hospital is a major medical research precinct, hosting, Australia's most advanced medical research facility, the Translational Research Institute (TRI). The PA is a popular choice and is usually oversubscribed in the Queensland intern and RMO recruitment campaigns.

PRINCESS ALEXANDRA HOSPITAL

Reasons to Apply

- The PA is a busy hospital that attracts those who are keen to learn and keen for a challenge. We provide excellent supervision and teaching across a broad range of disciplines and training for the digital hospital system.
- In 2023, the residents rated supervision by registrars at 4.5/5 and supervision by consultants at 4.2/5. While there are plenty of research opportunities available, in your first year working as a doctor, we encourage all our interns to focus on getting the medicine right first.
- PA is a digital hospital utilising an integrated electronic medical record (ieMR). This means safer, more efficient care and less paperwork for our clinical staff.
- There are off-site rotations to the QEII, Redland and Queensland Children's hospitals which provide a diverse experience for our residents.
- We provide twice weekly lunchtime resident training sessions with topics based on interns' educational needs, as well as a weekly medical grand round program and weekly surgical grand round program.
- Wellbeing is very important to the success of our junior doctors. The Medical Education Unit (MEU) have an open-door policy to support our residents in their training and wellbeing. MEU can assist our residents with both professional and personal matters.
- PA is in an urbanised area with a large shopping complex across the road, three car parks, two train stations, a busway and a bikeway. The Woolloongabba region is undergoing major redevelopment with the Cross River Rail, Brisbane Metro, and urban renewal projects, improving public transport, facilities and housing.
- Hospital facilities include a doctors' common room, doctors' locker room, library, gym, shower facilities, secure bicycle parking, childcare centre, prayer room, canteen, cafes and news agency. Great coffee options are available within the hospital as well as a short stroll away at the TRI building.
- The Junior Doctors' Society arranges regular social events and development activities.

Contact Details

JMO Coordinator (Interns and House Officers – PGY2 & PGY3)
Phone: (07) 3176 2116
Email: PAH.jmocampaign@health.qld.gov.au

QUEEN ELIZABETH II JUBILEE HOSPITAL

2025 Predicted Prevocational Training Positions: 18

Network Training Sites

Queen Elizabeth II Jubilee Hospital (QEII)

Rotations Available

Emergency Medicine, General Medicine, General Surgery, Urology, Orthopaedics, Gynaecology

Basic Information

QEII is a medium-sized hospital with 205 beds with an additional 44 beds offsite and more than 1700 staff. QEII provides a range of inpatient and outpatient services and has a state-of-the-art Emergency Department that attends to just under 60,000 patients per annum. Currently QEII is undergoing an expansion project to add another 112-bed specialised surgical facility by 2027 to assist with future growth and become the premier surgical hospital for Metro South Health.

QEII is in Coopers Plains which is a family friendly suburb only 13 km from Brisbane's central business district. With excellent retail and shopping facilities and with numerous public transport options many employees of QEII choose to live in the area.

Explore Coopers Plains and its surrounds through the local park and bikeways. The 260-hectare Toohey Forest Park on the grounds of Griffith University offers active sightseers an opportunity to explore the native flora and fauna on many bushwalking tracks suiting varying levels of fitness. The park is perfect for picnics, bird watching and includes lookouts with stunning views of the city and its surrounds.

QUEEN ELIZABETH II JUBILEE HOSPITAL

Reasons to Apply

QEII is known as a friendly and supportive place to work. The facility is committed to providing a high-quality mixed model of supervised practice and integrated training for all Interns. With a high senior doctor to intern ratio, you will be well supported and benefit from direct consultant experience and education. Our culture is one of community and patient-centred care. The internship will include:

- Supervision by highly qualified and experienced Specialists.
- Regular assessment and feedback.
- Access to career counselling.
- Intern representation in governance of the Intern Training Programme (ITP).
- A diverse education and training programme including:
  - Weekly catered resident education programme (protected teaching for interns);
  - Grand Rounds;
  - Bedside training;
  - Clinical simulation;
  - Journal club;
  - Skills workshops; and Unit specific training sessions on a weekly basis.
- Comprehensive facility orientation and unit orientations for each rotation.
- Resident orientation manuals for all departments within the QEII facility.
- Opportunities for interns to evaluate each rotation.

Contact Details

Medical Workforce Officer
Phone: (07) 3182 6824
Email: qeii_medicalrecruitment@health.qld.gov.au

REDCLIFFE HOSPITAL

2025 Predicted Internship Positions: 28+2*

*2 QRGP positions

Network Training Sites

Redcliffe Hospital

Rotations Available

Each medical year is divided into 5 terms of 10 weeks and one term of 12 weeks. Interns rotate through 3 core terms and 1 elective term.
Core: Emergency Medicine, General Medicine, Surgery (General Surgery, Orthopaedic Surgery)
Elective: Acute Aged Care, Intensive Care, Medical Imaging, Obstetrics and Gynaecology, Oncology, Rehabilitation, Mental Health

Basic Information

Redcliffe Hospital is a 250-bed hospital located in South East Queensland, 35km from Brisbane. The hospital is affiliated with the UQ and Queensland University of Technology in training medical, nursing and allied health students. The hospital is also equipped with a library, with a reference collection of textbooks provided by UQ for student access. By interning here, you can enjoy close proximity to Brisbane and a beautiful local area with easy access to the ocean and activities of sailing or the sea breeze.

For more information, see here.

REDCLIFEE HOSPITAL

Reasons to Apply

- Access to postgraduate teaching programs at tertiary hospital campuses
- Vigorous postgraduate education program (tutorials/teaching sessions available in most units and general education sessions with guest lecturers on a weekly basis)
- Regular meetings with Medical Education Officers and Director Clinical Training
- Accredited training programs with open door policy access to Medical Workforce
- Weekly medical education programs for interns, junior doctors, registrars and consultants linked to your continued professional development
- Weekly intern only education including practical skills sessions (protected time for interns) with Peri-operative Introductory Program provided to all interns during surgical rotations
- Weekly Junior Doctor Professional Development Program (protected time for interns)
- Weekly grand rounds (accredited with RACGP and ACEM for CPD points).

Contact Details

Kirsten Mitchell
Medical Workforce Coordinator
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Email: kirsten.mitchell@health.qld.gov.au or
redcliffemedicalrecruitment@health.qld.gov.au

REDLAND HOSPITAL

2025 Predicted Internship Positions: 8+5*

*5 QRGP positions

Network Training Sites

Redland Hospital

Rotations Available

General Medicine, Surgery, Paediatrics, Anaesthesia, Mental Health, Cardiology, Emergency Medicine, Obstetrics and Gynaecology, Orthopaedics, Palliative Care

Basic Information

Redland Hospital is a 194-bed acute secondary teaching hospital, and is the major health centre for Redland City and Brisbane's southern bayside suburbs. Redland Hospital located just thirty minutes' drive from Brisbane, and 5 minutes to the beautiful Moreton Bay islands' ferry services. Redland Hospital is affiliated with the University of Queensland Medical School and is accredited for the main specialist vocational training programs. It is also a simulation pocket of the Clinical Skills Development Service, RBWH. For more information, see here.

Reasons to Apply

- Redland Hospital offers a friendly, cohesive and supportive environment in a fully integrated digital hospital
- We are committed to delivering high quality, patient-centred care through excellence in medical education, with active Departmental and Facility education programs
- A good work life balance; no rostered overtime and easy access to bay islands and Brisbane

Contact Details

Thomas Williams
Medical Workforce Coordinator
Phone: (07) 3488 3505
Email: Thomas.Williams@health.qld.gov.au

ROCKHAMPTON HOSPITAL

2025 Predicted Internship Positions: 32+5*

*5 QRGP positions

Network Training Sites

Rockhampton, Gladstone and Yeppoon hospitals, Theodore and Emerald GP practices

Rotations Available

General Medicine, Cardiology, Rehabilitation, Palliative Care, Renal Medicine, Cancer Care, General Surgery, Orthopaedics, Emergency Medicine, Paediatrics, Obstetrics and Gynaecology, Mental Health, Rural General Practice (Theodore and Emerald GP practices), Community Health (Capricorn Coast Hospital), Rural Generalism (Emerald Hospital)

Basic Information

The hospital and surrounding sites provide career development and high support for pastoral care and advocacy. There is an MEU open door policy, formal junior doctor education in each specialty, formal intern teaching each week with curriculum mapped to ACFJD and intern outcome statements, governance structures enable an active role for junior doctors in their education and training programs. There is a face-to-face careers expo held annually in May. Also, there is an active RMO society for collegial support and to build friendships and a Near to Peer mentoring program.

Why choose Central QLD?

We have one of the best tropical climates in the country, summer averages between 22 to 34°C and winter average is about 20°C. We are centrally located for trains and air networks, it's only a one hour flight to Brisbane for weekend city trips. We have numerous dive sites and stunning Australian scenery. Dive reefs from Gladstone or Yeppoon, see the whales migrate or hike the mountain range or Central Queensland bush.

ROCKHAMPTON HOSPITAL

Reasons to Apply

- Our personalised medical teams provide interns with hands on experience for clinical procedures.
- Week long orientation to the service and protected teaching sessions each week.
- Career guidance, professional development coaching, pastoral care and advocacy from the Director of Clinical Training and Medical Education Officers.
- Research opportunities through the Research Ready Grant, a collaboration between UQ, CQU and CQHHS, including workshop training on research skills.
- Access to courses: Advance Life Support for interns (ALSi), Recognition & Management of the Deteriorating Patient (RMDP), Communication & Patient Safety (CAPS), Acute Care skills workshop, Ultrasound guided cannulation.
- Domestic relocation flights are reimbursed.
- Assistance towards travel and relocation costs.
- Four weeks shared accommodation provided on arrival.

Contact Details

Junior Medical Recruitment
Email: CQHHS_JMORecruit@health.qld.gov.au
Medical Education Unit
Email: MEU_Rockhampton@health.qld.gov.au

ROYAL BRISBANE & WOMEN'S HOSPITAL

2025 Predicted Internship Positions: 94

Network Training Sites

Royal Brisbane and Women's Hospital (RBWH), Surgical Treatment and Rehabilitation Service (STARS)

Rotations Available

Emergency Medicine, Internal Medicine (including Cardiology, Thoracic Medicine, Gastroenterology, Renal Medicine, Infectious Diseases), General Surgery (Breast/Endocrine, Colorectal, Hepatobiliary, Upper GI, Acute), Urology, Orthopaedics, Obstetrics and Gynaecology, Neonatology, Geriatric Medicine, Palliative Care, Neurosurgery, Medical Imaging, Paediatrics (Queensland Children's Hospital), Mental Health, Anaesthetics, Oral and Maxillofacial

Basic Information

The Royal Brisbane and Women's Hospital (RBWH) is a quaternary and tertiary referral teaching hospital located at the Metro North Hospital and Health Service (MNHHS) Herston site, close to the Brisbane CBD. RBWH is Queensland's largest hospital with almost 1,000 beds and provides highly specialised care to more than half a million patients every year.

RBWH's extensive services are delivered by a team of 6,000 doctors, nurses, allied health, operational and administration staff. The hospital participates in world- leading research and education in pursuit of excellence in specialised care to deliver the best possible patient outcomes. Also located at the Herston site is The University ofQueensland, Queensland Institute of Medical Research and the Herston Imaging Research Facility.

STARS

The Surgical Treatment and Rehabilitation Service (STARS) is a 182-bed specialist public health facility for Metro North Hospital and Health Service (MNHHS). STARS is also Queensland's first purpose-built facility to open as a digital hospital It is a specialist rehabilitation and surgical service which focuses on providing individualised care and exceptional health outcomes now and into the future.

ROYAL BRISBANE & WOMEN'S HOSPITAL

Basic Information

STARS received its first patients on 16th November 2020 and officially opened in February 2021. STARS provides a range of new and expanded healthcare services to meet demand and increase access to specialist rehabilitation and geriatric services, surgical and endoscopic procedural services and outpatient services.

Reasons to Apply

- One week informative and practical intern orientation
- Transfer and relocation reimbursement
- Active RMO society responsible for organising social and educational events.
- Peer mentoring program
- Accessible and supportive Centre for Medical Officer Recruitment and Education
- Protected teaching time and mandatory training through flexible online modules
- Clinical research opportunities via UQ and Queensland Institute of Medical Research
- Easy access to transport with the RBWH bus station, Bowen Hills train station and the RBWH cycle centre. Facilities include an education centre, common room, library, multiple food and retail outlets as well as childcare

Contact Details

Medical Recruitment
Phone: (07) 3646 3521
Email: rbwh-rmo-recruitment@health.qld. gov.au

SUNSHINE COAST UNIVERSITY HOSPITAL

2025 Predicted Internship Positions: 78+6*

*6 QRGP positions

Network Training Sites

Sunshine Coast University Hospital, Nambour General Hospital, Maleny Hospital, Gympie Hospital

Rotations Available

Emergency Medicine (SCUH and Nambour; Gympie for Rural Generalist training), General Medicine, Cardiology, Dermatology, Gastroenterology, Geriatrics (Orthopaedic and Acute), Neurology, Oncology, Renal, Respiratory, Stroke, General Surgery, ENT, Orthopaedics, Urology, Vascular Surgery
Rural Generalist Pathway: Anaesthetics, Gympie Emergency Medicine, Maleny Rural Medicine

Basic Information

Sunshine Coast Hospital and Health Service (SCHHS) provides care in hospital and community settings across the expansive Sunshine Coast region:

- Sunshine Coast University Hospital (SCUH) is a modern 745-bed tertiary level teaching hospital and is co-located with Sunshine Coast Health Institute (SCHI) a purpose-built education and research facility
- Nambour General Hospital (NGH) is a 195-bed teaching hospital and is undergoing redevelopment to better service the growing health needs of the local community.
- Gympie Hospital provides a range of acute, ambulatory, community and mental health services at this 83-bed facility including emergency, surgical and medical services, palliative care and rehabilitation, maternity services and renal dialysis.
- Maleny Soldiers Memorial Hospital is a 25-bed rural facility providing services to the Maleny region.
- Caloundra Hospital is a 35-bed hub for palliative care and ophthalmology as well as other community-based services.

SUNSHINE COAST UNIVERSITY HOSPITAL

Basic Information

Interns rotate through SCUH and NGH. Many specialty and subspecialty terms available in Medicine, Surgery, Emergency Medicine, Paediatrics, Obstetrics and Gynaecology, and Mental Health. Those on the Rural Generalist pathway will have allocations in Gympie Hospital, Maleny Hospital and Anaesthetics.
Clinical competence and professional advancement are promoted through the diverse range of clinical exposure and hands-on experience in a friendly and supportive environment. Career guidance and mentoring for near to peer programs, as well as from the Directors of Clinical Training and other senior clinicians.

The Medical Education Unit provides support and professional development for interns and junior medical officers. Sunshine Coast Hospital and Health Service offers a relaxed and social atmosphere encouraging the development of good personal and professional relationships between junior and senior staff. There is a very active and social Junior Doctor Society who are also a great support network. Comprehensive 7-day intern orientation program, including 2 days of clinical shadowing before commencing work. Protected education each week including content expert talks, high fidelity simulations, procedural and clinical skills and small group teaching sessions. 24-hour medical library access.

Reasons to Apply

- Intensive 7 Day Orientation program on commencement, with a sponsored Intern welcome mixer.
- Weekly Intern Education Program (based on the Australian Curriculum Framework for Junior Doctors).
- Bi-annual face to face regular meetings with MEOs and/ or Director of Clinical Training (DCT).
- Careers Expo in April for PGY1, PGY2, PGY3 Doctors.
- On-going personal and professional support for all junior medical officers from MEOs, Medical Education Registrar and DCTs.
- Each Intern rotation has a designated Medical Education Officer (MEO) to provide support during that rotation.
- Formal and informal support from registrars and consultants committed to providing education and quality supervision.

SUNSHINE COAST UNIVERSITY HOSPITAL

Reasons to Apply

- Mentoring program.
- Intern well-being sessions.
- Opportunities to be an Intern or Junior doctor representative on the Pre-vocational Medical Education Training Committee (PMETC) and JMO forum.
- Opportunities to be involved to Near to Peer Teaching (NTP) program.
- Encouragement and support for Junior Doctors to be involved with Research.
- Close connection and regular meetings with the active Sunshine Coast Junior Doctor Society.
- Recognition and rewards with the Annual Junior Doctor Awards event

Contact Details

Medical Workforce Unit
Email: sc-intern-recruitment@health.qld.gov.au

THE PRINCE CHARLES HOSPITAL

2025 Predicted Internship Positions: 43

Network Training Sites

The Prince Charles Hospital

Rotations Available

Emergency Medicine, Cardiology, General Medicine, Geriatric Medicine, Rehabilitation, Acute Stroke Unit, Hip Fracture (NOF), Respiratory Medicine, Palliative Care, Psychiatry, Orthopaedics, General Surgery, Cardiac Surgery

Basic Information

TPCH is a 663-bed major tertiary referral hospital located within the Metro North Health Service, approximately 10km north of Brisbane CBD. The hospital offers the premier cardiac and thoracic services in Queensland and significant secondary services in Medicine and Geriatrics. TPCH is home to the second largest Emergency Department in QLD and the largest non-tertiary Paediatric Emergency Department in Australia, a large 60-bed mental health facility and a 16-bed paediatric ward.

For more information, see here.

THE PRINCE CHARLES HOSPITAL

Reasons to Apply

- Access to all the major specialties particularly ideal for those interested Basic Physician Training, Critical Care, Surgery including General, Orthopaedic and Cardiothoracic Surgery
- Many research opportunities are provided for the novice researcher. The Intern Education Program is run once per week in protected time and includes practical skills workshops.
- General education programs are also available including Advanced Life Support (Australian Resuscitation Council certified), weekly grand rounds
- There is a wide range of unit specific training sessions on a weekly basis. There will be a full week intern orientation prior to commencement
- It is a large hospital with a friendly culture and smaller numbers of juniors compared with senior medical officers providing a great learning experience; Monthly Resident Medical Officer (RMO) skills workshops, Resident Medical Officer Society and social events

Contact Details

Medical Workforce Unit
Phone: (07) 3139 3220
Email: TPCH-Medical-Recruitment@health.qld.gov.au

Medical Education
Phone: (07) 3139 4221
Email: tpch-medical-education@health.qld.gov.au

TOOWOOMBA HOSPITAL

2025 Predicted Internship Positions: 50+10*

*10 QRGP positions

Network Training Sites

Toowoomba Hospital, Stanthorpe Hospital, Warwick Hospital, Goondiwindi Medical Centre, Clifton Medical Practice, Ochre Medical Centre Wyalla, Ochre Medical Centre Oakey

Rotations Available

Emergency Medicine, MAPU, General Medicine, Cardiology, Acute Stroke Service, Medical Oncology, General Surgery, Urology, Obstetrics and Gynaecology, Paediatrics, Psychiatry, ENT Surgery, Anaesthetics, ICU, Rural Hospital term (Stanthorpe, Warwick & Dalby Hospitals), Rural GP terms (Goondiwindi, Ochre Medical Centre Wyalla, Ochre Medical Centre Oakey)

Basic Information

Toowoomba Hospital, part of the Darling Downs Hospital and Health Service, is a 320-bed hospital providing surgical, orthopaedic, ENT surgery, ophthalmology, urology, obstetric, paediatric and neonatal care in Special Care Nursery, anaesthesia, intensive care and high dependency care, medicine including geriatrics, oncology, endocrinology, gastroenterology, respiratory and renal, and emergency medicine. The Hospital has a large 59 bed Acute Mental Health Unit.

Last year the Emergency Department saw 63,285 presentations of which 44% were admitted. There were 2,097 babies born. A total of 10,889 operations were performed. The Hospital serves a large catchment area throughout southern inland Queensland including to the South Burnett and South West of the State. About 59% of all patients admitted come from outside Toowoomba city.

The University of Queensland's Rural Clinical School is also based at the Hospital, with 36 third year students and 36 fourth year students on campus for their current academic year. For more information, see here.

TOOWOOMBA HOSPITAL

Reasons to Apply

- Toowoomba Hospital offers most major specialties, except neurosurgery and cardiothoracic surgery, with a wide range of postgraduate educational activities. The staff ratio of medical education for junior doctors is twice the state average
- Toowoomba hospital places a large emphasis on supporting their junior doctors which is reflected in the retention rate
- Toowoomba is known as the “Garden City” with beautiful parklands and reserves, and a pleasant, mild climate. It is also gaining a reputation for its arty laneways, superb coffee and vibrant cultural scene
- The Flood Club is the Resident Medical Officers’ Society and has been running for over 100 years. The Club’s main function is as a social outlet for members and their families, but it also plays an advocacy role in negotiating with medical administration at times.

Contact Details

Caitlyn Todd
Medical Allocations & Intern Coordinator
Phone: (07) 4616 6350
Email: DDHHS-Medical-Rosters@health.qld.gov.au

TOWNSVILLE UNIVERSITY HOSPITAL

2025 Predicted Internship Positions: 74+7*

*7 QRGP positions

Network Training Sites

Townsville University Hospital, Ayr Hospital, Charters Towers Hospital, Ingham Hospital, Joyce Palmer Health Service (Palm Island)

Rotations Available

Adult Acute Mental Health Inpatient Unit & Alcohol, Tobacco & Other Drugs, Child and Adolescent Mental Health, Anaesthetics, Cardiology, Cardiothoracic Surgery, ENT, Emergency, Endocrinology, Gastroenterology, General Medicine, General Surgery (Acute, Breast, Upper GI, Colorectal), Gerontology (Acute Care of the Elderly, Geriatric Evaluation and Management), Gynaecological Surgery, Haematology, Infectious Diseases, Maxillofacial surgery, Medical Oncology, Neurology, Neurosurgery, Obstetrics and Gynaecology, Orthopaedics, Paediatrics, Palliative Care, Plastic Surgery, Radiology, Renal, Rehabilitation, Rheumatology, Sexual Health, Urology, Vascular Surgery, Country Practice (Ayr Hospital, Charters Towers Hospital, Ingham Hospital, Joyce Palmer Health Service)

Basic Information

Townsville Hospital and Health Service is home to Townsville University Hospital, the region's major tertiary referral facility and the largest teaching hospital in northern Australia. An internship with Townsville Hospital and Health Service is a chance to kickstart your medical career with a health service which invests in career development. Despite our regional location, our interns get the chance to upskill in specialties which are otherwise only available in capital cities.

TOWNSVILLE UNIVERSITY HOSPITAL

Reasons to Apply

- Modern, fast paced, complex, clinical Tertiary hospital that offers all the facilities of a major hospital with all the medical and surgical subspecialties. High ratio of senior to junior staff with opportunities for increasing independence
- Broad case mix including many tropical and infectious diseases
- Opportunities to work at rural health services in your intern year at Ingham, Charters Towers, or Palm Island Facilities and resources for research innovation, with close connections to James Cook University
- Excellent training opportunities with contacts in specialist colleges as well as a high success rate for entry into specialist training and exam success. There's also a Doctors for Doctors mentoring program
- Clinical skills and simulation centre telehealth to rural and remote facilities
- Consistently high ranking in AMAQ Resident Health Check

Contact Details

Medical Recruitment
Phone: (07) 4433 4733
Email: TSV-JMO@health.qld.gov.au

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INTERN IN: SA

AMA - SA
Letter From: SA New Grad
Overview
SA Rural Training
Health Service Overview (by Local Health Network)

FROM AMA SA

On behalf of the AMA and AMA(SA), congratulations as you embark on the next step in your career as a doctor.

The beginning of your intern year marks an important milestone in your development as a medical practitioner. After spending many years to prepare for and attending medical school, you now start life with a new title and all that brings in terms of reward and satisfaction, challenges and responsibility. You have the skills and expertise that you learned and acquired in classes and laboratories and during placements, all contributing to a strong foundation for what is to come.

Most importantly, I hope you have learned the value of working with your peers to achieve outcomes that benefit everyone involved. At university, it may have been a group project, with a good grade the ultimate reward; now, you will have countless opportunities to work with and alongside senior and junior doctors and other health professionals to improve the health and wellbeing, and even save the lives of, your patients. There is no greater reward than this.

Along the way, though, you may sometimes wonder why you chose medicine – or medicine chose you. There will be days when you feel it is asking too much of you. Please know that we all have those days; we all have moments when we question whether we are up to the task. And from experience I can say that the best support in these moments comes from your colleagues and your peers. We can remind each other that we've overcome many hurdles to reach this step. We have the knowledge, the skills and the determination to find a solution – which may be as simple (although it doesn't always seem that way!) as asking for help.

FROM AMA SA

The other side to that is listening. Listening to our patients. Listening to our colleagues. We don't always have the answer. We may not be able to provide what is asked. But the most healing tool we can offer is an empathic ear. We can recognise pain, anxiety, distress, concern. We are all human and share these feelings. Recognition is the first step to connection, which leads to understanding. And this, in turn, feeds our curiosity and our desire to explore and innovate along our path to discovery and hope.

At the AMA, we're here to offer that help and support. We're with you and behind you. Please continue to work with us during your training, to increase the volume of our voice in representing you and all junior doctors: the future of our remarkable profession. Your membership fuels our advocacy and we speak louder with it.

Best regards,

John Williams

Dr John Williams
President, AMA South Australia

FROM QLD NEW GRAD

Hey everyone – hope you're getting excited for internship! Trying to decide what to do and where to go with your intern year is a big decision, so take your time and think it through before locking anything in. My name is Nathan Dignam, and I'll be talking a little bit about my perspective of interning in SA with the Central Adelaide Local Health Network (CALHN). I graduated from University of Adelaide in 2021 and chose CALHN as I had done a few rotations through it as a student, it was geographically convenient, and I had friends and family who are all there as well. I've definitely been enjoying it so far but have heard very good things about all the networks in SA so you're in luck wherever you end up! Here's a few thoughts on the year so far:

- The transition from student to doctor is confronting at first but you are ready for it. While that first day on the wards, you may not know what you're doing, and you feel bad asking your reg what the dose for amoxicillin is for the 3rd time that day – every new role is an adjustment. Quickly enough the little jobs and specifics will become second nature to you and you can focus more on…
- Being a doctor is different from being a student. Sure - you don't actually have more knowledge or experience than your final year, but your role is fundamentally different. Once you've understood the transition, you can really start to trust your gut with all your clinical training – prioritising sick patients, managing complex situations and knowing when and how to escalate. These things can all become easier on a new rotation if first you…
- Take a step back and just learn how the ward/department/rotation actually works. You're the intern now – you have to know the functionality of it completely, as you can't just duck off 'for a tute' if a job is a little too complicated. Learn the process for getting patients admitted/consulted on/discharged, find out who your allied health and pharmacist are, discover the best coffee – all vital aspects of making sure your day runs smoothly. And you always want your day running smoothly as…
- Sometimes it's hard to give yourself a rest - but know that you always can. We all got into medicine because we want to help people. And if you're looking after a patient – especially one that is unwell, in pain, or you're generally worried about them – sometimes we forget to look after ourselves. While pretty much every clinical situation can handle a 15-minute delay for you to go the bathroom with no consequences, it's easier said than done. The most important thing is that you never feel externally pressured to work too hard, take breaks when you can and where you might be able to…
- Make friends and have fun. What I think of are the moments in the office joking with other teams, going out for drinks with other interns, dinner with my team. These are the moments that make internship - the friends, the connections and the memories made along the way.

Best of luck everyone with your decisions - I'm so excited for you all! If you're interested in coming to SA, CALHN, or just want to chat feel free to email me at Nathan.dignam@sa.gov.au – more than happy to talk it all through.

Nathan Dignam

Dr Nathan Dignam

SA OVERVIEW

Take the opportunity to realise your potential as a doctor whilst enjoying the offerings of South Australia: the home of wine, festivals, and Farmer's Union Iced Coffee (to get you through those lengthy shifts). Adelaide's dynamic marriage of cosmopolitan mecca and small city vibes is both vibrant and convivial, ensuring an unparalleled experience in the "20 minute city". Boasting the modern Royal Adelaide Hospital and a healthcare system focussed on emerging healthcare practices, it would be "heaps good" to spend your first year out of medical school here in the Festival State. To ensure you secure that work-life balance (emphasis on life), the Barossa Valley and Adelaide Hills wine regions are less than 1.5 hours drive from the city. Or you could spend your weekends exploring the Flinders ranges and beautiful coastline - with a "pie floater" always within reach for your indulgence.

For the 2025 clinical year, there are nine* local networks to undertake an internship year in South Australia, with 6 rural networks and 3 metropolitan networks

- Barossa Hills Fleurieu Local Health Network (BHFLHN)
- Central Adelaide Local Health Network (CALHN)
- Eyre and Far North Local Health Network (EFNLHN)
- Flinders and Upper North Local Health Network (FUNLHN)
- Limestone Coast Local Health Network (LCLHN)
- Northern Adelaide Local Health Network (NALHN)
- Riverland Mallee Coorong Local Health Network (RMCLHN)
- Southern Adelaide Local Health Network (SALHN)
- *Yorke and Northern Local Health Network (YNLHN)

**Intern positions subject to Accreditation in late 2024*

SA OVERVIEW

How to Apply

Applications are via the SA Health careers website. You will be required to upload documents to support your application. The online application form will guide you through the process and indicate which documents are required. For queries related to special considerations, refer to the FAQ page on the website.

Registration to complete Sunrise EMR & PAS medical student training open*: ** Only required if you have not undertaken Sunrise EMR & PAS training at a South Australian University*	**Monday 29 April 2024 – Monday 27 May 2024**
Intern application open date:	**Monday 6 May 2024**
Intern application close date**: ***It is strongly recommended you submit your Intern application at least 1 week prior to the closing date to enable sufficient time for document verification and referee report completion.*	**Thursday 6 June 2024**
Referee report completion date:	**Thursday 13 June 2024**
Rural Intern Pathway interviews:	**Monday 24 June 2024 – Friday 5 July 2024 (TBC)**
Rural Intern Pathway provisional offers:	**Commence Monday 15 July 2024**
Metropolitan Intern provisional offers:	**Round One commences Wednesday 17 July 2024**
National Late Vacancy Management Process commences:	**Monday 11 November 2024**

SA OVERVIEW

Required Documentation

For regularly updated information, please refer to the South Australian Internship Application Guideline

- Medical Intern Placement Number
- Copy of passport, citizenship certificate or birth certificate
- University transcript (unofficial copy acceptable from AMC accredited medical schools)
- Resume/Curriculum Vitae
- Referees (three referees who have supervised applicant in a clinical capacity)
- English language skills evidence (refer here for AHPRA registration standards)
- Local Health Network (LHN) preferences
- Immune Status

Supplementary Documentation (if applicable)

- Evidence confirming change of name
- Visa
- Sunrise EMR and PAS Medical Student Training (for interstate and overseas applicants)
- Statutory Declaration confirming applicant has never started and internship or worked as a doctor (for IMGs)
- Australian Medical Council (AMC) certificate (for IMGs)
- Letter of Confirmation of Australian Aboriginal and/or Torres Strait Islander heritage from an incorporated Indigenous organisation

Application Match Procress

Within the respective South Australian Category Groups, applicants are randomly allocated to their highest possible LHN preference.

First Round Offers: Commencing with Categories 1.1 and 1.2, applicants are randomly selected and allocated to their first preference until all available positions are full or all first preferences have been fulfilled.
Subsequent Offers: In each subsequent round of offers, all vacant positions are filled and applicants may receive an offer for their second or subsequent preferences as it may no longer be possible to match them to their higher preferences.

SA OVERVIEW

Priority Groups

Offers for internship are allocated in the order of applicant Category Group

Category 1: Australian citizens, Australian Permanent Residents, New Zealand citizens	1.1. Medical graduates from a South Australian university who identify as Aboriginal and/or Torres Strait Islander 1.2. Medical graduates from a South Australian university – Commonwealth-supported (HECS-HELP) or a SA Bonded Medical Scholarship Scheme (SABMSS) 1.3. Medical graduates from a South Australian university – full-fee paying.
Category 2: Australian citizens, Australian Permanent Residents, New Zealand citizens	2.1. Medical graduates from an interstate university or New Zealand university who identify as Aboriginal and/or Torres Strait Islander 2.2. Medical graduates from an interstate or New Zealand university who completed Year 12 in South Australia
Category 2: Australian Temporary Residents and New Zealand Permanent Residents	2.3. Medical graduates from a South Australian university 2.4. Medical graduates from the University of Notre Dame Australia who graduated their final year in South Australia
Category 3: Australian Citizens, Australian Permanent Residents and New Zealand Citizens	3.1. Medical graduates from an interstate or New Zealand university
Category 4: Australian Temporary Residents and New Zealand Permanent Residents	4.1. Medical graduates from an interstate or New Zealand University
Category 5: Australian Citizens, Australian Permanent Residents and New Zealand Citizens Australian Temporary Residents and New Zealand Permanent Residents	5.1. Medical graduates from an overseas university who completed Year 12 in South Australia 5.2. Medical graduates of an overseas university 5.3. Medical graduates who have spent two or more semesters in an overseas campus of an Australian or New Zealand University (e.g. Monash Sunway campus, UQ New Orleans campus)

SA RURAL TRAINING

The Rural Intern Pathway

The Rural Intern Pathway was introduced in South Australia in 2018 to select applicants who are suitable for and have a preference towards working in a rural or remote location. All applicants who meet the intern application eligibility criteria and preference a regional local health network (rLHN) as their first preference will be included in the selection process. Therefore, applications for this pathway are included in the standard SA internship application. South Australia has three six rural internship programs – specially designed, fit for purpose programs to set up interns for a rural generalist career into the future.
In 2025, Rural Internship Positions will be available in: 20253:

- Barossa Hills and Fleurieu LHN (2024: 11 positions available)
- Eyre and Far North LHN (2024: 3 positions available)
- Flinders and Upper North LHN (2024: 5 positions available)
- Limestone Coast Local Health Network (2024: 8 positions available)
- Riverland Mallee Coorong Local Health Network (2024: 2 positions available)
- Yorke and Northern Local Health Network (subject to accreditation)

How to Apply

Applications for the Rural Intern Pathway are included in the standard South Australian application for internship. The only difference is that they are allocated first. To be eligible, applicants must:

- Preference rural local health network (rLHN) as **FIRST** preference
- Answer additional questions within the standard process (e.g. CV, referees and SAQs)

The rural stream will then host interviews after applicants are reviewed by a selection panel.

Important Dates and Contact Details

- **Interviews:** Monday 24 June 2024 – Friday 5 July 2024 – *to be confirmed*.
- **Rural Intern Pathway Provisional Offers** commence Monday 15 July 2024

SA Health - South Australia Medical Education and Training Unit
Phone: (08) 8226 7231
Email: HealthSAMET@sa.gov.au

BAROSSA HILLS FLEURIEU (BHFLHN)

2025 Predicted Internship Positions: 11

Network Training Sites

Our services, including 11 public hospitals, six aged care facilities and an extensive range of community-based services, are located across Mount Barker, Gawler, Victor Harbor (Southern Fleurieu), Strathalbyn, Kingscote, Mount Pleasant, Angaston, Tanunda, Gumeracha, Eudunda and Kapunda

Rotations Available

Interns undertake 4 x 3 month rotations in Emergency Medicine, Medicine, General Practice and either Anaesthesia or Obstetrics/Gynaecology. Interns are rostered to work weekdays and weekends but are not rostered to do night shifts or take on the role of reliever.

Basic Information

We extend a warm invitation for you to join our healthcare team and local community in the Barossa Hills Fleurieu Local Health Network (BHFLHN).

The Barossa Hills Fleurieu LHN offers a broad range of clinical experiences in hospitals and rural and remote primary care settings at Gawler, Tanunda, Angaston, Gumeracha, Mt Pleasant, Kapunda, Mt Barker, Strathalbyn, Littlehampton, Victor Harbor and Kangaroo Island. All interns receive a three-year contract with BHFLHN and this may be extended as part of the Single Employer Model (SEM) program for Rural Generalist Training in the region.

You will be working as part of a small clinical team, and in the process develop close working relationships with many of your colleagues and gain invaluable hands-on clinical experience in a supportive teaching environment. In line with our values, the working culture at BHFLHN embraces collaboration and all team members are highly valued for the skills and knowledge they are able to contribute to patient care. The Barossa Hills Fleurieu Collaboration for Education and Training (B-CET) program will provide you with a great way to begin your career and provide the skills you will need to pursue whatever pathway you choose in future, whether as a hospital-based specialist, general practitioner, rural generalist, or other area of medical practice.

BAROSSA HILLS FLEURIEU (BHFLHN)

Health Services and Facilities

Hospitals and health services in the Barossa Hills Fleurieu Local Health Network (BHFLHN) provide support and services to approximately 12% of the South Australian population, encompassing significant population growth in areas such as Mount Barker, Gawler and Victor Harbor. There is a mix of established, and purpose-built infrastructure, and in response to growing populations, there are many exciting ongoing service development projects in the region.

Our services, including 11 public hospitals, 6 aged care facilities and an extensive range of community-based services, are located across Mount Barker, Gawler, Victor Harbor (Southern Fleurieu), Strathalbyn, Kingscote, Mount Pleasant, Angaston, Tanunda, Gumeracha, Eudunda and Kapunda.

BHFLHN delivers a range of clinical services, including:

- emergency medicine
- general medicine and geriatrics
- elective surgery
- anaesthesia
- obstetrics and gynaecology
- aboriginal health
- paediatrics
- specialist services including renal dialysis, chemotherapy and rehabilitation
- community services including allied health, nursing, mental health and palliative care

The Rural and Remote Mental Health Service based in metropolitan Adelaide at Glenside, provides a state-wide mental health service through BHFLHN. Co-located at some of our major sites are the following: Jones Radiology, SA Pathology, SA Pharmacy, Country Health Connect, South Australian Dental Services, Mental Health Services, Drug and Alcohol Services and Rehabilitation Services.

BAROSSA HILLS FLEURIEU (BHFLHN)

Educational Opportunities

The B-CET program provides a wide variety of interdisciplinary training.

At Orientation interns undertake ALS2 training and complete an ASUM accredited ultrasound workshop. During the year they are released to attend monthly Skills and Simulation Workshops, weekly Tutorials and case discussions, and receive individual onsite training in bedside ultrasound (for 2 hours once or twice a month) that may be used to complete a CCPU qualification in bedside ultrasound.

PGY2+ trainees will be able to obtain a wide range of clinical experience in general medicine, primary care, anaesthesia, obstetrics and gynaecology, aboriginal health, paediatrics, palliative care, geriatrics, mental health and medical education.

The BHFLHN is accredited for Diploma training in Emergency Medicine and Obstetrics and has an expanding number of specialist training positions providing rural clinical experience to trainees in tertiary based specialist training pathways including general medicine (BPT), obstetrics, emergency medicine and medical administration.

For trainees wishing to pursue a career as a Rural Generalist or as a General Practitioner, the B CET program enables them to complete all of their training from internship to advanced skills training through to Fellowship with the Royal Australian College of General Practitioners (RACGP) and Australian College of Rural and Remote Medicine (ACRRM).

Supervision and Support

For each rotation there is a Term Supervisor who will orientate you when you begin and will be working alongside you during the rotation. Your Term Supervisor will provide feedback during the rotation and complete your mid and end-of-term formative assessments. You will also work with a range of other senior clinicians and consultants who will act as your clinical supervisors providing you with continuing support, supervision and teaching during the attachment.

BAROSSA HILLS FLEURIEU (BHFLHN)

Supervision and Support

The Medical Education Unit is responsible for orientation, pastoral support and coordination of the education program and interns are encouraged to discuss any issues or concerns. During the year, the DCT and MEO will meet with you to receive your feedback on rotations and the teaching program, to explore any concerns you raise and discuss your career pathway.

All SA Health employees have access to the Employee Assistance Program as an additional source for confidential counselling and support.

Lifestyle

Gifted with stunning coastlines, rolling hills, adventure, and culinary delights, the Barossa Hills Fleurieu Local Health Network encompasses the tourism regions of Barossa Valley, Adelaide Hills, Fleurieu Peninsula and Kangaroo Island.

Residents have access to a wide range of retail, hospitality, leisure and health care services ranging from larger service hubs within close reach of the CBD, including Mount Barker, through to more remote locations such as Kangaroo Island. Our Local Health Network is adjacent to metropolitan Adelaide, creating a balance of country and metropolitan lifestyle. With an abundant variety of food, wine, nature and adventure, high and low rainfall, our regions offer a bit of everything. Barossa Hills Fleurieu Local Health Network is home to historic towns such as Strathalbyn, Gumeracha and Tanunda, in addition to some of the fastest growing areas in the state, including Gawler, Victor Harbor and Mount Barker.

- SA Health Salaried Medical Officers Enterprise Agreement 2022 here
- Australian Health Practitioner Regulation Agency (APHRA) registration standards here.

Contact Details

Jennifer Field
Medical Education Officer
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CENTRAL ADELAIDE (CALHN)

2025 Predicted Internship Positions: 137

Network Training Sites

The Queen Elizabeth Hospital, the Royal Adelaide Hospital, Hampstead Rehabilitation Hospital, Glenside Hospital, Women's and Children's Hospital Network (WCHN), Port Augusta Hospital and GP rotations to Jamestown, Port Lincoln and Waikerie

Rotations Available

TQEH Rotations	RAH Rotations
Acute Medical Unit, Aged Care, Breast Endocrine and Surgical Oncology, Cardiology, Colorectal, Emergency Medicine, Gastroenterology, General Medicine, Medical Nights, Orthopaedics, Palliative Care, Plastic Surgery, Psychiatry, Psycho-geriatrics, Relieving, Respiratory, Surgical Nights, Upper GI, Urology	Acute Mental Health, Acute Stoke, Cardiology, Colorectal Surgery, Emergency Medicine, ENT Surgery, Gastroenterology, General Medicine, Geriatric Medicine, Hepatobiliary Surgery, Medical Oncology, Neurology (incl subacute stroke), Nights, Orthopaedics, Plastic Surgery, Radiation Oncology, Relieving, Thoracic Medicine, Trauma Surgery & Surgical Oncology, Upper GI Surgery, Vascular Surgery

Rural & Remote Psychiatry (Glenside Campus), DASSA (Glenside Campus), General Surgery Port Augusta, General Rehabilitation (Hampstead Rehabilitation Hospital), Geriatric Rehabilitation (Hampstead Rehabilitation Hospital), Emergency Department (WHCN)

CENTRAL ADELAIDE (CALHN)

Basic Information

The Royal Adelaide Hospital (RAH) is an 800-bed Hospital providing a comprehensive range of the most complex clinical care to an estimated 85,000 inpatients and 400,000 outpatients each year. Structurally, the hospital spans the equivalent of three city blocks and is located on a site containing almost four hectares of landscaped parks and internal green space, including over 70 courtyards, terraces and sky gardens.

The Queen Elizabeth Hospital is a 303 bed, acute care teaching hospital that provides inpatient, outpatient, emergency and mental health services to a population of more than 250,000 people living primarily in Adelaide's western suburbs. The Queen Elizabeth Hospital Medical Education Unit as well as overseeing rotations based at TQEH also oversees CALHN intern offsite rotations including Glenside Hospital, Hampstead Rehabilitation Services, Rural GP locations of Port Lincoln, Waikerie and Jamestown and General Surgery at Port Augusta Hospital.

Mid 2024 will see the opening of a new purpose-built 5 level building which will allow for the relocation of services from the exiting tower building. This building enables the relocation of rehabilitation services from Hampstead Rehabilitation Centre.

The new building will also have a larger emergency department, expanded operating theatres and pre-operative and recovery bays, state of the art intensive care unit, larger medical imaging department, centralised pathology laboratory, modern procedure suite including cardiac catheterisation laboratory, upgraded central sterile supply department, purpose built general rehabilitation wards and multiple staff support areas.

CENTRAL ADELAIDE (CALHN)

Reasons to Apply

- Weekly Intern Training Program (protected time)
- Intern Simulation Training Program (protected time)
- Surgical Units Intern Teaching Program, Emergency Department Teaching Program, General Medicine Teaching Program
- Ward Rounds, Departmental Meetings, 103 Individual Unit Teaching Meetings, Medical Grand Rounds
- Committed Postgraduate Medical Education personnel including: Medical Education Registrars, Chief Medical Residents, Clinical Term Supervisors
- Career development workshops including career guidance / interview practice / CV writing / cover letter writing
- Adult Advanced Life Support Training (ALS1 & ALS2)
- Paediatric Life Support Training

Contact Details

Royal Adelaide Hospital
Peta Beckham
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The Queen Elizabeth Hospital
Lynne Burn
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EYRE AND FAR NORTH (EFNLHN)

2025 Predicted Internship Positions: 3

Network Training Sites

Port Lincoln Hospital, Ceduna Hospital, Cummins Hospital, Lower Eyre Family Practice, Boston Bay Family Health, Lincoln Medical Centre, Port Lincoln Aboriginal Health Service

Rotations Available

Port Lincoln Hospital

- GP/Emergency, Emergency, Medical Inpatients, General Surgery, Rural Generalism, General Practice

Ceduna Hospital

- Rural Generalism

Cummins Hospital and Lower Eyre Family Practice

- General Practice and Emergency

PGY2 Only

- GP/Anaesthetics, GP/Obstetrics, Aboriginal Health

Basic Information

Port Lincoln Hospital is the largest hospital in the Eyre and Far North and provides a base for medical services within the region. With 48 beds, it provides a range of services inclusive of Emergency, obstetrics/maternity, surgical, general medicine, renal dialysis, chemotherapy, pharmacy, dental and Allied health. Community health services additionally operate from the hospital under the banner of Community Health Connect, providing an extensive range of services for the community.

The Medical Education Unit is based at the Hospital and offers a state-of-the-art simulation facility for training and education.

EYRE AND FAR NORTH (EFNLHN)

Reasons to Apply

Trainee Medical Officers in the Eyre Far North will be able to obtain a wide range of clinical experience in general practice, emergency, medical inpatients, anaesthetics, obstetrics, and Aboriginal Health while working in the region. Part of their learning will include weekly tutorials covering a range of essential medical skills and knowledge.

In addition to term rotations, trainees will have access to a state-of-the-art simulation facility including SimMan 3G Plus and SimNewbie. The high-fidelity simulation equipment allows the practicing of skills in neonatal care and advanced life support in a life-like but less threatening space. Multidisciplinary sessions are facilitated throughout the year to simulate the Emergency Department environment.

Furthermore, EFNLHN and FUNLHN collaborate four times annually for joint simulation sessions, allowing for networking and team building.

Contact Details

Chloe Devonshire-Gill
Medical Education Officer
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FLINDERS AND UPPER NORTH (FUNLHN)

2025 Predicted Internship Positions: 5

Network Training Sites

Port Augusta Hospital, Whyalla Hospital and Health Service, Hawker Memorial Hospital, Quorn Health Service, Roxby Downs Health Service

Rotations Available

Flinders and Upper North Local Health Network have accredited terms for Interns in core and non-core rotations:

- Emergency Medicine / Royal Flying Doctors Service (RFDS) – based at Port Augusta
- General Surgery – Whyalla Hospital
- General Medicine – Whyalla Hospital
- General Practice – based at Bunyarra Clinic (Whyalla)
- Mental Health Inpatient Unit – Whyalla Hospital

Interns are rostered to work 76 hours per fortnight including weekends, with no requirement for night shifts in the intern year.

Basic Information

We invite you to complete your internship at the Flinders and Upper North Local Health Network based across Flinders and Upper North Local Health Network (FUNLHN) where an internship will set you up well for a rural generalist career with the potential to continue your PGY2+ years in a rural setting. This rural immersion intern experience will provide you with broad experiences across diverse clinical areas including emergency medicine, general medicine, general surgery and general practice. You will have opportunities to work with experienced healthcare teams under the personalised supervision of experienced rural clinicians, challenge yourself to gain valuable experience with hands-on procedural skills, and have access to learning opportunities including weekly junior doctor tutorials, simulation sessions, Journal Club and Grand Rounds.

FLINDERS AND UPPER NORTH (FUNLHN)

Basic Information

Being a member of a small cohort of interns you will be able to embrace close working relationships with your junior and senior medical colleagues. The working culture within the Northern Training Network embraces teamwork and all team members are highly valued for the skills and knowledge they are able to contribute to patient care.

We invite you to become a valued member of the healthcare team in addition to the local communities in Port Augusta and Whyalla. This internship will set you up well for a rural generalist career and link into further opportunities in rural or specialist postgraduate training and work in Adelaide or rural locations.

Residents across the Flinders and Upper North Local Health Network have access to a wide range of health care services in a various number of locations throughout the regions. This includes Port Augusta Hospital and the Royal Flying Doctor Service, Whyalla Hospital and Health Service and a community based general practice.

The Port Augusta Hospital is a large country hospital, providing a wide range of inpatient, outpatient and outreach services. The hospital has 55 overnight stay inpatient beds, including five monitored beds. It also includes six low-risk chemotherapy chairs and 12 Renal Dialysis chairs. Port Augusta Hospital has a level 4 obstetric facility, where more complex patients are referred from other facilities.

Port Augusta Hospital provides 24 hours a day, seven days a week (24/7) accident and emergency service, acute inpatient care, maternal and neonatal services, elective surgery, palliative, low-risk chemotherapy, renal dialysis and stepdown facilities for Aboriginal and out-of-town patients. Additional services located onsite are radiology, SA Pathology, clinical pharmacists and Allied Health Services. Hospital services are co-located with community health services.

Port Augusta Hospital is a teaching hospital with Trainee Medical Officers (general RMOs, Paediatric medicine, general surgery, Diploma of O&G (advanced) and a surgical intern) and Adelaide University Rural medical students spending their full fifth year based in Port Augusta.

FLINDERS AND UPPER NORTH (FUNLHN)

Reasons to Apply

The trainee is a rural based intern, whose clinical terms are based across the Flinders and Upper North LHN and the Eyre and Far North LHN to ensure a high quality and AMC accredited training in a variety of disciplines. All interns have weekly tutorials and scheduled simulations sessions based in Whyalla and Port Augusta, with all interns being able to attend either in-person or via Teams if located in other locations across the training network. Interns are supported to be accommodated in provided shared accommodation in each site for the duration of their Internship programme.

Support for interns relocating to the region is provided by the Flinders and Upper North LHN Medical Education Unit based in Whyalla and TMO professional development by Regional Health SA.

All hospitals are located approximately 1 km from the city centres with free secure staff parking available onsite. Some type of private transport is required as the cities are spread over quite a large area. Most locations are only 3–8 minutes away by car, 10–15 by bicycle.

Contact Details

Samuel Seemanpillai
Medical Education Officer
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LIMESTONE COAST (LCLHN)

2025 Predicted Internship Positions: 8

Network Training Sites

Mount Gambier and Districts Health Service (MGDHS), Kingston, Robe

Rotations Available

General Surgery, General Medicine, Emergency Medicine, Anaesthetics, General Practice (Mt Gambier, Kingston, Robe)

Basic Information

Here in the Limestone Coast, you will have the opportunity to get a broad practical experience with rotations being offered in Emergency Medicine, General Medicine, General Surgery, Anaesthetics and General Practice. You will gain valuable experiences to improve your confidence and knowledge, you will also be able to challenge yourself in a supportive environment. The working culture at LCLHN embraces teamwork and all team members are highly valued for the skills and knowledge they contribute to patient care.

Being a member of a smaller cohort of interns, you will have access to individual support from the Medical Education Team and you will also develop close working relationships with your junior and senior medical colleagues including consultants. This internship will set you up well for future specialty training or a rural generalist career with the potential to continue your PGY2+ years in a rural setting.

Mount Gambier and Districts Health Service (MGDHS) is part of the Limestone Coast Local Health Network. We provide specialist-led acute services including accident and emergency, surgical (including day surgery), obstetric, paediatric, internal medicine, mental health (in and outpatient), anaesthetic services, Aboriginal health and community health services.

MGDHS is the major regional health provider for the lower, mid and upper South East regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte and Penola. The catchment area also extends across the border into Western Victoria.

LIMESTONE COAST (LCLHN)

Reasons to Apply

The Medical Education Unit provide a comprehensive educational program addressing the requirements of the Australian Curriculum Framework for Junior Doctors (ACFJD). Formal teaching sessions include:

- A five-day orientation to the hospital and to FURHSA prior to the commencement of the internship.
- Weekly Intern Tutorial Program:
  - Tutorial attendance is protected and paid time for interns.
  - The program is developed in collaboration with interns and term supervisors delivered by local and visiting specialists covering core skill requirements.
- Monthly Grand Rounds.
- Additional training workshops presented by local and visiting specialists.
- Clinical simulation scenario-based workshops conducted 3-5 times per year.
  - Time to attend sim is paid and protected.
- Monthly wellbeing lunches together.

Contact Details

Samuel Seemanpillai
Medical Education Officer
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NORTHERN ADELAIDE (NALHN)

2025 Predicted Internship Positions: 74

Network Training Sites

Lyell McEwin Hospital and Modbury Hospital and various rural sites

Rotations Available

A range of terms that will ensure completion of all required Care Categories to complete internship under the AMC framework, including multiple Medical Subspecialties, General Medicine, Surgery, Emergency Medicine, Psychiatry, Palliative Medicine, Gynaecology and Rural General Practice.

Please visit the SA MET website for a complete list of updated available rotations.

Basic Information

NALHN has 32% of the Adelaide metropolitan population, but only 20% of the beds, and 24% of the budget. NALHN has learned to work very efficiently. The NALHN Strategic Plan 2020-25 identifies six strategic imperatives to help us meet our purpose to deliver exceptional health and wellbeing services that enhance the quality of life for our community. These include: inclusive culture, service design, digitally smart, sustainability, exceptional people and partnering.

NALHN comprises over 550 inpatient beds, with more than 440 of these at LMH and approximately 140 at MH. Onsite car parking is available at both Lyell McEwin and Modbury Hospitals which both offer cafeteria facilities and a TMO lounge. Both hospitals operate a broad range of services across acute and sub-acute Medical, Surgical and Psychiatry inpatient and outpatient services.

NALHN also provides regional opportunities at Port Pirie Hospital and General Practice rotations at Crystal Brook, Gumeracha, Clare, and Kapunda-Eudunda for those interested in Rural, Regional and Remote Medicine.

NORTHERN ADELAIDE (NALHN)

Reasons to Apply

NALHN hospitals provide a comprehensive educational program based on the Australian Curriculum Framework for Junior Doctors (ACFJD). Both Lyell McEwin and Modbury Hospital sites offer library services, to support your development, with staff librarians who are always willing to assist. The library can also be accessed after hours and used as a quiet area to study.

- Supportive learning environment with lunchtime protected intern teaching time. Your psychological safety is our priority
- Mentoring program available
- Weekly medical grand rounds
- Departmental meetings, Divisional Education
- The opportunity to be a representative on the Medical Training Committee or the TMO representative to the Executive Director of Medical Services discussion group
- Three interviews per year with MEO, simulation training suite at LMH

Contact Details

Medical Education Administration
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Email: Health.NALHNPMEUAdministration@sa.gov.au or Health.NALHNMEO@sa.gov.au

RIVERLAND MALLEE COORONG (RMCLHN)

2025 Predicted Internship Positions: 10

Network Training Sites

Riverland General Hospital (RGH), Berri Medical Clinic, Barmera Medical Clinic, Renmark Medical Clinic

Rotations Available

RGH has accredited core terms for interns in General Medicine, General Surgery, Emergency Medicine and non-core rotations may include Aged Care in General Practice and Relieving. The General Practice terms are based in nearby Berri Medical Clinic, Barmera Medical Clinic and Renmark Medical Clinic.

Basic Information

Riverland residents have access to a wide range of health care services throughout a number of locations in the Riverland area. Riverland General Hospital (RGH) in Berri is part of the Riverland Mallee Coorong Local Health Network. We provide acute medical services including specialist internal medicine, surgical, obstetric, and anaesthetic and emergency services delivered by Consultants and Physicians. RGH is the major regional health provider for the Riverland area with other facilities located in nearby Renmark, Barmera, Loxton and Waikerie.

The Riverland Academy of Clinical Excellence (RACE) articulates the ambition of the Riverland Mallee Coorong LHN to be a centre of excellence in rural health – teaching, research and innovative clinical care. It is the next exciting step in a long-term commitment to medical education in our region.

RACE participants are provided 5 year contracts, enabling participants to settle within the region with a sense of security and become embedded within the community, allowing extensive GP Practice experience whilst still maintaining your SA Health contract and entitlements. We support junior doctors from Internship to Fellowship without the need to move to different local health networks. You can stay in one location when you transition to a GP registrar – no need to move!

RIVERLAND MALLEE COORONG (RMCLHN)

Reasons to Apply

The RMCLHN Medical Education Unit provides a comprehensive education program addressing the requirements of the Australian Curriculum Framework for Junior Doctors (ACFJD). Formal teaching sessions include:

- A one-week orientation to the hospital prior to the commencement of the internship.
- An Intern Tutorial Program.
- Regular Journal Clubs in a small group learning environment for Psychiatry and public health.
- Ground Rounds each month with National and International guest speakers and other training workshops presented by local and visiting specialists and RGH Clinical Directors.
- Clinical simulation scenario-based workshops conducted a minimum four times per year in which Interns will have paid, protected time to attend with access to SimMan.
- Regular teaching rounds.

Contact Details

Medical Education Officer
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SOUTHERN ADELAIDE (SALHN)

2025 Predicted Internship Positions: 80

Network Training Sites

Flinders Medical Centre, Noarlunga Hospital, Repatriation Health Precinct and Jamie Larcombe Centre, Rural ED/GP sites include Angaston, Mannum, Murray Bridge

Rotations Available

Emergency, Rural ED/GP, Acute Medical Unit, Cardiology, Gastroenterology, General Internal Medicine, Geriatric Evaluation and Management (GEM), Haematology, Infectious Diseases and Dermatology, Older Persons Assessment and ED Liaison (OPAL), Renal, Respiratory, Stroke, Psychiatry, Paediatrics

Cardiothoracic Surgery, Colorectal Surgery, Ear Nose and Throat (ENT), General and Gastrointestinal Surgery (GGIS), Gynaecology, Hepatopancreatobiliary Surgery, Oesophagogastric Surgery, Neurosurgery, Orthopaedics, Plastic Surgery, Urology, Vascular Surgery

Medical Nights, Surgical Nights, Relieving

Basic Information

Southern Adelaide Local Health Network (SALHN) is an acute tertiary health care centre providing medical services for more than 114,000 inpatients and 483,000 outpatients and 121,000 ED presentations in the southern metropolitan area of Adelaide, as well as providing a number of state-wide services to people from regional areas. More than 8,800 skilled staff provide high quality patient care, education, research and health services across 20 sites, including:

- Flinders Medical Centre Noarlunga Hospital
- The Repatriation Health Precinct Jamie Larcombe Centre
- GP Plus Super Clinic at Noarlunga
- GP Plus Centres at Aldinga and Marion
- Aboriginal Family Clinics at Noarlunga and Clovelly Park Drug and Alcohol Services South Australia

SOUTHERN ADELAIDE (SALHN)

Reasons to Apply

SALHN offers opportunities to practise medicine across a broad range of specialties in a supportive environment. The network has strong leadership with a focus on wellbeing underpinned by mentoring and debriefing sessions, and there are mechanisms in place to provide regular feedback to divisions including via a junior medical advisory committee.

The medical education team provides comprehensive and dynamic training in their weekly intern tutorial and simulation programs, clinical skills workshops and five-day orientation program. Training is also provided on the wards and within departments. Additionally, SALHN provides education, information, and support for interns and general trainees who are interested in a General Practice career pathway.

> "I chose SALHN based on their broad breadth of intern rotations including paediatrics and rural GP. I've found SALHN's positive culture and their educational opportunities to be second to none."

> "I couldn't be happier with my decision to come to SALHN. The staff and clinicians are encouraging and supportive, but also give you space to work and learn independently. The cases you deal with range from the common and general through to complex and rare. The hospital has an amazing reputation in the community and a huge diversity of intern rotations are offered. My internship experience with SALHN so far has been well above my expectations and I can't wait to see what the rest of the year offers!"

Contact Details

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YORKE AND NORTHERN (YNLHN)

2025 Predicted Internship Positions: TBC*

Network Training Sites

Port Pirie Hospital, Wallaroo Hospital, Clare Medical Centre Clare, Burra and Snowtown Hospitals, Crystal Brook and Laura Medical Practices and Hospitals, Goyder's Line Medical and Jamestown, Orroroo and Peterborough Hospitals, Goyder's Line Medical and Jamestown, Orroroo and Peterborough Hospitals

Rotations Available*

- Port Pirie Hospital – Emergency
- Wallaroo Hospital – Emergency
- Clare Medical Centre and Clare, Burra and Snowtown Hospitals – Emergency medicine, medical inpatients and peri-operative care
- Crystal Brook and Laura Medical Practices and Hospitals – General Practice, Emergency, Peri-operative care
- Goyder's Line Medical and Jamestown, Orroroo and Peterborough Hospitals – General Practice, Emergency, Peri-operative care
- Kadina Medical Associates – General Practice, Women's Health

Basic Information

The Yorke and Northern Local Health Network, Rural Doctor Program offers a range of primary care and hospital based clinical experiences across our region in picturesque locations such as Clare, Port Pirie, Jamestown, Crystal Brook, Kadina, Wallaroo and Moonta. Itencompasses the Yorke Peninsula, Southern Flinders Ranges, the Mid North, and stunning Clare Valley Wine region. It is a beautiful and diverse area of South Australia. It comprises breathtaking national parks, walking trails, cycling, art and photography, outback camping, four-wheel driving adventures, swimming, snorkelling and a wealth of dining experiences including wineries, breweries, and distilleries. Most, within a two-hour drive from Adelaide!

The MEU encourage trainees to explore the region and integrate into communities, so we are committed to limited overtime, flexible working hours and a focus on wellbeing.

**Subject to accreditation in late 2024*

YORKE AND NORTHERN (YNLHN)

Reasons to Apply

- Unparalleled training: Our program provides exceptional training opportunities and support, fostering your growth as a rural GP.
- Rewarding career: With diverse rotations and pathways for fellowship, you'll develop the skills needed for independent practice.
- Tailored experience: Enjoy personalised support and access to inspiring speakers, creating a bespoke training journey that meets your needs.
- Accreditation: Our rotations meet national requirements for registration, ensuring you're prepared for the next stage of your career.
- Rotations in scenic towns: Explore regional towns like Port Pirie, Clare, and Jamestown while gaining core clinical experiences.
- Engaging lifestyle: Immerse yourself in vibrant community life and explore breathtaking landscapes during your downtime.
- Accommodation and incentives: Furnished accommodation is provided and fully subsidised for the first six months, with additional incentives available.

Contact Details

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Medical Education Officer
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9

INTERN IN: TAS

AMA - TAS
Letter From: TAS New Grad
Overview
TAS Rural Training
Health Service Overview (North, South, North-West)

FROM AMA TAS

Congratulations on reaching this pivotal moment in your medical education journey! On behalf of the Australian Medical Association (AMA) Tasmania, I extend a warm welcome as you prepare to embark on your internship.

Joining the medical profession is an incredible achievement, and your dedication, perseverance, and passion have brought you to this point. As you transition into the next career phase, know you are entering a challenging and gratifying profession.

The effort you have already put in to get to this stage is significant, and as you continue to train on the job, much work is awaiting you. The journey ahead may have challenges but know that you are not alone. AMA Tasmania stands ready to guide and support you as you embark on this exciting new chapter in your medical career.

Our vibrant and supportive medical community is dedicated to advocating for doctors' rights and well-being locally and nationally.

Through your membership with AMA Tasmania, you gain access to invaluable resources, advocacy efforts, and a network of experienced professionals across all levels who understand the journey you are embarking on.

Tasmania offers a unique and welcoming environment for medical training, with many opportunities available. Embrace the beauty of Tasmania's landscape, the warmth of its communities, and the rich experiences that await you as you pursue your medical career here.

Good advice given to most of us on starting our intern year is not to be overwhelmed, give everything a go, be curious and interested, ask questions, be proactive, look and learn, and, importantly, ask for help if needed. Your senior colleagues were all once interns, and they remember only too well the steep learning curve you are on and the incredible reward we all get from providing patient care. These senior doctors look forward to teaching and mentoring you; you are the future of our profession.

We often hear from interns that hospital work is not always what they expect. You graduated with much knowledge; now is the time to put that knowledge into practice and enjoy this new experience.

FROM AMA TAS

Tasmania provides a great lifestyle and great potential to advance your medical training at any of our three public hospitals: Hobart, Launceston, or the Northwest. Tasmania offers great weather, cities that are easy to get around, access to excellent sporting facilities and activities both on and off the water, healthy produce, a world-renowned arts and festival culture, pristine scenery, untouched beaches and a diverse and vibrant coffee and dining scene. AMA Tasmania is actively involved in ensuring the right balance of work, teaching, and life for interns in Tasmania.

As you navigate the internship application process and prepare for the challenges and opportunities, remember to prioritise self-care and seek support when needed.

In addition to the resources available through AMA Tasmania, I want to highlight the support offered by Drs4Drs Tasmania. Established under the auspices of AMA Tasmania, Drs4Drs Tasmania provides a practitioner-led 24/7 confidential health advisory service and mental health support. If you ever need medical assistance, please do not hesitate to use this free service for doctors and medical students - 1300 374 377.

Once again, well done on reaching this significant milestone. Best wishes for your final year of medical school, a successful internship application process, and a fulfilling year ahead.

Best regards,

John Saul

Dr John Saul
General Practitioner (AMA Member for over 40 years)
President, AMA Tasmania

FROM TAS NEW GRAD

Huge congratulations on making it this far through your studies!

Though I'm sure that, at times, it felt that your medical degree would never end, it is now time to apply for internship, and you should take a moment to reflect on, and be proud of how far you have come. If you are considering applying for internship in Tasmania, I would strongly recommend it. I am just about to finish my first rotation at the Royal Hobart Hospital, in Urology, and I have had a great experience so far. Intern year is probably always going to be a significant adjustment, but Tassie is a wonderful location to take this next step.

Time is precious in intern year, and Tasmania's easy-to-access wilderness, numerous great restaurants and cafes, and conveniently-located housing options make it easy to spend your free time doing something that rejuvenates you, rather than commuting. As well as this, you will find a friendly, approachable community at any of the hospitals in Tasmania, so you can rely on some good-old camaraderie to get you through the tricky days.

Tasmania has three major hospitals: the Royal Hobart Hospital, the Launceston General Hospital, and the North West Regional Hospital. Each hospital provides a different mix of experiences to suit your needs, with opportunities for rural and remote medicine, independent learning opportunities, and variety of medical specialties. Each provides a well supported internship, with plenty of teaching time.

Applying for internship in Tasmania is easy – it requires only one application for all three hospitals – you just indicate your preference of location when applying, and send through your CV. Regardless of which hospital you are allocated to, you are guaranteed to have a great year, make valuable connections, and have worthwhile learning experiences that will set you up well into the future.

Finally, I just want to wish you all well for the coming year. This is undoubtedly a period of significant change, regardless of whether you stay in your home state, or are relocating, and it is almost definitely going to be a steep learning curve - but rest assured that all the hard work you have put in up to this point will serve you well. Remember that there are many wonderful people around willing to support you – don't be afraid to reach out, and lean on these supports over the next year. Make a conscious effort to do things that fill your cup, as well as making sure you eat, (drink water!), sleep, and exercise. These simple things will make all the difference in ensuring you not only survive, but thrive in your intern year. **We look forward to having you as new interns in 2024!**

Charlotte Young

Dr Charlotte Young
Intern, Royal Hobart Hospital (2023)

TAS OVERVIEW

Discover Tasmania - Australia's island state which attracts over one million visitors each year. Although on the smaller end of the scale, our cities are vibrant and thriving with creative production. Take time to explore and you'll find the state is also bursting with gorgeous scenery (and even world-class surfing). Use a weekend or two to visit the many national parks, hiking trails and gardens, enjoying the nature of our beautiful island. Internships in Tasmania offer flexibility of lifestyle, with each intern streamed into either Medicine, Surgery or General training (including Emergency Medicine). Invaluable career support is offered, coupled with targeted training and development programs. The relatively small intake is advantageous, providing a more relaxed and personalised work environment.

How to Apply

Applications are via the Tasmanian Health Service. Applicants must be graduates of, or graduating from an Australian Medical Council accredited university. All applicants are required to apply online via the Tasmanian jobs website. Only one application is required; you will be asked to indicate your preferred place of employment (Hobart, Launceston, North West Region) via the application form. Applicants must list each site in order of preference.

The online application form ensures all the information required to assess your application is provided. The form includes information on your eligibility to work in Australia. The online application form requires you to include your University Student Number and your AHPRA Intern Placement Number.

Applicants will also be required to indicate place of birth and where the applicant completed education Year 12 (state or territory if born in Australia). This information will be used to inform the data sets required by the National Medical Intern Data Manager. Candidates should attach a CV/Resume and any other relevant information to their application.

For information on application dates, please refer to the Tasmania Department of Health and Human Services website and search 'medical intern' or recruitment email: medical.recruitment@ths.tas.gov.au. The website has '2025 Medical Intern Applications' available here

TAS RURAL TRAINING

Since 2017, the Department of Health had provided funding to develop rural primary care rotations for interns in Tasmania through the Rural Junior Doctor Training Innovation Fund (RJDTIF). In Tasmania, the RJDTIF funded the organisation Ochre Health Pty Ltd. However, this RJDTIF arrangement ended in 2022, with the John Flynn Prevocational Doctor Program (JFPDP) now consolidating the two funding streams under the Rural Junior Doctor Training Innovation Fund (core and rural generalist).

The rural training consists of rotations in a location that provides broad scope Rural Generalist services to the community (primary care, emergency, inpatient care). This can include a rural GP rotation. These rotations are available at the **North West Regional Hospital** (NWRH, 10 week rotations), **Launceston General Hospital** (LGH, 10 week rotations) and the **Royal Hobart Hospital** (RHH, 13 week rotations) and interns may be able to return to their student rural community.

A previous quote summarises that "[general practice] is an approach to health and medicine that is not reductionist. We are not doctors for particular diseases, particular organs, nor particular stages in the life cycle, we are doctors for people."

Employed by the Tasmanian Government, the 2023 intake sees 44 interns start at the Royal Hobart Hospital (RHH), 41 at the Launceston General Hospital (LGH) and 11 at the North West Regional Hospital (NWRH).

NORTH

2025 Predicted Internship Positions: 39

Network Training Sites

Launceston General Hospital (LGH)

Commencement

- Orientation week: Monday 6th January 2025
- Rotation start: Monday 13th January 2025

Rotations Available

- Medical Terms: Acute Medical Unit, General Medicine A-E, General Medicine Outreach, Rehabilitation Medicine, Renal Medicine, Stroke/Neurology
- Surgical Terms: General Surgery Unit 1 (Breast/Endocrine), 2 (Colorectal), 3 (Upper GI), Orthopaedics, Plastic Surgery/ENT/Ophthalmology, Urology
- Emergency Term
- Other Terms: After Hours/Relief, General Practice- Ochre Scottsdale Medical Centre, General Practice - Ochre Medical Centre, St Helens, Hospital at Night

Basic Information

The Launceston General Hospital (LGH) is a 360-bed regional hospital providing most specialties. LGH is accredited teaching hospital in partnership with the Launceston Clinical School of Medicine and University of Tasmania. There is a supportive environment and an active teaching and learning culture is valued and promoted.

Education and Support

The Medical Education Advisor (MEA) supports both medical school and intern and resident learning programs. They enhance the transition from undergraduate to graduate. With PMCT support, the MEA promotes educational activities for all doctors, encouraging them to be more effective teachers, supervisors and mentors. Regular assessment and feedback are also provided. The MEA and Director of Clinical Training (DCT) together with a Clinical Medical Educator to arrange weekly tutorial experiences pertinent to the ongoing training of junior doctors using the Australian Curriculum Framework.

Contact Details

Resident Staff Coordinators

Email: jmosupport@ths.tas.gov.au

SOUTH

2025 Predicted PGY1 Positions: 48

Network Training Sites

Royal Hobart Hospital

Commencement

- Orientation week: Monday 6th January 2025
- Rotation start: Monday 13th January 2025

Rotations Available

General Surgery, Orthopaedic Surgery, Plastics/Maxillofacial Surgery, Vascular Surgery, Cardiothoracic Surgery, Neurosurgery, General Medicine, Assessment Planning Unit, Haematology, Oncology, Rehabilitation Medicine, Older Persons Unit, Respiratory, Emergency Medical Care, Urology, Rural General Practice – Southern based

Basic Information

The Royal Hobart Hospital is the tertiary referral centre for all of Tasmania. It serves a population of approximately 240,000 people. THS-RHH offers a comprehensive range of specialties.

Reasons to Apply

- Active weekly Intern Education Program facilitated by the Directors of Clinical Training and Medical Education Advisor
- Our comprehensive, paid one-week orientation program includes shadowing of previous interns
- Support for intern personal welfare to ensure quality working experiences, supervision and feedback

Contact Details

Shelley Hampson and Andrew Kealy
Phone: (03) 6166 7538 or (03) 6166 6030
Email: medical.recruitment@ths.tas.gov.au

NORTH-WEST

2025 Predicted Internship Positions: 19

Network Training Sites

North West Regional Hospital, Burnie, and Mersey Community Hospital, Latrobe

Commencement

- Orientation week: Monday 6th January 2025
- Rotation start: Monday 13th January 2025

Rotations Available

General Medicine, General Surgery, Orthopaedic Surgery, Emergency Medicine, General Practice Rural – Queenstown, King island & Smithton

Basic Information

Interns at THS-North West Region gain hands-on experience in well-supported departments. This provides a very unique opportunity to work across our diverse sites, and ensuring maximum exposure to advance skills. Interns are fully supported by Registrars and Consultants, and we have structured regular JMO training and education sessions.

Reasons to Apply

- Contemporary, well equipped and supportive work environments
- Availability of shared, self-contained accommodation for junior doctors close to the hospital
- Active weekly Intern Education Program facilitated by the Directors of Clinical Training and Medical Education Advisor
- Our comprehensive, paid one-week orientation program includes shadowing of previous interns
- Support for intern personal welfare to ensure quality working experiences, supervision and feedback

Contact Details

Shauna Cole
Phone: (03) 6478 5353
Email: shauna.cole@ths.tas.gov.au

10

INTERN IN: VIC

AMA - VIC
Letter From: VIC New Grad
Overview
VIC Rural Training
VIC Hospital Service Check
Health Service Overview (by Hospital / Health Service)

FROM AMA VIC

To the final year medical students reading this guide,

Congratulations on reaching this pivotal moment in your journey to becoming a doctor. The internship application process can be both exciting and daunting, but remember that you have already demonstrated the dedication, passion, and resilience required to pursue a career in medicine.

Many people are keen to provide you with the support and assistance you require – especially our team at AMA Victoria where we have a rich history helping medical students successfully navigate the intern application process and prepare for careers in medicine.

Our team can support you with personalised career coaching, education, and resources, ensuring you transition seamlessly into internship. We offer expert advice on crafting effective resumes, cover letters, applications, and honing interview skills so make sure you capitalise on these learning opportunities available for student members.

As you navigate through the application process, I encourage you to stay focused on your goals and embrace the opportunities that come your way. Be open to learning from every encounter, whether it be with patients, colleagues, or mentors.

Above all, believe in yourself and your abilities. You have worked hard to reach this point, and you are more than capable of succeeding in your internship and beyond. Stay true to your values, uphold the highest standards of professionalism, and never lose sight of the impact you can make in the lives of others through your work as a doctor.

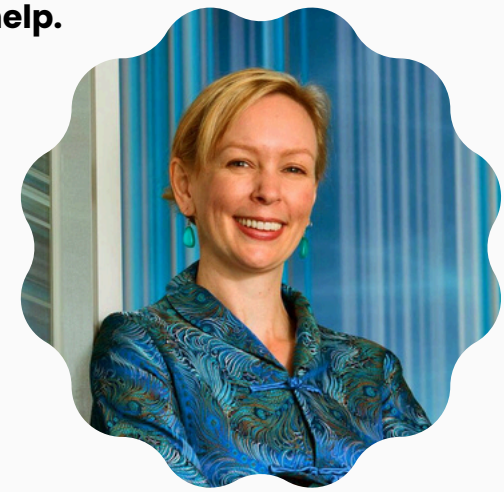
When you do become an intern, remember to upgrade to intern membership of AMA Victoria. This is important because AMA Victoria is your supportive ally in the workplace. We provide personalised workplace support, addressing your specific needs from on-call schedules and hospital rotations, to resolving disputes, whilst always protecting your rights and reputation. Importantly, membership is like insurance. It cannot be applied retrospectively. Only fee-paying members can engage the expertise of our team so don't delay because you don't know when the time might come that you'll need our help.

FROM AMA VIC

AMA Victoria also offers personalised career and performance coaching to help you develop vital skills, and ensure you have the right mindset for growth in your professional career.

I wish you all the best as you embark on this exciting chapter of your medical career. Remember that each step brings you closer to realising your dreams, but that the journey is just as valuable. Embrace it with enthusiasm, determination, and compassion, and always reach out if you have questions or find yourself in tough times – **we are here to help.**

Yours sincerely,



Jill Tomlinson

Dr Jill Tomlinson
President
AMA Victoria

FROM VIC NEW GRAD

Dear colleagues (yes – colleagues!),

Congratulations on reaching this exciting final stage of medical school! I remember being equal parts stressed and excited when internship applications came along. Victoria has such a great mix of health services to choose from that you may feel spoilt for choice. Rest assured that you will find the match for you, just as you have found the right post-round coffee order – through a little bit of prior experience, trial and error, and wholehearted trust that they got your order right.

These are the questions I asked myself to find my list of cappuccino health services:

- What kind of hospital culture do I enjoy?
- What are the service's key values, and do they align with mine?
- Do I want to work at an inner-metro/outer-metro/rural/regional site, or a combination?
- Which service offers the kinds of experiences, rotations, and training that I want in intern year (and beyond)?
- What will the travel time look like?
- Are there particular patient populations whom I wish to work with?
- What do current junior doctors have to say about the service?

A few tips I have picked up so far:

- You are not the only staff member at the hospital - The Swiss cheese model is alive and thriving. Just do your best, and everything will be okay.
- Over-communicate. What do interns and knitting have in common? Closing the loop.
- Work gets a lot easier when you worry less about doing a good job for yourself, and focus on doing a good job for patient care – this will happen very naturally. Take making referrals for example– as a med student I used to think "gosh I hope I make a good referral", now I think "we really need endo advice on these overnight BSLs of 2.1 please… please…"
- Spend that extra minute by the bedside. There are always internal and external stressors making you feel like you're short on time – the hospital is bed blocked; your discharge summary pile is growing so high, mountaineers are looking at scaling it. Patients and their families will thank you for spending that extra minute checking in with them and making the hospital experience a little less daunting.
- Ask questions – lots of them, and to lots of people! Ask questions and learn from not just your registrars and consultants, but also the nursing staff, pharmacy, allied health, admin staff, and anyone else you may be working with.
- For many of you, 2025 will be your first year of full-time work. This means that along with all the newfound doctoring responsibilities, you will be managing adulting responsibilities too – e.g. what is salary packaging and why is it the most stressful thing I have had to do this year? NB – save ALL of your receipts from now.
- Take that trip, go for brunch, swap that shift so you can see Taylor! Fill your life with plans that help you recharge – strictly do not enter The Tortured Doctors Department.
- Just as you are settling into your first year of work, you will start to hear about the application process for PGY2, and then for training programs, and then all the steps and PhDs that you need to acquire for a consultant job. I thought I signed up for a marathon – why are there all these hurdles in my way? As someone who has never run a marathon (or hurdled) – the way forward is one step at a time.

Best of luck ordering that coffee. Our health service will be far richer for your contributions. I look forward to working with you!

Egynne Lim

Dr Egynne Lim
Intern, Alfred Health (2024)

VIC OVERVIEW

The Postgraduate Medical Council of Victoria (PMCV) coordinates the centralised recruitment process through which medical intern positions in Victoria are filled. The PMCV also accredits internship positions in Victoria.

The intern application process for Victoria is through the PMCV Allocation and Placement Service (APS) website. Candidates register to participate in the Victorian Intern Match, via the APS, and nominate the health services and intern training programs where they would like to be considered for internship positions, in order of their preference.

Application components include completing a standardised online CV form, nominating two clinical referees (who complete online referee report forms which, once submitted, are saved against the candidate's APS profile) and completing an online, recorded video interview. Candidates may also be required to submit direct applications to individual health services and intern training programs; these requirements will vary depending on the individual health services concerned. Health services may also coordinate their own interview process with shortlisted candidates during the health service assessment period. Centralised intern recruitment in Victoria is both merit- and preference-based.

Following implementation in 2021, the PMCV will continue to administer the Victorian Rural Preferential Allocation (VRPA) round, which aims to fill Victorian Rural Generalist Program (VRGP) internship positions and the majority of available rural internship positions with candidates who are genuinely interested in a medical career in rural Victoria. Eligible candidates wishing to participate in the VRPA can apply via the Victorian Intern Match.

Key Dates

- **Match Applications Open:** Monday 6 May 10AM AEST
- **Match Applications Close:** Thursday 6 June 5PM AEST
- **Video Interview:** Friday 7 June 10AM AEST – Sunday 9 June 5PM AEST
- **Health Service Assessment and Selection:** Monday 10 June – Wednesday 3 July
- **VRPA Results Published:** Monday 15 July 10AM AEST
- **Priority Group 1 Results Published:** Wednesday 17 July 10AM AEST

Click here for full list of dates

VIC OVERVIEW

Priority Groups and Allocations

From 2024, Intern positions are allocated in Victoria via eligibility categories. The eligibility categories and progression of offers is as follows:

VRPA Category 1	Australian citizens or permanent residents and New Zealand citizens graduating from a Victorian University including CSP and domestic full fee-paying students

VRPA Category 2	• Australian Temporary residents graduating from a Victorian University
	• Australian citizens or permanent residents and New Zealand citizens graduating from an interstate University who meet the following criteria:
	  ◦ Completed their Year 12 schooling in Victoria; OR
	  ◦ Previously lived in rural Victoria (Modified Monash Model (MMM) – MM2 classification or higher) and worked in a rural healthcare setting; OR
	  ◦ Graduates of the University of New South Wales who have undertaken their last two years of clinical placement at Albury Wodonga Health clinical school

Category 1	Australian citizens or permanent residents and New Zealand citizens graduating from a Victorian University including CSP and domestic full fee-paying students
Category 2	Australian Temporary residents graduating from a Victorian University
Category 3	Australian citizens or permanent residents and New Zealand citizens graduating from an interstate University who completed their year 12 schooling in Victoria.
Category 4	Australian citizens or permanent residents and New Zealand citizens graduating from an interstate University
Category 5	Australian Temporary residents graduating from an interstate University
Category 6	New Zealand temporary resident graduating from a New Zealand University
Category 7	Graduates from and overseas campus of an Australian/New Zealand University accredited by the Australian Medical Council (i.e. Monash University, Malaysia or Ochsner)

VIC RURAL TRAINING

The Victorian Rural Generalist Program (VRGP) is a state-wide end-to-end Rural Generalist training program that allows the rural generalist workforce to train, work and live in rural and regional Victoria. Trainees will gain access to training positions across a variety of clinical settings, both hospital-based and community-based, to provide a rich clinical training experience that demonstrates a variety of rural generalist career options in Victoria.

The regions offering VGRP:

- Barwon South West Region - South West Healthcare Warrnambool Rural Community Internship Program
- Grampians region - Grampians Rural Community Internship Program
- Loddon-Mallee - Echuca Rural Community Intern Training Program
- Hume Region - Murray to the Mountains (M2M) intern training program
- Gippsland Region - Rural Generalist Internship Gippsland

For more information on the VGRP, please visit their website. There are also a number of other health services in rural and regional Victoria that employ interns.

Medical graduates are eligible to apply through the Victorian Rural Preferential Allocation process and selection is based on merit. The Victorian Rural Preferential Allocation (VRPA) match is a parallel first-round match for students with a strong rural interest. All rural health services submit internship positions into the match, and Victorian Rural Generalist Program (VRGP) places will only be available through the VRPA. Students successful in obtaining a Victorian Rural Generalist intern position are generally allocated to the training region for 12 months. Students interested in the program can apply through the PMCV Allocation and Placement Service website (register for the Victorian Intern Match and indicate that you wish to be part of the Victorian Rural Preferential Allocation round).

2021 VIC HOSPITAL HEALTH CHECK SURVEY

The 2021 Hospital Health Check quantifies issues experienced by Victorian trainees working in the public hospital system.

The survey helps AMA Victoria identify workplace and cultural issues within public hospitals across the state. It also provides a way for AMA Victoria to monitor and report progress and improvements made by health services. The Hospital Health Check Survey is divided into 6 columns:

1. Rostering, workload and overtime
2. Access to leave
3. DiT wellbeing
4. Education and training
5. Workforce management and culture
6. Recommendation by trainee

Hospitals were then provided with an overall grade.

	01 Rostering, workload and overtime	02 Access to leave	03 DiT wellbeing	04 Education and training	05 Workforce management and culture	06 Recomm-endation by trainee*	OVERALL RATING
Albury Wodonga Health	C	A-	B-	B-	B	C-	B-
Alfred Health	C	B-	B	B-	C	B-	B-
Austin Health	C-	B-	B	C	C	B	B-
Ballarat Health Services	C-	B-	B	B	C	B	B-
Barwon Health	C	C-	C	C-	C	C	C
Bendigo Health Care Group	C	B-	B	B-	C	B	B-
Eastern Health	C	B	B	B-	C	C	B-
Echuca Regional Health Service	C-	C	C-	B-	B	D-	C

For the full report, please visit this link.

ALBURY-WODONGA HEALTH

2025 Predicted Internship Positions: 15

Network Training Sites

All rotations are at Albury Wodonga Health at either Albury or Wodonga Campus.

Rotations Available

- Emergency Medicine, General Medicine, General Surgery, Psychiatry, Acute Care of the Elderly, Orthopaedics, Rehabilitation

*For PGY2 and above, additional specialty rotations including ICU, ENT, Urology, Anaesthetics, Paediatrics, Gynaecology, Community psychiatry, Geriatrics & Cardiology

Basic Information

Albury Wodonga Health (AWH) is a unique cross-border health service that operates under the jurisdiction of the Victorian Department of Health & Human Services (DHHS). Providing the best of health to more than 250,000 people, across an area spanning North East Victoria to Southern New South Wales, AWH has grown to be the second-largest regional health service in Victoria and provides healthcare services comparable to metropolitan centres. AWH is a 337-bed health services that treated over 61,000 emergency presentation, more than 40,000 inpatients, and delivered 1650 babies in the last 12 months. Services are provided from 17 sites across North East Victoria and Southern New South Wales.

There are 30 sub-acute beds, 95 mental health beds, five intensive care beds, seven operating theatres, and 117 general beds. Currently plans are underway for the expansion of the Albury Emergency Department and Specialist Clinics plus a new mental health rehabilitation residential service at the Wodonga campus. AWH also manages a range of community based residential facilities and community health centres.

ALBURY-WODONGA HEALTH

Basic Information

Albury and Wodonga are large regional centres located on either side of the picturesque Murray River, and a quick flight to Sydney and Melbourne. We are surrounded by a rural landscape which brings with it a range of tourist activities including the Rutherglen wine region, Milawa Fine Food trails and historic Beechworth. There is easy day access to the Falls Creek ski fields, Mount Hotham and Dinner Plain Resorts, not to mention the mountain biking trails of Mt Beauty, Yackandandah, Beechworth and Bright. For hiking enthusiasts we also sit close to Victoria's High Country, the Kosciuszko Alpine Region and Buffalo National Park. This stunning region offers a very family friendly lifestyle, affordable housing, great schools and Universities.

Reasons to Apply

At AWH, our JMOs are supported by their consultants and Registrars, who are readily accessible, and provide excellent learning opportunities and hands-on experiences. Strong day-to-day support, along with protected intern teaching and faculty specific education offering, make AWH the perfect place to kick start your career in medicine. AWH offers plenty of opportunity for ongoing training beyond internship, including our Regional/Metro Physician Pathway. This training pathway establishes a 3-year path for trainees to complete Basic Physician Training (BPT).

Contact Details

Rowena Gould
Manager - Junior Medical Staff
Email: Rowena.Gould@awh.org.au

ALFRED HEALTH

2025 Predicted Internship Positions: 72

Network Training Sites

The Alfred, Caulfield Hospital, Sandringham Hospital, Bethlehem Hospital

Rotations Available

The Alfred	Acute General Surgery Unit (AGSU), Breast/Endocrine Surgery, Burns, Cardiology, Colorectal Surgery, Dermatology, Emergency Medicine, Gastroenterology, General Medicine, General Surgery, Orthopaedics, Psychiatry, Orthopaedics, Radiology, Rehabilitation, Respiratory Medicine, Stroke, Trauma, Urology, Vascular Surgery
Caulfield Hospital	Aged Care Medicine, General Medicine
Sandringham Hospital	Acute General Surgery Unit (AGSU), General Medicine, General Surgery
Bethlehem Hospital	Neuro-Palliative Care, Palliative Care

Basic Information

The Alfred is a tertiary referral centre affiliated with Monash University Faculty of Medicine, and it is part of Alfred Health, which includes Caulfield Hospital and Sandringham Hospital. The hospital has over 398 adult inpatient beds, including 45 intensive care beds. It receives over 300,000 inpatient visits and more than 94,983 emergency department attendances annually. The Baker Medical Research Institute has strong links to The Alfred.

ALFRED HEALTH

Reasons to Apply

The Alfred Health provides Junior Medical Staff with the clinical experience, mentoring, education, training, and support needed to enhance their chosen medical career. The hospital has a reputation for service, training, and research. It offers renowned statewide services, such as a Trauma Centre with a helipad, Hyperbaric Medicine Service, Adult Cystic Fibrosis Unit, Heart Lung Transplant Service, Adult Burns Service, and an HIV/AIDS Service. Senior medical staff here are approachable and eager to assist. A formal mentoring program is also offered to JMOs and RMOs.

Contact Details

Medical Workforce Unit
Email: medicalrecruitment@alfred.org.au

AUSTIN HEALTH

2025 Predicted Internship Positions: 65

Network Training Sites

Austin Hospital, Heidelberg Repatriation Hospital, and Royal Talbot Hospital

Rotations Available

Rotations will align with the new PMCV framework being introduced in 2025 and include:

- Emergency*, General Medicine*, Endocrinology/Rheumatology, Gastroenterology, Liver Transplant Unit, Psychiatry, Spinal, Stroke/Neurology and Aged Care

For surgery, there are rotations in the following units:

- Breast, Colorectal, ENT, Hepatobiliary and Upper GI

*Also available at Echuca and Mildura

Basic Information

Austin Health is the major provider of tertiary health services, health professional education and research in the North East of Melbourne. Austin Health is world renowned for its research and specialist work in many fields of medicine and provides statewide services in liver transplantation, spinal cord injuries, respiratory support services, toxicology and paediatric mental health. We are also the centre for Veteran mental health services. Austin Health incorporates the Austin Hospital, Heidelberg Repatriation Hospital (HRH) and the Royal Talbot Rehabilitation Centre (RTRC) and is affiliated with eight universities, specifically the University of Melbourne Medical School for undergraduate and postgraduate medical education.

AUSTIN HEALTH

Reasons to Apply

Austin Health provides dedicated training time each week to interns through the Clinical Education Unit. The new Austin Tower possesses new HMO quarters, an extensive education precinct, and modern wards and facilities. A clinical skills lab is also situated on the Austin Hospital site, which provides hands-on training and simulated activities for all members of the healthcare team. The introduction of a new clinical information system at Austin with automated electronic inpatient and specialist clinic prescribing, drug administration, radiology, and pathology test ordering also eases patient management.

Contact Details

Simone Morgan
Medical Workforce Unit - Doctors in Training Manager (Acting)
Phone: (03) 9496 6813
Email: DITmanager@austin.org.au

BAIRNSDALE REGIONAL HEALTH SERVICE (VRGP)

2025 Predicted Internship Positions: 10*

*5 BRHS Mainstream positions; 5 Rural Generalist (RG1) positions
See separate Gippsland (VRGP) Listing

Network Training Sites

Bairnsdale Regional Health Service, Cunninghame Arm Medical Centre

Rotations Available

- General Surgery, General Medicine, Internal Medicine, Emergency Medicine, General Practice, Rehabilitation

Basic Information

Bairnsdale Regional Health Service is a multifaceted and growing regional health Service providing a comprehensive array of health care services to the East Gippsland community. Services provided include: Emergency Medicine, Acute and sub-acute care, Surgical services, Dialysis, Oncology, Palliative Care, Maternity services, Geriatric Evaluation and Management and Rehabilitation.

BRHS is driven by the vision to be an innovative leader in the health care field and provide outstanding person-centred services to our community.

The Bairnsdale region is the perfect base to explore the Gippsland Lakes, local rivers and beaches and the surrounding forests. There are many outdoor activities available locally including boating, surfing, camping and skiing. The region also boasts many wineries, breweries, markets and restaurants.

More information about the health service can be found on their website here.

BAIRNSDALE REGIONAL HEALTH SERVICE (VRGP)

Reasons to Apply

- Internships at BRHS offer an opportunity to experience rural medicine, working alongside general practitioners, visiting and staff specialists within a community focused hospital.
- One on one time with consultants and plenty of hands on experience
- More procedures, not just discharge summaries!
- Comprehensive, paid, week long orientation to assist all new interns to feel confident when starting their first rotation.
- Strong career pathways including the option for end to end training with RACGP and ACRRM
- Weekly education program plus access to all the extra Rural Generalist education sessions and opportunities
- Be part of a well supported program at a health service with a great culture in a stunning part of Australia.

Contact Details

Imogen Kelly
Medical Workforce Unit Manager
Phone: (03) 5150 3356
Email: imogen.kelly@brhs.com.au

BARWON HEALTH

2025 Predicted Internship Positions: 45

Network Training Sites

University Hospital Geelong, South West Healthcare (Warrnambool Campus), Hamilton Base Hospital, Colac Hospital, Ballarat Hospital, St John of God (Geelong/Warrnambool

Rotations Available

General Medicine, General Surgery, Emergency Medicine, Orthopaedics, Psychiatry, Rehabilitation, Urology, Vascular Surgery
Rural rotations: South West Healthcare (Warrnambool), Western District Health Service (Hamilton)

Basic Information

Barwon Health is the largest Regional Health Service provider in Victoria. It offers an extensive range of general and specialist hospital, rehabilitation, residential and community services to the Geelong community and an increasing number of residents across the Barwon South-Western region. Barwon Health has over 1,000 beds, a budget in excess of $800 million and a workforce of just over 7,000 staff.

Barwon Health University Hospital Geelong is a 488-acute bed teaching hospital affiliated with The Deakin University Medical School. This is inclusive of 32 Acute Mental Health beds, Obstetrics, and Paediatrics. There are Professorial Departments of Medicine, Surgery and Psychiatry. The hospital positions are accredited for basic and many advanced training programs.

Barwon Health runs a comprehensive prevocational training program for new medical graduates at the Intern, HMO2, HMO3 and lead-in training for many of the vocational training programs in most specialties, inclusive of a GP rural generalist pathway.

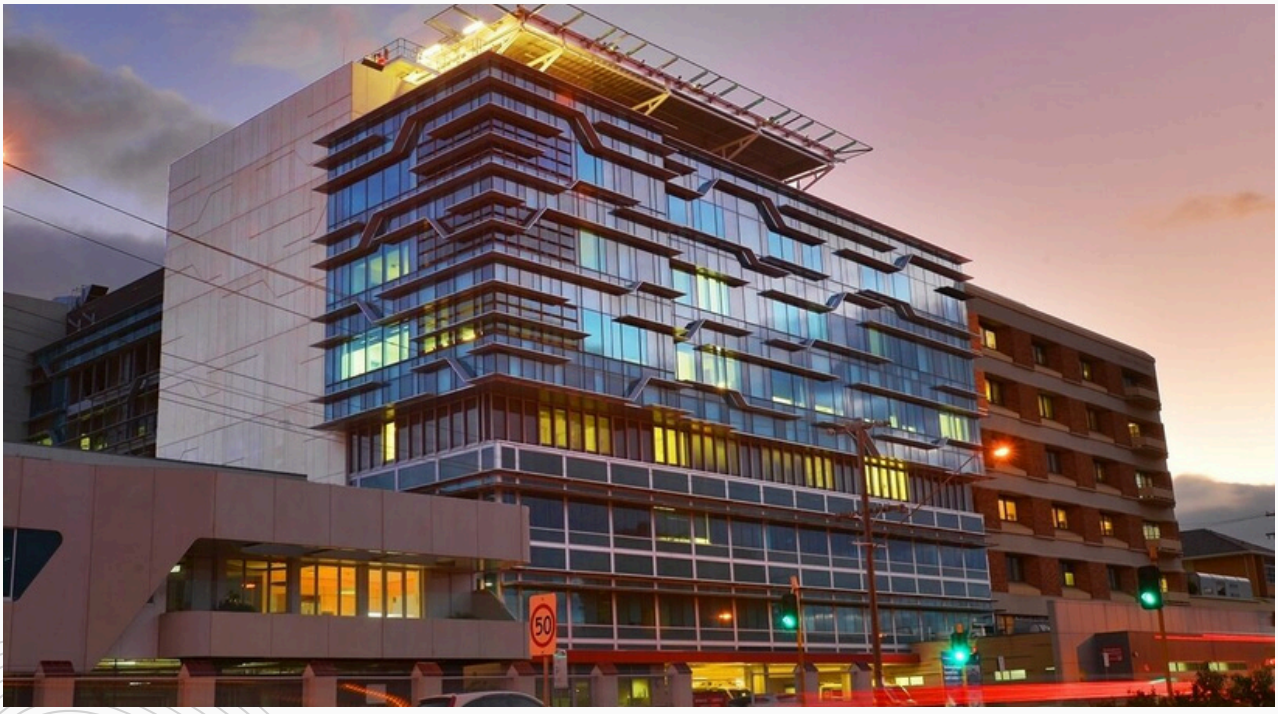
For more information, see the Barwon Health Intern Program Information Booklet here.

BARWON HEALTH

Reasons to Apply

Barwon Health is one of Victoria's busiest public health teaching services and the second-largest provider of teaching to medical students in the state, based on placement activity. The keys to Barwon Health's ability to provide a rewarding career include the quality of our teaching, our workforce development and our reputation as an employer of choice for new graduates.

At Barwon Health we aim to provide a best-practice environment for education and training which values learners and educators. We are actively engaged in research and academic activity and have strong affiliations with Deakin University, whose medical school is co-located on site with University Hospital Geelong. Barwon Health provides clinical education and training to the future and current workforce in our region. Quality learning experiences for students and staff occurs across the breadth of our acute, rehabilitation, community, aged care, drug and alcohol services, and mental health sites and programs.



Contact Details

Medical Workforce Unit
Phone: (03) 4215 0891
Email: medicalworkforceunit@barwonhealth.org.au

BARWON SOUTH WEST (VRGP)

2025 Predicted Internship Positions: 5

Network Training Sites

South West Healthcare (Warrnambool)

Rotations Available

- General Medicine. General Surgery, Psychiatry, Emergency Medicine, Sub-Acute (Geriatrics/Rehab), General Practice

Basic Information

The region encompasses Geelong to Colac and out to the Great Ocean Road. The region is renowned for its farms and beautiful coastline, national parks and Aboriginal cultural heritage sites. The region offers an innovative training program focusing on rural and community medicine. There is a strong emphasis on medical education, which is provided through tutorials, case presentations, and education in association with the Western Victoria Rural Training Hub. The program is extremely supportive to junior doctors, providing training support and mentorships.

All of the positions are based at South West Healthcare in Warrnambool. A snapshot of the benefits of being in a VRGP position is experience in General Practice at the Western Regional Alcohol and Drug Centre, support from the Regional Coordinator & VRGP Clinical Leads and the benefit of being on a Nationally recognised pathway.

Contact Details

Anna Dyson
Barwon South West Regional Coordinator
Email: south.west@vicruralgeneralist.com.au

BENDIGO HEALTH

2025 Internship Positions: 40

Network Training Sites

Austin Health, Eastern Health, Royal Children's Hospital, Alfred Hospital, St Vincent's Hospital, Barwon Health. With a strong culture of education, Bendigo Health enjoys partnerships with La Trobe University and Monash University

Rotations Available

- General Medicine, General Surgery, Emergency Medicine, General Medicine, Orthopaedics, Rehabilitation, Geriatrics, Medical Oncology, Urology, Psychiatry, Echuca (Emergency and General Medicine), Cardiology, Renal, Orthogeriatrics

Basic Information

Bendigo Health is the largest employer in the region with more than 5,000 staff and 300 volunteers. Bendigo Health Care Group (commonly known as Bendigo Health), is an expanding regional health service offering the advantages of city life combined with the beauty and freedom that comes from living in a regional area.

Bendigo Health recently moved into a brand new world class hospital, the largest regional hospital in Victoria. It features 372 inpatient beds, 72 same-day acute beds, an 80 bed integrated psychiatric inpatient unit (including a parent-infant unit), 11 operating theatres, a regional integrated Cancer Centre, a 110 place childcare centre, a 128 room accommodation facility, as well as retail shops and cafes. There is also a multi-storey car park, a conference facility and a helipad. The organisation provides services in emergency, maternity, women's health, medical imaging, pathology, rehabilitation, community services, residential aged care, psychiatric care, community dental, hospice/ palliative care, cardiology, cancer services and renal dialysis to the people of the Loddon Mallee region.

BENDIGO HEALTH

Reasons to Apply

- Good specialist medical rotations available at the intern level and great opportunities for Rural Generalist career pathway and training
- Very good exposure to clinical procedures
- Plenty of hands on experience and one-on-one time with Consultants
- Lots of paediatric experience during your Emergency and Surgery terms
- Weekly education opportunities; new hospital providing world-class health
- Opportunity to be involved in the professionalism program for junior doctors
- Great culture amongst junior doctors; strong HMO Society with regular social events
- Accommodation provided; located only a 5 minute walk from Hospital
- Job opportunities for HMO2 and beyond including Surgical, BPT GP pathway

Contact Details

Kylie Ayres
Recruitment Support Coordinator
Email: jmorecruitment@bendigohealth.org.au

EASTERN HEALTH

2025 Internship Positions: 70

Network Training Sites

Angliss Hospital, Box Hill Hospital, Maroondah Hospital, Peter James Centre, Wantirna Health, Bairnsdale Regional Health Service

Rotations Available

All acute sites provide rotations in General Medicine, General Surgery and Emergency Medicine. Other rotations include Aged care, Rehabilitation, Renal medicine, Orthopaedics and Psychiatry (which includes Adult inpatient unit, Adolescent inpatient unit, Aged care psychiatry or Consultation liaison service rotations). Our rural partner is Bairnsdale Regional Health Service. See here for list of rotations offered in 2024.

Basic Information

Eastern Health is one of Melbourne's largest metropolitan health services. We provide a range of Emergency, Medical, Surgical, Mental Health and Women's and Children's services to Melbourne's diverse eastern community. We provide services for more than 800,000 people across an area of approximately 2,800 square kilometres. As an Intern at Eastern Health you will have the advantage of a large network of hospitals to work in, a broad case mix of patients and clinical services available to assist your ongoing training. We have an active education and research focus and strong affiliations with some of Australia's top universities and educational institutions

Eastern Health was the first health service to win the Victorian Premier's Metropolitan Service of the year in 2013, and again in 2014. With our new Strategic Plan 2022-2025 states "that we are working together to a healthier 2025 and notes that - together we enable the success of our people, we deliver the best healthcare experience and outcomes. we create and come together in spaces that are safe and welcoming and that we are working together we continuously improve our resources deployment" we have an exciting future.

EASTERN HEALTH

Reasons to Apply

- Eastern Health is well known as a friendly and supportive place to work
- A friendly and approachable Medical Workforce Unit
- Eastern Health prides itself on its comprehensive intern orientation program conducted over 5 days and includes a 2 day immersion experience
- The health service has a high quality postgraduate medical education program and is committed to providing a great learning experience for its Junior Medical Staff; with support from senior clinicians throughout the service, the Postgraduate Medical Education Unit - Medical Education Officers (MEO's) and Supervisors of Junior Doctor Training (SJDT)
- At Eastern Health, there is a range of learning opportunities for Junior Medical Staff such as Grand Rounds, case meetings, weekly Intern tutorial program and its own medical podcast called "Thrive"
- Throughout the network there is access to Clinicians Health Channel, online library services and various other internet-based resources

Contact Details

Medical Workforce
Phone: (03) 9895 3469
Email: DocsGoEast@easternhealth.org.au

ECHUCA REGIONAL HEALTH (VRGP)

2025 Internship Positions: 5

Network Training Sites

Echuca Regional Health, Echuca Moama Family Medical Practice

Rotations Available

Emergency Medicine, General Surgery, General Medicine, Rehabilitation, Aged Care, Palliative Care Medicine (RAP), General Practice Placement based at Echuca Moama Family Medical Practice

Basic Information

Echuca Regional Health (ERH) is a modern 113-bed outer regional health service which provides Emergency, Medical, High Dependency, Surgical, Obstetric, Paediatric, Rehabilitation, Geriatric Evaluation & Management and Palliative Care services to Echuca/Moama and surrounding communities. ERH also provides extensive outpatient services, including chemotherapy, dialysis and dental services. ERH was awarded the Premier's Medium Health Service of the Year in 2018 and is the designated hub for the Victorian Rural Generalist Program Training in the Loddon Mallee region.

ERH lies in the town of Echuca and across the Murray River from its NSW counterpart, Moama. Echuca/Moama is a thriving and historic riverside community, popular for its paddle steamers, water sports, wineries, culinary offerings, family and bush activities. It hosts multiple festivals every year, including the world famous Southern 80 ski race. Echuca/Moama is also popular with young families and retirees because of its diversity, infrastructure and social supports. Echuca/Moama is approximately 2.5 hours from Melbourne and is accessible by both rail and bus.

See here for more information.

ECHUCA REGIONAL HEALTH (VRGP)

Reasons to Apply

- Interns work in a supportive sub-regional hospital environment. Clinical supervisors and educators support a small team of junior medical officers, so they get to know you personally
- Comprehensive orientation provided for each term, including access to e-learning programs
- The broad based experience available through the Echuca Intern Network provides an ideal generalist grounding, whatever a doctor's future career aspirations may be.
- No night shifts for Interns, and on-site accommodation is available
- Echuca-Moama is a vibrant and attractive tourist destination on the Murray River. Relax and enjoy the abundant indoor and outdoor activities, many within easy walking distance

Contact Details

Kath Creme
Medical Workforce Unit Manager
Email: medicalworkforceunit@erh.org.au

GIPPSLAND (VRGP)

2025 Predicted Internship Positions: 5

Network Training Sites

Bairnsdale Regional Health Service, Macleod St Medical Centre, Cunninghame Arm Medical Centre

Rotations Available

- General Medicine, General Surgery, Emergency Medicine, General Practice (20-week extended community-based rotation)

Basic Information

The Victorian Rural Generalist Gippsland Program is a joined up, innovative and collaborative approach to rural medical training. Designed and delivered cooperatively by our regional health partners and rural generalists, the program offers a tailored and flexible training experience in one of the most beautiful regions of Victoria. The program offers interns an ideal opportunity to experience life as a rural generalist whilst working in extended general practice and a supportive sub-regional hospital environment. As part of a smaller team interns are not just a number – they are known, respected and advocated for by supervisors and support staff alike. The local VRGP team works closely with interns to manage and plan their journey to meet the health needs of rural communities through priority access to advanced skills training and education. Interns also benefit from significant exposure to clinical procedures both in their community placements and during their core hospital terms.

Reasons to Apply

- Twelve months in the same rural hospital, general practice and community
- Frequent and direct access to rural generalists, supervisors, specialists and consultants
- A comprehensive hospital delivered weekly education program
- PLUS monthly RG1 education evenings (paid, protected teaching time) that includes debriefing, dinner and high quality, relevant education. Sessions include Ultrasound, Paediatrics, Obstetrics, Plastering etc.
- PLUS those staying on for their second year are funded to attend the ACRRM Rural Emergency Skills Training (REST) course or equivalent during their internship year

GIPPSLAND (VRGP)

Reasons to Apply

- A comprehensive orientation week that prioritises opportunities to learn from, and network with the previous intern group;
- Lots of hands-on work with excellent exposure to a broad range of clinical experiences
- Excellent career pathways and opportunities with access to career guidance and counselling;
- Parallel consulting during community practice
- Rural generalist pathways that meet GP training requirements and align to Advanced Skills disciplines such as Emergency Medicine, O&G, Anaesthetics, Paediatrics, Palliative Care and adult internal medicine
- Employee salary packaging with eligibility for generous remote area benefits (including rent and living expenses) plus interns in the program can apply for the Victorian Rural Medical Scholarship (VRMS) scheme, which offers $20,000 scholarships to eligible final year medical students in Victoria
- Dedicated RG1 Program Manager to support interns throughout their year
- Great work/life balance with stunning beaches, rivers, national parks, ski fields and the high country all in easy reach.

Contact Details

Sam Scott
RG1 Gippsland Program Manager
Phone: (03) 5150 3448
Email: samantha.scott@brhs.com.au

GIPPSLAND RURAL INTERNSHIP PROGRAM (GRIT)

2025 Predicted Internship Positions: 31

Network Training Sites

Central Gippsland Health Service, Latrobe Regional Hospital, West Gippsland Healthcare Group

Rotations Available

Anaesthetics (LRH), Emergency (LRH, CGH, WGHG), Geriatric Evaluative Medicine (LRH), Medicine (LRH, CGH, WGHG), Mental Health (LRH), Oncology (LRH), Orthopaedics (LRH), Surgery (LRH, CGH, WGHG), General Practice (Heyfield Medical Centre, United Medical Moe and Leongatha Healthcare)

Basic Information

Latrobe Regional Hospital is Gippsland's specialist referral and trauma centre. We are a purpose-built teaching hospital caring for a population of more than 260,000 people. We offer medical services such as elective surgery, emergency care, aged care, obstetrics, paediatrics, mental health, pharmacy, rehabilitation and medical and radiation oncology.

CGH is responsible for all acute and residential aged care as well as a wide range of community care services throughout Wellington Shire, excluding Yarram district. The organisation now has 110 acute beds, 209 nursing home and hostel beds, 89 independent living units, more than 1,160 staff members occupying more than 660 EFT positions, is supported by more than 1,000 volunteers and has total revenues of more than $36 million.

WGHG provides acute medical and surgical, obstetric, paediatric, emergency, community and aged care services, primarily in the Shire of Baw Baw, approximately 100kms east of Melbourne. WGHG has health service delivery responsibilities across a mixture of rural, urban residential and agricultural areas located within the Shire of Baw Baw, and draws clientele from the peripheral east and west of the shire.

GIPPSLAND RURAL INTERNSHIP PROGRAM (GRIT)

Reasons to Apply

- Single subsidised accommodation is available for the entire internship
- There is an active education program. Education consists of bedside tuition, weekly lunchtime lectures, discussion groups and grand rounds conducted by both visiting and salaried medical staff and routine clinical meetings open to all practitioners in the district
- Great consultant supervision and access to senior support across all disciplines
- Exceptional intern teaching programme and access to simulation training
- Interesting work including access to procedures
- Friendly team-based care

Contact Details

Medical Workforce Unit
Email: medicalworkforceunit@lrh.com.au

GOULBURN VALLEY HEALTH

2025 Predicted Internship Positions: 32

Network Training Sites

Shepparton Regional Hospital

Rotations Available

Anaesthetics, Emergency Medicine, General Medicine, General Surgery or Orthopaedic Surgery, Geriatric Medicine, Hospital in the Home (HITH), Oncology, Psychiatry, Rehabilitation Medicine, Reliever

Basic Information

The hospital is situated in the City of Shepparton and serves as the Base Hospital to a region including the Goulburn Valley and extending over the border into New South Wales (population approximately 160,000). Goulburn Valley Health is a 280-bed acute and extended care facility. It has two smaller sites at Rushworth and Tatura with acute and aged care beds.

The University of Melbourne is affiliated with Goulburn Valley Health, and has established a School of Rural Health for medical and nursing undergraduates in purpose built facilities, located across the road from the main hospital.

At GV Health we are so much more than a regional health service. As the largest employer in the region, we work with purpose and pride and are committed to respecting and embracing diversity, inclusion and accessibility for our people and community. It is an exciting time to join our GV Health team! We are currently in the midst of an exciting $229 million transformation of our Graham Street site, which comprises a five-storey Inpatient Unit building, expansion of our current theatre capacity, new Critical Care Unit, a state-of-the-art Dialysis Unit and an extension of the current Emergency Department.

For more information about the 2024 Match, see here.

GOULBURN VALLEY HEALTH

Reasons to Apply

GV Health offers a terrific alternative to practising medicine in the city, with roles and clinical pathways providing the best of both worlds; great career opportunities combined with a wonderful regional lifestyle, just under two hours from Melbourne. As a member of a team you will:

- Work in a brand new $229 million Inpatient Unit with state-of-the-art technology and facilities
- Be exposed to a range of diverse career pathways
- Have opportunities to work within a range of evidence-based and client-centred settings including emergency, acute, subacute and community
- Experience challenging and interesting work
- Have access to ongoing professional development opportunities supported by experienced colleagues

Our interns are exposed to a wide range of pathologies and provided great opportunities in education and training.

Contact Details

Medical Workforce Department
Phone: (03) 4804 4323
Email: intern@gvhealth.org.au

GRAMPIANS (VRGP)

2025 Predicted Internship Positions: 6+3*

*Additional 3 positions available through Junior Doctors Training Program

Network Training Sites

East Grampians Health Service, St John of God Ballarat Hospital, Maryborough District Health Service, Clarendon Medical Centre (Maryborough), Nightingale Clinic (Maryborough) and Ararat Medical Centre

Rotations Available

- Emergency, General Medicine, Surgery, General Practice, including work at the local hospital and aged care facilities

Basic Information

The Grampians Rural Generalist Intern Year is a partnership between East Grampians Health Service (Ararat), St John of God Ballarat Hospital and Maryborough District Health Service. It is a community-based intern program where the Intern can gain relevant and thoroughly hands-on experience in the roles and procedures of the rural doctor. The program provides the opportunity for career progression from undergraduate to a General Practitioner or a specialist registrar.

The program is designed to create a strong basis for a rural medical career whilst also developing skills transferable to metropolitan practice. This is an innovative model which provides participants exposure to both public and private health services and regional and rural locations. The core medical and emergency terms will be at St John of God Ballarat Hospital. Core surgical terms will occur at East Grampians Health Service and Maryborough District Health Service. Surgical terms will include daily sessions in theatre and significant exposure to anaesthetics. General Practice terms will occur at Clarendon Medical Centre (Maryborough) and Nightingale Clinic (Maryborough) and the Ararat Medical Centre

GRAMPIANS (VRGP)

Reasons to Apply

The internship will include:

- Supervision by highly qualified and experienced specialists and general practitioners
- Access to mentoring and career counselling
- A diverse education and training program including a formal lecture and seminar program, grand rounds, bedside training, clinical simulation, journal club, skills workshop, participation in clinical and governance meetings, participation in quality improvement activities and access to library facilities and information technology to ensure the completion of all the components of the AMC Intern Training
- Curriculum Framework for Junior Doctors
- A comprehensive orientation program including unit handbooks and resources
- Regular feedback, assessment and rotation evaluation
- Accommodation is provided at all locations

Contact Details

Kim Lane
Grampians RG Coordinator
Email: Grampians@vicruralgeneralist.com.au or kim.lane@eghs.net.au

GRAMPIANS HEALTH BALLARAT

2025 Predicted Internship Positions: 34

Network Training Sites

Ballarat Base Hospital, Queen Elizabeth Centre (Subacute)

Rotations Available

Each Intern will complete five rotations that meet the requirements of the AMC National Framework for Prevocational Medical Training:
General Medicine, General Surgery, Emergency Medicine, Geriatrics, Rehabilitation, Cardiology, Gastroenterology, Orthopaedics, ENT

Basic Information

Ballarat Health Services is the major provider of hospital and healthcare services in Western Victoria. Ballarat Health Services was formed in 1997 through the merger of the Base Hospital (acute medical, surgical, obstetric, paediatric, critical care and emergency services) Queen Elizabeth Centre (aged care, rehabilitation and palliative care), and Grampians Psychiatric Services (acute, aged and community psychiatric services). Ballarat Health Services provides services to a regional population of 200,000 people. Ballarat Health Services is comprised of approximately 370 acute beds (including 8 ICU/CCU beds, 23 ED beds, 3 resuscitation bays, 67 acute mental health beds), and 525 residential care and rehabilitation beds.

You will be a highly valued member of the team with excellent consultant contact time and high expectations with respect to your medical education and skills development. Our senior medical staff are committed to providing training opportunities and support career development of Prevocational Doctors (PVDs). At Grampians Health Ballarat we see diverse medicine. We are large enough to deal with complex and high acuity patients.

GRAMPIANS (VRGP)

Reasons to Apply

Interns receive an intensive orientation program. Weekly intern training (paid and protected time) takes place on a Thursday evening and is guided by the Australian Curriculum Framework for Junior Doctors. All interns receive BLS training early. HMO training is a combination of formal lectures (including regular grand round presentations), bedside teaching, unit-specific teaching (M&M meetings, pathology and radiology meetings, multidisciplinary meetings), and online resources and guides. A mentoring program is also available to interested Interns.

Completing your Intern year at Ballarat Health Services will ensure that you experience hands-on learning in a supportive and well-supervised environment. You will have excellent consultant contact time, and high expectations with respect to your medical education and skills development. Our senior medical staff are committed to providing training opportunities and supporting the career development of junior doctors.

Ballarat is a historic provincial city just an 80-minute drive from Melbourne. It offers great lifestyle opportunities, and living is cheaper than in the metropolitan areas.

Contact Details

Medical Workforce
Phone: (03) 5320 6858
Email: medwork@gh.org.au

LODDON MALLEE (VRGP)

2025 Predicted Internship Positions: 5

Network Training Sites

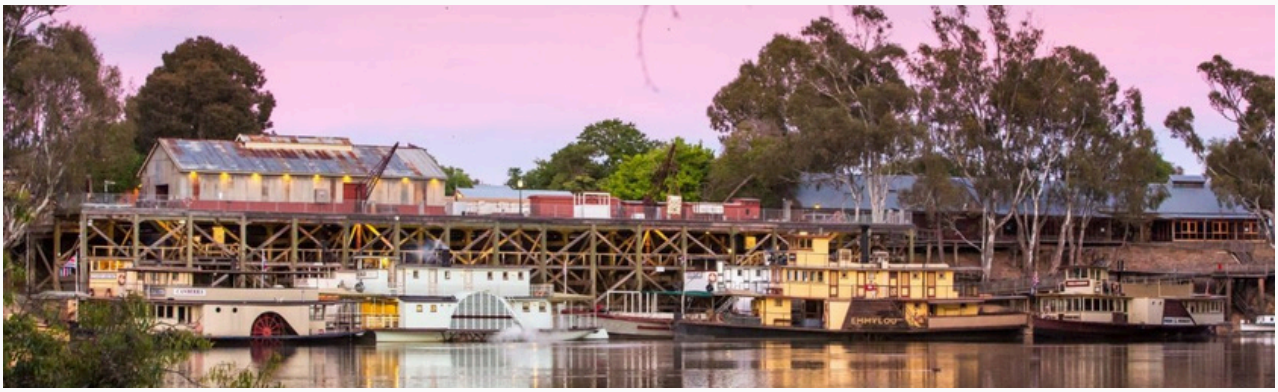
Echuca Regional Health, Swan Hill (RG2), Bendigo (RG2), Mildura (RG2)

Rotations Available

- Emergency Medicine, General Surgery, General Medicine, Rehabilitation, Aged Care, Palliative Care Medicine, General Practice Placement based at Echuca Moama Family Medical Practice

Basic Information

The Loddon Mallee region occupies more than a quarter of Victoria and is one of the most consistently warm climates of the state. The region is renowned for its waterways, restaurants, wineries, heritage towns and grand forests. The Loddon Mallee region has long-standing close relationships with larger hospitals in Bendigo and Mildura and smaller health services and GP clinics. The Loddon Mallee Region works closely with Melbourne University and Monash University, Murray City Country Coast GP Training, Murray Primary Health Network, General Practices and other key health services to support the needs of trainees and the region.



Contact Details

Craig Canham
Loddon Mallee RG Coordinator
Email: Loddonmallee@vicruralgeneralist.com.au

MELBOURNE HEALTH

2025 Predicted Internship Positions: 79

Network Training Sites

The Royal Melbourne Hospital, The Royal Park Campus, The Royal Women's Hospital, Ballarat Base Hospital, Wangaratta District Base, Western/Wimmera Base Hospital

Rotations Available

Royal Melbourne Hospital	Acute Aged Care (ACE), Breast and Endocrine Surgery, Colorectal Surgery, Emergency General Surgery (EGS), Emergency Medicine, Endocrine Surgery, Endocrinology, Gastroenterology, General Medicine, Hepatobiliary & Upper GI Surgery, Hepatobiliary Surgery, Infectious Diseases (VIDS), Leave Cover, Nephrology, Neuropsychiatry/Eating Disorders, Orthopaedic Surgery, Palliative Care, Psychiatry, Respiratory Medicine, Rheumatology, Stroke Medicine, Transplant Surgery (NEPS), Trauma, Urology
Wimmera Base Hospital	Anaesthetics, General Medicine Evenings, General Medicine/Subacute, General Surgery, Obstetrics
Northeast Health Wangaratta	Emergency Medicine, General Surgery
Royal Women's Hospital	Emergency (Women's), Gynaecology Oncology
Ballarat Base Hospital	Urology

MELBOURNE HEALTH

Basic Information

The Royal Melbourne Hospital (RMH) began in 1848 as Victoria's first public hospital. And while we only had 10 beds to our name, we had the community of Melbourne behind us, and we were ready to provide the best possible care for those in need. Since those early years, we've moved forward with purpose. Always at the forefront, leading the way on improving the quality of life for all.

Today the RMH is one of the largest health providers in the state, providing a comprehensive range of specialist medical, surgical, and mental health services; as well as rehabilitation, aged care, outpatient and community programs. Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing. As a leader in clinical teaching and training, we also look to shape the healthcare and research leaders of the future in collaboration with our teaching and training partners.

We have strong relationships with leading academic institutions across clinical specialties for undergraduate students, staff, post-graduate students and external health professionals. Our enduring partnership with The University of Melbourne has been in place for over 150 years.

Reasons to Apply

At RMH we're inspired by our vision of advancing health for everyone, every day. While we're each going about our different roles, we're united by a shared understanding of the way we do things around here. We call it The Melbourne Way. We put people first — leading with kindness and working together, we excel as one Royal Melbourne Hospital.

- A Safety Culture Program- a program aimed at responding to a call for action, designed to build our safety culture and professional accountability, and help the organisation to deliver safe, reliable and quality care. We are pioneering the way in Asia Pacific, implementing the program in partnership with the Cognitive Institute, an international provider of healthcare education for doctors, nurses and allied health professionals

MELBOURNE HEALTH

Reasons to Apply

- Support from the Supervisor of Intern Training, term supervisors, Medical Workforce and Education team, and the RMO society
- A mentoring program to help you transition into your role and hit the ground running. The aim is for mentor and mentee to draw on their similar knowledge, rank, experiences and emotional and social reciprocity, thereby, enabling the founding of a mutually supportive and empowering collaborative relationship. The program has a universal goal of embracing a learning community which breaks down isolation and leads Mentor and Mentee on a pathway of self-discovery

Contact Details

Melissa Dixon
Medical Workforce Manager – Doctors in Training
Email: DITRecruitment@mh.org.au

MERCY HEALTH

2025 Predicted Internship Positions: 20

Network Training Sites

Mercy Hospital Werribee

Rotations Available

- General Medicine, General Surgery/Orthopaedics, Emergency Medicine, Intensive Care, Geriatrics, Palliative Care, Psychiatry, Obstetrics & Gynaecology & Paediatrics

Basic Information

Werribee Mercy Hospital is a General Public Hospital located in the rapidly growing western suburbs of Melbourne. Our services include surgical, medical, maternity, newborn, renal dialysis, emergency, mental health, rehabilitation, aged and palliative care. The hospital has recently undergone significant expansion with the opening of our new intensive care unit, additional operating theatres and the opening of two new wards, taking the total number of beds to 298.

Join us now and be part of our team as we expand to serve our community.

Mercy Health is a Catholic organisation grounded in a 2,000-year tradition of caring for others. Founded by the Sisters of Mercy, Mercy Health is made up of more than 9,500 people who provide acute and subacute hospital care, aged care, mental health programs, maternity and specialist women's health services, early parenting services, home care services and health worker training and development.

Mercy Health is proud to be recognised as an Employer of Choice for Gender Equality by the WGEA.

At Werribee Mercy we aim to provide a best practice environment for education and training which values learners and educators. We are actively engaged in research and academic activity and have strong affiliations with University of Notre Dame, whose medical school is co-located on site.

MERCY HEALTH

Reasons to Apply

Mercy Health prides itself on its collegial atmosphere and its values-based culture. Many benefits are seen when working at Mercy Health which include:

- Salary packaging benefits
- Embracing diversity within our workforce and patient population
- Supportive Consultants
- Lots of paediatric experience in Paediatrics, Emergency & Surgery units
- Weekly Education Opportunities
- JMO Society (New in 2024)
- Opportunities for training in BPT, Surgical & GP Pathways

What we offer

Mercy Health recognises that many people want to work somewhere that is more than 'just a job.' At Mercy Health, we pride ourselves on our values based culture, and offer a generous range of benefits to support you to maintain a healthy work/life balance. These include:

- Opportunity to purchase additional leave
- Health and Wellbeing programs; Camp Australia School Holiday Program
- Career progression and development opportunities
- A range of discounts available across a diverse portfolio of financial, healthcare, travel and other services

We focus on caring for our staff members and those important to them. We support all staff to be their authentic selves at work through Whole Self @ Mercy Health - our network group for LGBTIQ staff and allies.

Mercy Health we pride ourselves on embracing diversity and foster an inclusive culture where individual differences are respected and celebrated. We encourage applications from people of all ages, abilities and cultural backgrounds including Aboriginal and/or Torres Strait Islander Peoples. Mercy Health is committed to the safety of all children across our services. We recognise the importance of listening to the voice of children and have a zero tolerance of any form of child abuse.

Contact Details

Carolyn Ward
Director - Medical Workforce Unit
Email: JMS-Enquiries@mercy.com.au

MILDURA HEALTH

2025 Predicted Internship Positions: 10

Network Training Sites

Mildura Base Public Hospital

Rotations Available

- General Medicine, General Surgery, Emergency, Psychiatry, Orthopaedics, Anaesthetics, Paediatrics

Basic Information

Mildura Base Public Hospital (MBPH) is offering a unique opportunity to join our dynamic team, your chance to combine lifestyle with a medical role working in a positive and progressive regional hospital.

The Mildura Base Public Hospital is a 172 bed (Level 1) tertiary teaching organisation driven by a genuine focus is on providing a patient centred approach to care when members of our community are at their most vulnerable and delivering exceptional care for our catchment area of over 80,000. With this focus guiding the functioning of our organisation on a day to day basis in line with our HEART values we have established a work environment in which there are greater levels of employee engagement and professional development than ever seen before. Our workforce of over 1250 employees are committed to providing a service to our community 24/7 which will have long lasting positive outcomes.

Located on the iconic Murray River, Mildura is one of regional Australia's most diverse and flourishing regional cities. Offering a Mediterranean climate and relaxed lifestyle, Mildura boasts a busy airport with direct flights into a number of metropolitan cities every day. Experience the large variety of restaurants, some of the regions many wineries or take a drive to World Heritage listed Mungo National Park. The region offers great educational opportunities for all ages, including a campus of La Trobe University. Monash Rural Health maintain a campus in Mildura with medical students training at MBPH.

MILDURA HEALTH

Reasons to Apply

Our internship programme is highly regarded for its hands-on experience and excellent consultant contact time, with protected formal tutorial sessions weekly and numerous opportunities for informal teaching (face-to-face). With our expanding Medical Education team, we are poised for even greater success in providing high-quality education to our medical workforce. The hospital and senior staff have a strong philosophy of supporting the career development of junior doctors. In 2025 this will be further facilitated by the offering of 2-year internship contracts to provide an opportunity of continuity of training and pursuit of subsequent vocational training programs and positions.

There are currently ten intern positions at Mildura Base Public Hospital with seconded doctors from other hospitals. Each intern will complete five rotations including three core term rotations, with unique opportunities to complete rotations in anaesthetics / pain services, paediatrics and dedicated peri-operative exposure in the surgical rotation.

As an intern at MBPH you will get:

- Hands on experiences and excellent consultant time
- Protected formal tutorial sessions
- Exposure through PGY1 + PGY2 to:
  - Community & Primary Care
  - Anaesthetics / Pain Management / Intensive Care Unit
  - Child and Youth Health
  - Mental Health
  - General Surgery / Pre-operative
  - General Medicine / Oncology / Nephrology / Geriatrics
  - Orthopaedics
  - Emergency Medicine
  - Women's Health

Contact Details

Teresa Boylan-Kelly
Medical Workforce Manager
Phone: (03) 5022 3333
Email: TBoylan-Kelly@mbph.org.au

MONASH HEALTH

2025 Predicted Internship Positions: 124

Network Training Sites

Monash Medical Centre, Moorabbin Hospital, Dandenong Hospital, Casey Hospital, Kingston Centre, Mildura Base Hospital (Ramsay Health), West Gippsland Healthcare Group (Warragul), Bass Coast Regional Hospital (Wonthaggi)

Rotations Available

Emergency Medicine Rotations: Paediatric Emergency Medicine, Monash Medical Centre Clayton (non-core) Monash Medical Centre Clayton Dandenong Hospital Casey Hospital Mildura Hospital Bass Coast Regional Hospital (Wonthaggi)	**Medicine Rotations:** General Medicine, Monash Medical Centre Clayton General Medicine, Dandenong Hospital General Medicine, Casey Hospital General Medicine, Mildura Hospital General Medicine, West Gippsland Hospital
Surgery Rotations: General Surgery, Monash Medical Centre Clayton General Surgery, Dandenong Hospital General Surgery, Casey Hospital General Surgery, West Gippsland Hospital General Surgery, Mildura Hospital Surgery, Monash Medical Centre Clayton Colorectal Surgery, Dandenong Hospital Orthopaedic Surgery, Dandenong Hospital Vascular Surgery, Monash Medical Centre Clayton	**Elective (Non-Core) Rotations:** Dermatology, Monash Medical Centre Clayton Paediatric Emergency Medicine, Monash Medical Centre Clayton Gastroenterology, Monash Medical Centre Clayton Mental Health, Monash Medical Centre Clayton, Casey, Dandenong & Kingston Palliative Care, Monash Medical Centre Clayton Diagnostic Imaging, Monash Medical Centre Clayton Infectious Diseases, Monash Medical Centre Clayton Neurology/Stroke, Monash Medical Centre Clayton Breast Surgery, Monash Medical Centre Moorabbin Plastic Surgery, Dandenong Hospital Geriatric Medicine, Kingston Centre Urology, Casey Hospital

MONASH HEALTH

Basic Information

If you want to kickstart your Medical Career, join our team at Monash Health. We are the only healthcare ranked as one of the best workplaces to grow your career in LinkedIn Australia's 2022 Top Companies List.

Monash Health is Victoria's largest and most comprehensive public health service. We provide safe, high-quality care across the entire lifespan, from pre-birth to end-of-life.

The breadth of our services and specialities means we can offer a truly unique career experience, with a range of training pathways that can be tailored to suit your future.

At Monash Health, we care deeply about the community we serve and about one another. Every year, we provide over 3 million episodes of care to our community in south-eastern metropolitan Melbourne and rural Victoria from over 40 locations, via telehealth, and in communities and homes.

With close ties to leading universities, Monash Health is a hub for research and academic excellence where internationally recognised studies are translated to clinical improvements. We recently opened Australia's first dedicated cardiac care facility, the Victorian Heart Hospital, which is located at Monash University's Clayton campus.

We are one of Australia's fastest-growing health services and are working to continuously improve the services and facilities available to our community. Our Clayton Emergency Department, located at the Monash Medical Centre and alongside the Monash Children's Hospital, recently completed a state-of-the-art redevelopment. Our Obstetric services, which help to deliver over 10,000 babies every year, recently expanded to include Sandringham Hospital.

We're committed to being a fair, equitable and non-discriminatory workplace that maximises the talent, potential and contribution of all employees. When you join our team, you'll be supported with a healthy, balanced lifestyle and a range of employee benefits and salary packaging options to best suit you.

MONASH HEALTH

Reasons to Apply

- There is a close working relationship between the allied rural hospitals and Monash Health sites
- There is a Director of Clinical Training at each Hospital site
- College accredited posts for relevant colleges and training programs
- We encourage participation in the wider hospital structure including participating on committees, undertaking research, mentoring and teaching students etc
- Assistance/ support provided to attend courses for basic training
- Flexible rostering to take into account career and personal needs
- We have gyms, car parking, educational and research precincts, HMO lounges, access to library facilities and education based at each Hospital site

Contact Details

Monash Doctors
Phone: (03) 9594 2547
Email: monashdoctors_recruitment@monashhealth.org

MURRAY TO THE MOUNTAINS (VRGP)

2025 Predicted Internship Positions: 15*

*Apply to M2M via two streams:

Hume M2M (Northeast Health Wangaratta): 10 positions

Hume M2M (Albury Wodonga Health): 5 positions

Priority Placement via the PMCV Victorian Rural Preferential Allocation Round

Network Training Sites

Albury Wodonga Health (AWH), Northeast Health Wangaratta (NHW), Benalla Health, NCN Health, Alpine Health, Mansfield District Hospital, Kyabram District Health Service, Yarrawonga Health, Cobram Medical Clinic, Kyabram Regional Clinic, Mt Beauty Medical Clinic, Yarrawonga Denis Medical Group, Yarrawonga Medical Clinic, Benalla Church Street Surgery, Benalla Carrier Street Clinic, Mansfield Medical Clinic and Central General Practice Mansfield.

Rotations Available

- General Medicine, General Surgery, Orthopaedic Surgery and Emergency Medicine and General Practice

For more information, visit m2m.asn.au/

Basic Information

The Victorian Rural Generalist Program (VRGP) intern year provides medical graduates with a unique experience in both rural and regional hospitals and general practice settings. The VRGP Intern year will undertake core training rotations at rural and regional health services with noncore rotation/s in rural general practices and community settings, facilitating a career as a Rural Generalist. VRGP trainees are supported by Regional Coordinators and Clinical Leads.

MURRAY TO THE MOUNTAINS (VRGP)

Basic Information

The M2M intern training experience is unique. Our placement structure will give you the total experience in both rural and regional hospitals and is based in some of Victoria's most beautiful locations across the Hume Region providing you with an opportunity to live and work where many people choose to holiday.

The Program includes 7 skills workshops and 8 medical education meetings, which are mandatory components and feature renowned presenters on a variety of relevant topics. Interns will also present at one clinical grand round and one clinical review meeting in the General Practice/Rural Health Service rotation.

The M2M Program provides the opportunity for career progression from undergraduate to GP Rural Generalist or specialist registrar and a strong foundation for a rural medical career.

Reasons to Apply

Medical graduates are eligible to apply through the Victorian Rural Preferential Allocation process and selection is based on merit. Students interested in the program can apply through the PMCV Allocation and Placement Service website (register for the Victorian Intern Match and indicate that you wish to be part of the Victorian Rural Preferential Allocation round).
Interns will:

- Maximise their exposure to generalist medicine
- Experience high levels of hands-on clinical experience & training
- Experience medicine in a variety of settings – ambulatory, hospital and residential care
- Have core rotations of 10 weeks in surgery, medicine and emergency medicine in the Hume region; be the patient's first contact and follow the patient journey
- Have the opportunity to work in rurally based procedural general practice and small rural teaching services for 20 weeks
- Participate in parallel consulting
- Access a high-quality education program that includes grand rounds, clinical review meetings, medical meetings geriatric & paediatric education sessions and skills workshops

MURRAY TO THE MOUNTAINS (VRGP)

Reasons to Apply

- Be provided with opportunities for procedural based career pathways at PGY 2, 3 level
- Be supported in their career aspirations.
- Have unprecedented access to working with local GPs and a wide variety of visiting medical specialists including: General Surgery, Anaesthetics, Obstetrics and Gynaecology, Paediatrics, Orthopaedic Surgery, Geriatrics, Urology and Ophthalmology
- Will actively participate in procedural medicine.
- Unrivalled access to teaching facilities and educational resources
- Designed to develop your medical independence
- Assure the clinical skills required for your medical career

Contact Details

Merryn Lodding
M2M Program Manager
Email: Hume@vicruralgeneralist.com.au

NORTHEAST HEALTH

2024 Predicted Internship Positions: 9

Network Training Sites

Melbourne Health, Mercy Hospital, Northern Hospital, Southern Health and Murray to the Mountains (M2M) program supply Interns to Northeast Health Wangaratta on rotation. Northeast Health Wangaratta (NHW) has strong links with the Murray City Country Coast (MCCC) GP Training Network

Rotations Available

Emergency, General Medicine, General Surgery or Orthopaedics, Rehabilitation

Basic Information

NHW is a leading healthcare service committed to providing high quality care for our community. Our facility is a modern 222 bed hospital providing emergency and elective clinical services to a primary catchment of 28,000 people and a secondary catchment of approximately 100,000. NHW is a major referral facility for the Central Hume Region with a budget in excess of $100 million and employs over 1,200 dedicated employees. The hospital is located at the foot of the Australian Alps on the Hume Highway, and is a designated Regional Trauma Service.

NHW is the largest employer in the city of Wangaratta and we have strong ties with our community. Our thriving city has contemporary eateries, major retail outlets, and a host of surrounding satellite towns for recreational enjoyment. Our hospital is close to the train station and we're an easy 2.5 hour drive to Melbourne.

If you choose to work as a JMO, you will be supported by:

- Executive Director Medical Workforce
- Manager Medical Workforce
- Medical Administration Registrar
- EA to EDMS
- Medical Workforce Officer (Junior Doctors)
- Medical Workforce Officer (Senior Doctors)
- Accommodation Officer
- Medical Education Officer

NORTHEAST HEALTH

Reasons to Apply

- NHW offers supervision by trained specialists, a supportive environment with dedicated multi-disciplinary teams, and an excellent teaching program. Interns at NHW can expect to develop strong mentor relationships with their senior colleagues, and gain excellent hands-on experience, including procedural experience. NHW has strong relationships with metropolitan specialist training networks in Physicians training, Obstetrics & Gynaecology, General Surgery & Orthopaedics, Anaesthetics, Intensive Care & Paediatrics
- Weekly JMO education programs are provided to interns and residents by the NHW Education & Research Unit in liaison with the University of Melbourne and workshops are available through the Murray to Mountains Program and the Goulburn Valley Regional Training Hub
- Outside of work, the Northeast Region of Victoria is hard to beat, with Wangaratta just a stones-throw from award winning food & wine regions, national parks, and the Victorian Ski Fields

Contact Details

Medical Workforce
Email: medicalworkforce@nhw.org.au

NORTHERN HEALTH

2025 Predicted Internship Positions: 61

Network Training Sites

Northern Hospital, Bundoora Extended Care Centre, Broadmeadows Health Service

Rotations Available

- Emergency Medicine, General Medicine, General Surgery, GEM, Anaesthetics, Orthopaedics, Medical Obstetrics, Renal, Rehab, Urology, Vascular, Plastic, Palliative Care, Psychiatry

Basic Information

Interns at Northern Health are provided a supportive and safe environment for internship, including weekly mandatory teaching sessions, an engaged and organised Medical Education Unit with a dedicated Supervisor of Intern Training, and a well resourced Medical Workforce Unit.

Reasons to Apply

- Northern Health's campuses provide a unique mix of services including medical, surgical, emergency, intensive and coronary care, paediatrics, women's and maternal health, mental health, aged care, palliative care, and rehabilitation programs. The health service has passionate and dedicated clinicians who offer learning and training to interns
- Here, interns and residents are known to their teams and are not just a face in the crowd. The hospital also employs a dedicated Intern Training Supervisor who is instrumental in organising innovative and practical training programs, and supports the welfare of junior doctors
- Northern Health offers entry into extensive training programs post internship and multi year contracts are also available
- The Teaching on the Run programs are conducted for interns, in addition to surgical workshops in collaboration with Austin Health at the College of Surgeons Skills Laboratory
- Leadership and management courses are offered to interns and residents throughout the year

Contact Details

Junior Medical Workforce Unit
Email: northerndoctorsworkforce@nh.org.au

PENINSULA HEALTH

2025 Predicted Internship Positions: 42

Network Training Sites

Frankston Hospital, Rosebud Hospital, The Mornington Centre for aged care, Golf Links Road Rehabilitation and Palliative Care Facility, West Gippsland Healthcare Group (Warragul Hospital), Bass Coast Regional Health (Wonthaggi)

Rotations Available

Emergency Medicine, General Surgery, Orthopaedics, Plastic Surgery, Vascular Surgery, General Medicine, Psychiatry, Aged Care, Rehabilitation

Basic Information

Peninsula's public hospital and health care service – Frankston Hospital is a 45 minute drive from the Melbourne CBD and is the gateway to the Mornington Peninsula. There are 330+ in-patient beds at Frankston Hospital and a further 70+ at Rosebud Hospital. 97% of patients requiring admission are treated at the Peninsula. All services are supported by a theatre suite, Intensive Care Unit, Coronary Care Unit, Coronary Angiography and Pain Service.

Reasons to Apply

- Interns at Peninsula Health only undertake night duty as part of their Emergency Medicine term with the support of senior registrars and consultants available.
- Peninsula Health offers extensive opportunities for interns to learn and make the transition from being a medical student to working as a junior doctor, through on- the-job opportunities, tutorials, simulation and workshops. Our dedicated Medical Education Officer, Term supervisors, and the Director of Clinical Training supports interns both on clinical and wellbeing aspects.
- We aim to encourage our interns to continue on with Peninsula Health upon completion of their intern year. Peninsula Health provides training in many areas of medicine, research and teaching opportunities.

Contact Details

Medical Workforce Unit
Phone: (03) 9784 7325
Email: medicalrecruitment@phcn.vic.gov.au

PORTLAND DISTRICT HEALTH

2025 Predicted Internship Positions: 2

Rotations Available

- General Medicine, General Surgery, Emergency Medicine, General Practice

Basic Information

Portland District Health provides a comprehensive health service which provides services such as acute care, primary health and aged residential care. The health service offers an Urgent Care Centre, 35 inpatient beds, 2 operating theatres, 28 RACF, 10-bed day procedure unit, co-located General Practice and a visiting specialist centre.

Portland District Health's innovative medical internship program started in 2021 and is designed to attract and retain doctors in Portland. Portland District Health currently offers 2 internships per year. During their time the interns rotate through General Medicine, General Surgery, Emergency Medicine and General Practice (elective). The unique structure of internship here allows interns access to all medical disciplines and has a strong emphasis on medical education and one-on- one time.

Reasons to Apply

- Interns participate in weekly Safe Clinical Care Presentations at Portland District Health
- Interns are also invited to participate in the Southwest Healthcare JMO Tutorials run once a week
- Regular internal training is held with specialists including ECG, Point of Care Ultrasound etc
- The position offers a pathway into Rural Generalist Training

Contact Details

Medical Education Officer
Phone: (03) 5521 0370
Email: medicaladmin.pdh@swarh.vic.gov.au

SOUTH WEST HEALTHCARE

2025 Predicted Internship Positions: 17

Rotations Available

- Emergency Medicine, General Medicine, General Surgery, Psychiatry, General Practice (VRGP Interns), ACCHO, Rehabilitation and Geriatric Medicine

Basic Information

South West Healthcare is an accredited regional referral centre, servicing approximately 110,000 people in the South West Victoria. It is a fully integrated facility with 282 beds. Wards include medicine, surgery, O&G, 6-bed critical care unit, dialysis, emergency, inpatient psychiatry, GEM and rehabilitation. There are three fully equipped operating theatres and a separate endoscopy suite. South West Healthcare has approximately 25,000 admissions and 28,000 emergency department attendances per year.

Reasons to Apply

- All interns complete a Mental Health rotation (excluding ACCHO interns)
- All consultants, resident specialists and visiting medical staff take a great interest in graduate education. Clinical teaching is supported by a well-resourced library and an active quality assurance and education program.
- Educational meetings are held several times per week (ED tutorials; radiology rounds; lectures/evidence based medicine presentations)
- In cooperation with the regional training provider, well established pathways exist enabling complete training to specialist rural General Practitioner and Rural Generalist status
- Regional training programs in specialist General Medicine and General Surgery are being developed and expanded
- Whether virtual or personal contact is needed, the library can help you with IT, study and research resources. The library provides some after hours access and includes updated books and journals affiliated with interlibrary loans, along with easy internet access

SOUTH WEST HEALTHCARE

Reasons to Apply

- Warrnambool is a pleasant seaside holiday resort 264 kms west of Melbourne with a population of 35,000. There are three times daily rail services and excellent shopping centres, good schools of all grades from kindergarten to University, and churches of all denominations. There is a wide range of indoor and outdoor sporting facilities available. An excellent art gallery and Performing Arts Centre are located within the central business district
- The city is known for its tourism and therefore has plenty to do (Great Ocean Road, Shipwreck Coast, Whale Watching, Tower Hill)

Contact Details

Paula Conlan
Senior Medical Workforce Coordinator
Phone: 03) 5563 1346
Email: swhmedicalworkforce@swh.net.au

ST VINCENT'S HEALTH

2025 Predicted Internship Positions: 60

Network Training Sites

St. Vincent's Hospital, Royal Children's Hospital, Hamilton Hospital, Warrnambool Hospital, Swan Hill Hospital

Rotations Available

Royal Melbourne Hospital	Anaesthetics, Cardiology, Cardiothoracics, DOS, Colorectal Surgery, Emergency Medicine, General Medicine, Geriatrics, Hepatobiliary/Upper GI, Oncology, Palliative Care, Plastic Surgery, Radiology, Rehabilitation, Renal, Stroke, Urology, Acute In-Patient Psychiatry, Clinical Liaison Psychiatry
Royal Children's Hospital	General Medicine / Short-Stay Unit
Swan Hill Hospital	Emergency Medicine, General Surgery
Hamilton Base Hospital	General Surgery, General Medicine
Warrnambool Hospital	General Medicine, Plastics/Ophthalmology

Basic Information

St. Vincent's Hospital, under the auspice of the Sisters of Charity, employs over 550 medical staff in junior training positions in a wide range of specialty areas, and boasts an outstanding position in Australia with regard to success rates in both the physician, surgical and subspecialty examinations. Our inpatient capacity of 800 beds and outpatient facilities support an outstanding patient care model, and staff in the Medical Education Team, in Education & Learning support an optimum learning environment for all Junior Medical Staff.

ST VINCENT'S HEALTH

Basic Information

Affiliated with the University of Melbourne, St. Vincent's Hospital has Professorial Chairs in Medicine and Surgery, Dermatology, Pathology, Neurosciences and Drug & Alcohol Studies. There is an associated Institute of Medical Research and Microsurgery Research Unit. St. Vincent's also provides a community based adult psychiatric service in the Inner Urban and Eastern Section of Melbourne.

Reasons to Apply

- St Vincent's Hospital offers a three day orientation program for the new Intern cohort each year. This orientation program is designed to make individuals feel welcomed, valued, and safe at our Health Service through lectures, skills workshops and a shadow shift with an outgoing Intern. St Vincent's Hospital provides a robust Education Calendar incorporating practical, theoretical and simulation-based learning throughout the year.
- St. Vincent's Hospital Melbourne is renowned for its excellent surgical & physician training programs. We are particularly proud of our physician's exam pass rates which on average is 90-100%, well above the 55-60% Australian average.
- St Vincent's Hospital includes a state-of- the-art Education centre and a clinical skills laboratory and also employs two dedicated Medical Education Officers, whose sole responsibility is facilitating ongoing education of Junior Doctors, as well as overseeing their general wellbeing.

Contact Details

Medical Education Team
Phone: (03) 9231 3794
Email: SVHM.Education.medical@svha.org.au

WESTERN HEALTH

2025 Predicted Internship Positions: 60

Network Training Sites

Footscray Hospital, Sunshine Hospital (including Joan Kirner Women's & Children's Hospital), Williamstown Hospital, Mildura Base Hospital

Rotations Available

Acute Aged Care, Cardiology, Colorectal Surgery, Emergency Medicine, General Medicine, General Medicine Nights/Subacute Rehabilitation, General Surgery, Geriatric Evaluation and Management (GEM), Infectious Diseases, Neurology, Orthopaedic Surgery, Perioperative & Pain Management (Anaesthesia), Plastic Surgery, Psychiatry, Radiology, Respiratory Medicine, Upper GI Surgery and Urology

Basic Information

Western Health is the major healthcare provider to one of the fastest growing and most diverse regions of Australia, with communities that are culturally rich, with members speaking more than 150 different languages and dialects. The catchment population is nearing 900,000 and the birth rate and movement into this region means that strong growth will continue in the years ahead. Western Health provides a combination of hospital, community-based and in-reach services to aged, adult and paediatric patients and newborn babies. Western Health also offers drug health and addiction medicine support through inpatient services and community Drug Health Service.

Western Health has more than 11,000 employees who are driven by the values of Compassion, Accountability, Respect, Excellence and Safety (CARES). The health service also has a strong philosophy of working with its local community to deliver excellence in patient care. A positive patient experience is at the centre of everything Western Health aims to do, and the service relies on the efforts of its dedicated employees and volunteers to deliver the overall goal of the organisation. The service employs 750+ Senior and approximately 800+ Junior medical staff in a complete range of specialties covering children, adults and the aged care.

The health service also strives to become an employer of choice by offering excellent career opportunities and employee conditions in order for its staff.

WESTERN HEALTH

Reasons to Apply

- Western Health is an organisation that is expanding to meet the needs of a growing, diverse community. Here, every intern participates in a week-long orientation program at the beginning of each year. This is a highly interactive program based on sound educational principles.
- Western Health also places great value on postgraduate medical education. Daily education sessions are offered, including professional meetings, grand rounds, seminars and tutorials.
- A mentoring program has also been introduced to see that the right partnership is encouraged and undertaken. If junior doctors know which specialty they wish to pursue, the health service tries to match them with a mentor from that discipline. If Junior Doctors remains unsure, the health service will match them with a mentor who can offer them insight into the choices faced early in a medical career.
- Western Health is dedicated to providing training and career opportunities to their Interns. At Western Health, interns can pursue many different specialty areas as a PGY2+, including Critical Care (Anaesthetics/ ICU), Emergency Medicine, Obstetrics and Gynaecology, Paediatrics, Surgery and Medicine.

Contact Details

Medical Workforce Unit
Email: whmwu@wh.org.au

11

INTERN IN: WA

AMA - WA
Letter From: WA New Grad
Overview
WA Rural Training
WA Hospital Service Check
Health Service Overview (by Hospital / Health Service)

Welcome

Dr Mark Duncan-Smith

DR MARK DUNCAN-SMITH
AMA (WA) President

While some of the best lessons have come from consultants, colleagues and teachers, I have probably learnt the most from my patients. Allow them to occupy prime position in your consciousness when on the job. Respect them and their vulnerability. And look beyond the patient in bed number 34; try and connect with the person instead.

More than three decades ago, I stood in the corridors of Sir Charles Gairdner Hospital as a freshly minted intern. It was an earlier start than usual to internships that year due to a shortage of junior doctors in the system – déjà vu anyone? I didn't mind, however, as my wife and I had already accumulated significant debt. It would be good to finally get paid a proper salary.

Pleasing visions of a decent paycheck aside, I remember feeling a tight knot of anxiety meshed with excitement, as thoughts arose of the highly uneven ratio between my theoretical knowledge and practical skills. But that knot eased as I worked my way through the year. I found my 'doctoring' feet amidst many trip-ups along the way. I learnt how to accelerate, and press pause (which admittedly wasn't often enough). Most importantly, I learnt the value of asking for help. It's the only way you can cope with the onslaught of real-time medicine.

This is the best advice I can offer: don't be afraid to turn to someone more senior or experienced; it is their job to supervise and assist you.

Coming a close second is to leave the work baggage at the front door. When you get home from the hospital, be it in your car or on the bus, take a moment to consciously let go of all the built-up stress and wind down. The key to this is practice.

Prioritising will also play a part in avoiding mountains of stress. You will often end up with a mile-long list of clinical duties to execute. Prioritise them based on time and clinical urgency.

Staying with priorities, add self-care to the very top of the heap. Carve out time in the week for yourself. Maintain hobbies, interests and relationships outside the medical fold. One consultant taught me that if my days were consumed by surgery minus any other interests, I'd have a terribly boring life upon retirement. So, I invested in a small farm with some grapes and cows, maintained my aviation licence, and remained close to my family.

While some of the best lessons have come from consultants, colleagues and teachers, I have probably learnt the most from my patients. Allow them to occupy prime position in your consciousness when on the job. Respect them and their vulnerability. And look beyond the patient in bed number 34; try and connect with the person instead. A brief chat here and there will go a long way in making you a stronger, more empathetic clinician.

Also, do not discount the value of humanitarian work. My surgical and teaching work, in countries such as Vanuatu and Mongolia, has enriched me as a doctor and been far more rewarding than paid work.

Finally, identify support systems and nurture them – these are crucial to a fulfilling medical career.

The AMA (WA) is one such support system, a professional home, of sorts, as you navigate the years ahead. We can help you grow your network, foster connections, and find friends. We can also help you evolve professionally, protect your interests, and advocate on your behalf and that of the profession. Your voice will help to amplify ours.

So, thank you for choosing medicine and welcome to the AMA (WA) family!

FROM WA NEW GRAD

Finally – you're finishing medical school. Congratulations for getting this far!

You're all probably starting on your job applications. In Western Australia, probably the best place to start your medical career, you are spoilt for choice. Each metropolitan and country health service has so much to offer – and choosing how you preference them in your application can be challenging (at least, it was for me). I remember focussing on which centre offers services that align most with my future aspirations as a doctor – but my advice is to also consider things like how easy it will be for you to get to work (no one wants to drive an hour to get to a night ED shift) and where your mates are planning on working (they will continue to be a source of support which will be invaluable). Don't forget that whilst your CV is usually written in a prescribed structure, your responses to the Selection Criteria and especially your Cover Letter are opportunities for your personality to shine – the health services that you're applying to want to know who you are, and the beautiful thing about a career in medicine is that a you-shaped niche exists for you, just waiting for you to pass your final OSCEs.

Speaking of those final exams – you know more than you think you do. You've been studying the human body for 4 or 5 years, maybe even more, and it's often surprising how much of that information you're able to apply in a clinical setting. Be confident in your hard work, and remember to be safe – your patients and colleagues will ask little more than this. And because you've worked so hard, and will continue to work so hard, make sure you take care of yourselves too. Celebrate the wins, reflect on the losses – but most of all, continue to do what you love doing. Your future self will thank you.

Starting full time work is a massive transition. Your name carries a certain power and responsibility – from the medications you chart to your patients' plans you will document. Your job gives you a privilege – people will come to you from all the stages of life, beginning to end, and will ask you for help. You will be constantly challenged in your job, and I guarantee you that each day someone – a patient, their family member, or a colleague – will ask you a question that you will not have an answer for. Be comfortable with saying "I don't know", but find an answer. Know where you can find answers; hospitals are big places, you will not be alone (and there are some really helpful guidelines, thank you internet).

There are also non-medical things you will also need to think about. Tax/ finances, maybe moving out, independence and freedom... Medical school is unique in that most of your friends in other tertiary education programs may have already transitioned into the workforce whilst you have been "sheltered". Take some time (maybe after your exams!) to think about these things too.

The old adage of "it takes a village to raise a child" can be paraphrased; "it takes a village to raise a doctor." You will have your friends and family as you did through medical school. You'll also have your colleagues: there is a strong sense of community amongst junior doctors. Get to know where your common room is, and get to know you can tap into this society. Advice from an RMO even a year more senior than you can be so valuable, and they would have experienced similar stresses that you will inevitably face.

Good luck on your last few assessments – you are nearly there. And it is so worth it, we honestly have the best job in the world. I look forward to working with you as my colleagues.

Niklesh Warrier

Dr Niklesh Warrier
Intern, Sir Charles Gairdner Hospital (2024)

WA OVERVIEW

In Western Australia, the **Postgraduate Medical Council of Western Australia (PMCWA)** manages internships through a centralised recruitment process.

Through this process, all interns are employed by one of the six Primary Employing Health Services (PEHS):

- Fiona Stanley Fremantle Hospitals Group (Fiona Stanley Hospital)
- Joondalup Health Campus
- Royal Perth Bentley Group (Royal Perth Hospital)
- Sir Charles Gairdner Osborne Park Health Care Group (Sir Charles Gairdner Hospital)
- St John of God Health Care (St John of God Midland Public Hospital)
- WA Country Health Service

How to Apply

All six WA Health PEHS recruit through the Centralised Intern Application Process. Each PEHS holds an information session during the application period, with presentations from the Medical Education teams, current interns and more.

Following the close of applications in the centralised application process, all applications are reviewed by PMCWA and a pool created for all suitable applications. Applications appointed to the pool are grouped and managed according to the applicable priority category. Applications appointed to the pool will be offered positions according to category as positions are available and selection processes completed.

Key Dates

- Applications open: Monday 6 May 12PM AWST
- Applications close: Thursday 6 June 12PM AWST

2025 Intern Application Dates

6 May 2024 — Intern applications OPEN 12 NOON AWST

6 May 2024 — Sir Charles Gairdner Hospital Information Night

7 May 2024 — Fiona Stanley Hospital Information Night

8 May 2024 — St John of God Midland Hospital Information Night

10 May 2024 — Royal Perth Hospital Information Night

14 May 2024 — Joondalup Health Campus Information Night

16 May 2024 — WA Country Health Service Information Night

6 June 2024 — Intern applications CLOSE 12 NOON AWST

15 July 2024 — Notification of suitability. Intern offers COMMENCE for rural hospitals (WACHS)

17 July 2024 — Intern offers COMMENCE for metro health sites

*PMCWA will be hosting an *Intern Application Information Session* as part of the Medical Careers Expo 2024 on 11 May*

WA RURAL TRAINING

There will be intern positions available through WA Country Health Service (WACHS) at Albany Health Campus, Bunbury and Busselton Hospitals, and Broome Health Campus and Geraldton Regional Hospital. This will allow interns to spend their entire internship in a rural location and applications will open 6th May 2024.

The application process for these positions requires selecting WACHS as the Primary Employing Health Service (PEHS) when submitting an application through the PMCWA centralised recruitment process.

Rural options for metropolitan-based interns also remain available with interns for one or more term rotations at Fiona Stanley Hospital, Royal Perth Hospital, Sir Charles Gairdner Hospital or Joondalup Health Campus. The WACHS Aboriginal Intern Pathways is available for indigenous medical graduates who seek to complete an internship in a rural area to which they are connected. Please express this information in your cover letter.

Path 1: Rural Hospital Internships

- Follow PMCWA Central Recruitment Process: https://www.pmcwa.org.au/
- Select WACHS as your first choice Primary Employing Health Service
- Rank your preferred WACHS site (Albany, Bunbury, Broome, or Geraldton)
- State your interest in a rural internship with WACHS and add any extra information in your Cover Letter (highlight your rural experience or interest and personal circumstances/requests).

Path 2: Metropolitan Hospital with Rural Rotation(s)

- Follow PMCWA Central Recruitment Process: https://www.pmcwa.org.au/
- Select a metropolitan Primary Employing Health Service (PEHS) (i.e. FSH, RPH, SCGH, JHC) as your primary employer, and indicate a preference for one or more rural rotations across WACHS
- Rank your preference for one or more rural locations
- State your interest in a rural internship with WACHS and add any extra information in your cover letter (highlight your rural experience or interest and personal circumstances/requests).
- Rotations to WACHS sites will be determined by the metropolitan PEHS when completing term preferences.

2023 WA HOSPITAL HEALTH CHECK SURVEY

In 2023, more than 700 doctors across WA hospital and training sites answered the AMA's annual survey into education, morale, wellbeing and industry issues. Domains analysed include:

- Recommended by DiT
- Morale and Culture
- Wellbeing
- Terms, Rosters and Workload
- Access to Leave
- Workplace Entitlements and Flexibility
- Teaching and Training

The following grading scale was used: A=80+, B=70-79, C=60-69, D=50-59, F<50

The AMA (WA) and DiT Practice Group representatives look forward to engaging collaboratively with the System Manager and all Employers to understand and address the key issues highlighted in this years' HHC, and to ensure the DiT journey is a safe, positive and empowering experience.

	BEST							WORST
Ranking Snapshot	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
Recommended by Doctors in Training	NMHS	SJOG	WACHS	EMHS	RAMSAY	KEMH	SMHS	CAHS
Morale & Culture	SJOG	NMHS	WACHS	EMHS	RAMSAY	SMHS	KEMH	CAHS
Wellbeing	SJOG	NMHS	CAHS	WACHS	EMHS	SMHS	RAMSAY	KEMH
Terms, Rosters & Workload	SJOG	NMHS	WACHS	RAMSAY	EMHS	SMHS	CAHS	KEMH
Access to Leave	NMHS	SJOG	WACHS	RAMSAY	KEMH	EMHS	SMHS	CAHS
Workplace Entitlements & Flexibility	SJOG	RAMSAY	NMHS	WACHS	KEMH	EMHS	SMHS	CAHS
Teaching & Training	SJOG	WACHS	NMHS	EMHS	RAMSAY	CAHS	SMHS	KEMH

For the full report, please visit this link.

FIONA STANLEY FREMANTLE HOSPITALS GROUP

2025 Predicted Internship Positions: 130

Network Training Sites

Fiona Stanley Hospital, Fremantle Hospital, Albany Hospital, Broome Health Campus, Northam Hospital, Rockingham General Hospital, Peel Health Campus

Rotations Available

Cardiology & Coronary Care, Cardiothoracic Surgery, ENT, Emergency Medicine (including Paediatrics), Endocrinology, Gastroenterology, General & Acute Medicine, General Surgery (including Acute Surgical Unit, Colorectal, Endocrine, and Upper GI Surgery), General Practice, Geriatrics & Ortho-Geriatrics, Nephrology, Orthopaedic Surgery, Vascular Surgery, Psychiatry, Respiratory, Urology, Rehabilitation Medicine, Plastic Surgery

Basic Information

Fiona Stanley Hospital (FSH) is the largest tertiary public hospital in Western Australia. Located in Murdoch, 15 kilometres south of the Perth CBD and 9 kilometres east of Fremantle, there is easy access to public transport, with bike lockers and change room facilities onsite. Our 783-bed, $2 billion public hospital ranks among the best in Australia and includes the 140-bed State Rehabilitation service, a 30-bed purpose-built mental health unit and the State Burns and Hyperbaric Units.

We deliver comprehensive clinical services in over 40 different specialties, including Obstetrics and Gynaecology, and Paediatrics, whilst being leaders in both research and education. We have the most advanced medical equipment and the first digital medical record in WA tertiary hospitals as part of our state-of-the-art information and communication technology systems. Fremantle Hospital (FH), located in the heart of Fremantle, is a major provider of quality health care for people in Perth's south-western suburbs. Fremantle Hospital is a 300-bed specialist hospital providing high-quality aged care, mental health services, secondary rehabilitation, respiratory, planned surgery and specialist medical services.

FIONA STANLEY FREMANTLE HOSPITALS GROUP

Reasons to Apply

- We offer a range of education and teaching sessions, including:
- Protected weekly intern teaching on critical clinical topics
- Perioperative tutorial series aimed at intern with a focus on ward based care of surgical patients and preparing a patient for theatre
- Hands-on case-based prescribing workshops for insulin and pain/analgesia
- Skills workshops utilising simulated mannequins for lumbar punctures, airway management, cardioversion, pacing and arrhythmias, arterial blood gas procedure and interpretation, abdominal paracentesis, male and female adult catheterisation, wound dressing, communication in CPR and pelvic examination
- Teaching-on-the-run workshops
- Radiology led Medical Imaging workshops for Abdominal CT, Chest CT, Head CT and MSK
- Registrar fundamentals - a one-day workshop designed to prepare residents who will be or have recently been promoted to a registrar role
- Registrar step-up week available to residents who will be stepping-up to registrar, including shadowing the Registrar they are replacing and a range of workshops
- Advanced Life Support two-day course
- SimStart three-day course for those interested in implementing simulation training
- Approachable, supportive and proactive Medical Workforce and Medical Education Unit, including three Medical Education Registrars, who advocate for improvements for medical staff throughout the hospital

Contact Details

Kate Raston
Medical Education Officer
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Email: FSH.MEU@health.wa.gov.au

JOONDALUP HEALTH SERVICE

2025 Predicted Internship Positions: TBC

Network Training Sites

Broome Hospital, Busselton, Geraldton Hospital, Hedland Health Campus, Hollywood Private Hospital, Kalgoorlie Health Campus, Narrogin Regional Hospital

Rotations Available

Emergency Medicine, General Medicine, Psychiatry, Rehabilitation and Aged Care, Cardiology, General Surgery, Orthopaedics, Obstetrics and Gynaecology, Paediatrics, Anaesthetics, Respiratory Medicine, Urology

Basic Information

Our program has been developed over many years with considerable focus on offering interns broad exposure during their training to: the private and public healthcare system and metropolitan and regional/rural settings.

Both Joondalup Health Campus and Hollywood Private Hospital have developed strong working relationships with regional/rural sites, which provide: a welcoming environment and comprehensive orientation, broad case mix with great learning opportunities, strong supervision and teaching, support from JHC whilst completing rotations offsite. As a part of the program you may be allocated to one or more regional/rural rotations. Accommodation and transport will be coordinated for you when on a regional/rural rotation.

JOONDALUP HEALTH SERVICE

Reasons to Apply

- Gain excellent experience within both public and private settings at JHC, including exposure to emergency medicine, which includes paediatrics and obstetrics & gynaecology.
- Guaranteed rotations to meet the requirements necessary for general registration.
- Protected teaching time with approachable and skilled senior doctors.
- Supportive Post Graduate Medical Education – we look after our interns and provide education, support, mentoring and more.
- Doctor well-being program and a 24-hour hotline where you can speak to an experienced and approachable senior consultant any time of the day or night
- Free onsite parking at JHC.
- One week orientation with upskilling, including procedural practical skills.
- Access to Employee Assistance Program.

Contact Details

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ROYAL PERTH BENTLEY GROUP (ROYAL PERTH HOSPITAL)

2025 Predicted Internship Positions: 84

Network Training Sites

Armadale Health Service, Bentley Health Service, Bunbury Regional Hospital, Hedland Health Campus, Kalgoorlie Regional Hospital, Royal Perth Hospital, Perth Children's Hospital, Osborne Park Hospital.

Rotations Available

Royal Perth Hospital	Acute Medicine, Cardiology, Emergency, Gastroenterology, General Surgery, General Medicine, Internal Medicine, Maxillofacial Surgery, Nephrology, Neurology, Orthopaedics, Plastic Surgery, Sexual Health, Spinal Surgery, Trauma Surgery, Urology, Vascular Surgery, Perth Children's Hospital: General Paediatrics and Respiratory, Osborne Park Hospital: Women and Newborn Service
Armadale General Medicine	General Surgery, Emergency, Orthopaedics, Paediatrics & Neonates, Psychiatry
Bentley	Geriatrics, Psychiatry
Bunbury General Medicine	General Surgery, Emergency, Orthopaedics
Kalgoorlie	General Surgery, General Medicine, Emergency
Port Hedland	General Surgery

ROYAL PERTH BENTLEY GROUP (ROYAL PERTH HOSPITAL)

Basic Information

Royal Perth Hospital (RPH) forms part of Royal Perth Bentley Group (RPBG), and remains a vibrant 450-bed teaching hospital. It is considered the flagship hospital of the East Metropolitan Health Service (EMHS). The hospital continues to build on its strong tradition of excellence, not only in the provision of high-quality clinical care, education, and research, but also in fostering a culture of staff wellbeing and support.

RPH is home to quaternary level trauma services (comprising the State Major Trauma Centre) and retains a substantial tertiary workload across most medical and surgical specialities within the Perth metropolitan area (Royal Perth Hospital, Bentley Health Service, Armadale Health Service). There are prospects of exposure to almost all facets of medicine and surgery, including paediatrics and obstetrics/gynaecology. A number of country rotations are also available, including sites such as Bunbury Regional Hospital, Kalgoorlie Regional Hospital and Hedland Health Campus.

Reasons to Apply

RPH has an excellent culture and a workplace conducive to education and training, including high quality undergraduate and postgraduate specialist programs. The following is on offer:

- Interactive, cased-based intern curriculum with regular Junior Medical Officer (JMO) teaching and workshops
- Unique JMO training opportunities including the State Trauma Service, Perioperative Anaesthetics, Paediatrics and Neonates, Obstetrics and Gynaecology, SAFE and partnerships with the Community Residency Program
- JMO allocations designed by doctors for doctors
- Unique JMO training opportunities including the State Trauma Service, Perioperative Anaesthetics, Paediatrics and Neonates, Obstetrics and Gynaecology, SAFE and partnerships with the Community Residency Program
- JMO allocations designed by doctors for doctors
- Chance to be part of new, innovating models of care working with our “Health in a Virtual Environment” (HIVE) team

ROYAL PERTH BENTLEY GROUP (ROYAL PERTH HOSPITAL)

Reasons to Apply

- JMO Wellbeing Program that includes access to fortnightly peer-group and one to one support from experienced Wellbeing Officers
- JMO Liaison Committee advocating for JMO issues impacting training, education and wellbeing
- Gym, pool, tennis and squash court access along with social events and clubs run by the RMO Society, and newly refurbished JMO Common Room
- The only inner-city tertiary teaching hospital
- A vibrant and evolving social and culinary scene at the doorstep of the hospital

Contact Details

Medical Workforce
Email: rph.pgme@health.wa.gov.au

SIR CHARLES GAIRDNER OSBORNE PARK HEALTH CARE GROUP

2025 Predicted Internship Positions: 120

Network Training Sites

Sir Charles Gairdner Hospital (SCHG), Osborne Park Hospital, Graylands Hospital, Hollywood Private Hospital (HPH), Joondalup Health Campus (JHC). Rural: Albany, Geraldton Regional Hospital, Hedland Health Campus, Karratha Health Campus

Rotations Available

Cardiovascular Medicine, Ear Nose Throat, Emergency, Gastroenterology, General Medicine & Medical Assessment Unit, General Surgery (Colorectal, Upper Gastrointestinal, Breast Surgery and WA Liver and Kidney Transplant Service), Haematology, Hepatology, Intensive Care Unit, Neurosurgery, Orthopaedics, Paediatrics, Plastic Surgery, Psychiatry, Rehab & Aged Care, Renal, Respiratory, Urology, Vascular Surgery, Women Health (O&G)

Basic Information

Sir Charles Gairdner Hospital (or as the locals say, “Charlies”) is located on a large campus adjacent to Kings Park in Nedlands, mid-way between the city, beach and Fremantle. In addition to SCGH, a 650-bed tertiary hospital that employs over 400 junior medical staff, the Nedlands campus contains the new Perth Children’s Hospital (PCH), and university research and teaching institutes, making it a vibrant centre for medical and healthcare related research and education.

- Osborne Park Hospital is a short distance north, now integrated to be run under the same umbrella as SCGH.
- Additional training sites include the well regarded JHC
- Hospital 30 minutes north of the city, just off the freeway and train line, HPH, next door and nearby Graylands, a major psychiatric hospital for Perth. Rural placements are available from the north to the south of the State.

SIR CHARLES GAIRDNER OSBORNE PARK HEALTH CARE GROUP

Basic Information

- Charlies has a number of state services including the Sarcoma, Epilepsy, Cancer, Cystic Fibrosis, Neurosurgical and 24-hour, stroke service as well as the state
- Neurological Intervention and Imaging Service of Western Australia Unit. “Charlies” and associated sites offer all specialties including paediatrics and O&G, which will lead to further terms in those disciplines for RMOs.
- The education and support program offered by the Medical Education Unit fosters interns professional and career development, no matter what direction you wish to take. We have strengths in medical, surgical and critical care training but have added programs for those interested in General Practice, other specialty areas from Radiology to Public Health, or careers which take a more creative direction or embed research. These programs offer education, skills development, mentorship, research opportunities and the chance to use your Professional Development Leave for Observerships in your area of interest, such as Paediatrics at PCH – just across the road. Charlies, OPH and JHC provide specifically structured intern teaching to complement the numerous teaching opportunities available throughout the week aimed at JMOs through to Consultants. Our proximity to PCH allows JMOs to attend the paediatric educational sessions. A wide variety of teaching methods are used, likely to meet your needs, no matter what your learning style. We also offer highly specialised small group training, small group bedside signs rounds and inter-professional simulation training. We also provide remote access to learning sessions and recorded sessions.
- We were excited to open the Medical Education Simulation Centre at Charlies which houses two high fidelity simulation suites, a specialty skills part-task training room, and more. The state of the art audio-visual recording and debrief system will allow users to record to assist with feedback and teaching. SCGOPHCG and Medical Education recognise and value the overall wellbeing of our JMOs, aiming to foster open communication between juniors and seniors. We take both preventive and problem solving approaches and work closely with an active Charlies RMO Society.
- Clinical debriefing sessions, mindfulness sessions, mentoring and buddying programs are some opportunities for all.
- A confidential and supportive program is available for any junior doctors requiring support in any way.

SIR CHARLES GAIRDNER OSBORNE PARK HEALTH CARE GROUP

Reasons to Apply

5 reasons you should work at Charlies

1**: Excellent clinical care and innovation**

- Our hospital is located on a bustling campus alongside SCGH, Perth Children Hospital, Harry Perkins Institute, PathWest, and soon, the Women and Babies Hospital. We offer access to state and nationally recognised clinical services in many areas. Our hospital is fully accredited with ACHS and PMCWA.

2: Great work conditions and leave

- At SCGOPHCG, we recognise the importance of work-life balance, which is why we offer dedicated part-time positions, streamlined overtime approval procedures, and full access to leave entitlements. Our hospital also offers additional benefits such as rural terms, PGY1 terms in Obstetrics and Gynaecology, Paediatrics, ICU, a team approach to overnight care, and specialty RMO positions that allow for transition to registrar work.

3: Education, support and training

- We are committed to providing the necessary educational and training resources to help you achieve your career goals. Our hospital offers education, mentorship, and observerships to ensure you join the training program that is right for you. We provide CORE clubs for Medicine, Surgery, General Practice, Critical Care (ICU, Anaesthetics, ED), and Specialties (from Pathology to Public Health and beyond).
- Additionally, we offer support for learning on (and from) the job and training in a high-fidelity Simulation Centre.

4: Research opportunities

- If you are interested in pursuing research, we have a Department of Research that links with all universities and research institutes, providing training in research methods, statistical support, grants, and awards, and regular research symposia. With thousands of active basic and clinical researchers on site, you will have access to abundant research opportunities.

SIR CHARLES GAIRDNER OSBORNE PARK HEALTH CARE GROUP

Reasons to Apply

5: Focus on the wellbeing of all staff

- At SCGOPHCG, we understand the increasing demands of patient care and the potential for burnout in staff members. That's why the wellbeing of all staff is a top priority. Our executives advocate for support for wellbeing, and all new staff members are oriented to maximise their potential from workplace reform to education sessions. For senior staff members, the Clinical Association and for junior staff members, the Charlies RMO Society, play important advocacy and social roles.

SCGH Intern Information Night
Monday 6 May 2024 6-8pm
FJ Clarke Lecture Theatre, P Block, Sir Charles Gairdner Hospital
Drinks and nibbles provided

Contact Details

Medical Workforce
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Medical Education Unit
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ST JOHN OF GOD HEALTH CARE

2025 Predicted Internship Positions: TBC

Network Training Sites

St John of God Midland Public and Private Hospitals, St John of God Murdoch Hospital, St John of God Subiaco Hospital

Rotations Available

General Medicine, General Surgery, Acute Aged Care, Emergency Medicine, Intensive Care, Obstetrics and Gynaecology, Paediatrics, Palliative Care, Stroke/Neurology

We are also able to offer you a head start to your GP career. The intern program includes a paediatric term and O and G term that will assist with a career in either speciality or GP.

Basic Information

Our intern program offers outstanding teaching, training and experiences for medical interns across St John of God Midland, Murdoch and Subiaco Hospitals. With four term rotations per year, you will benefit from enhanced learning experiences from leaders in their medical fields and greater access to leave. On successful completion of our 12-month intern program, you will receive general registration at the same time as those completing a WA Health internship. In addition, you will have access to excellent RMO rotation streams (including country terms) within St John of God Health Care Hospitals.

St John of God Health Care Intern Information Night
Wednesday 8 May 2024 5:30pm
In-person and Online
Seminar Rooms (first floor), St John of God Midland Public and Private Hospitals
Drinks and nibbles provided

ST JOHN OF GOD HEALTH CARE

Reasons to Apply

- Competitive salary and conditions, similar to intern positions at government-run hospitals
- Salary packaging up to $18,550 per year on mortgage and other expenses
- Flexible work options
- A welcoming and supportive culture
- A dynamic and multidisciplinary team environment
- Professional development and educational opportunities
- Social events and caregiver celebrations
- Free or subsidised parking, depending on location

Contact Details

Tim Bates
Consultant - Gen Med & Med Specialties & Dir Postgrad Med Education
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Tim.Bates@sjog.org.au

WA COUNTRY HEALTH SERVICE

2025 Predicted Internship Positions: 35

Network Training Sites

Albany Hospital, Broome Hospital, Bunbury and Busselton Hospitals, Geraldton Hospital

Rotations Available

Final year medical students have the option of selecting Western Australia Country Health Service (WACHS) as their Primary Employing Health Service (PEHS) for their internship year. This will allow you to spend your entire internship in a rural location.

Albany	Emergency Medicine, General Medicine, General Practice, General Surgery, Orthopaedics, Psychiatry
Broome	Emergency Medicine, General Medicine, General Surgery, Gynaecology Surgery, Psychiatry
Bunbury and Busselton	Emergency Medicine, General Medicine, General Practice, General Surgery, Orthopaedics, Psychiatry, Geriatrics*, Emergency Medicine (Busselton), Rehabilitation (Busselton)
Geraldton	Emergency Medicine, General Medicine, General Surgery, Paediatrics, Psychiatry

**Pending accreditation*

Basic Information

Albany is a beautiful port city situated some 400km south of Perth, perched on the Southern Ocean and facing Antarctica. With a strong historical heritage, there is plenty to explore in your time away from work. Albany Health Campus is the regional referral centre for the Great Southern region, servicing the needs of a population of approximately 78,000 people.

WA COUNTRY HEALTH SERVICE

Basic Information

Bunbury is a picturesque harbour city on the south west coast of WA, two hours' drive from Perth in the heart of the state's premiere holiday region. Bunbury Hospital is the regional hospital for the South West region, comprising a 217-bed public facility located alongside a similar size private hospital. The campus delivers health care to more than 90,000 of the region's residents, as well as seasonal visitors, and acts as the regional Referral centre for the district.

Busselton, Western Australia, captivates with its pristine beauty and multifaceted appeal. Renowned for the Busselton Jetty, the world's longest timber jetty extending an impressive 1.8 kilometers, the town offers breathtaking coastal vistas and unparalleled access to turquoise waters. Beyond its natural wonders, Busselton prioritizes visitor well-being with the presence of the esteemed Busselton Health Campus, ensuring a secure and enriching experience.

Broome is situated at the base of the Dampier Peninsula, more than 2000km from Perth against a pristine backdrop of aquamarine waters; isolated beaches and virgin bush. Broome Health Campus is the regional hospital for the Kimberley, with a 59-bed ward. It has a busy secondary referral Emergency Department that experiences over 21,000 patient presentations each year.

Geraldton is a lively coastal city 400kms north of Perth and is the regional hub for the Midwest region. The Geraldton lifestyle offers beach culture, scenic surrounds and a warm climate. Geraldton Hospital has 60 beds for acute medical, surgical, paediatric and maternity patients; a 24- hour Emergency Department; as well as onsite chemotherapy and renal dialysis.

WACHS is committed to growing its Aboriginal workforce and ensuring Aboriginal medical graduates are able to complete their postgraduate training in a rural area to which they are connected, wherever possible.

WA COUNTRY HEALTH SERVICE

Rotations Available (for Metro-based interns)

Rural options for metropolitan-employed interns also remain available with interns being able to rotate to a rural hospital from Fiona Stanley Hospital, Royal Perth Hospital, Sir Charles Gairdner Hospital or Joondalup Health Campus.

Joondalup Health Campus	Narrogin	Emergency Medicine
	Kalgoorlie	General Surgery
Fiona Stanley Hospital	Albany	General Medicine
	Northam	Emergency Medicine, General Medicine
	Broome	General Medicine, General Surgery
Royal Perth Hospital	Bunbury	Emergency Medicine, General Medicine, General Surgery
	Kalgoorlie	General Medicine, General Surgery
	Hedland	General Surgery
Sir Charles Gairdner Hospital	Geraldton	General Medicine, General Surgery, Orthopaedics
	Hedland	General Medicine
	Karratha	Emergency Medicine, General Medicine

WA COUNTRY HEALTH SERVICE

Why choose rural?

Completing a rural internship or a rural rotation is a unique, challenging and ultimately rewarding experience. There are many reasons including:

- Multi-disciplinary environment: You become an integral part of a supportive multi-disciplinary team and relied upon. It is your chance to learn from experienced clinicians and liaise directly with allied health and external groups regarding patient care (e.g. Royal Flying Doctors Service). A sense of collegiality is at the forefront of the WA rural experience.
- One-on-one learning: The small clinical teams offer close supervision and support by senior clinicians giving you one-on-one learning opportunities, no longer found in most large tertiary hospitals.
- Increased exposure to procedural skills: There is an increased scope for procedural practice as there are less people on training programs queuing in front of you. You get to experience things like lumbar punctures, chest drains, ultrasound guided cannula insertion and you actually get into the theatre.... regularly!
- A generalist approach: Working in a rural environment offers the opportunity to gain exposure to a variety of disciplines regardless of your term, enhancing the development of your knowledge and skillset.
- Longitudinal exposure to patient care: Great breadth of experience and a variety of cases through frontline involvement with your patients from admission to discharge and beyond. In the country you will also find that you continue to see the patient in follow-up clinics. Experiencing patient care from beginning to end gives a holistic view of medicine that is not often available in the increasingly specialised metro hospitals.
- Autonomy and responsibility: The greater autonomy you have is balanced by the additional responsibility; however you are always supervised and supported. It is a unique chance to build your understanding of country practice and the decisions required in light of limited resources, patient desire to remain at home and the distances involved.
- Work-life Balance: Being within a 5-minute drive to work, you have more time to pursue activities outside the hospital. Not only are you part of a supportive close-knit team at work, you can experience the life within a strong community. Whether you enjoy the great outdoors relishing in bushwalking or water sports, are activity seeking sporting communities, appreciative of the arts or a lover of fine local cuisine and award-winning wines, there is something for everyone in rural WA.

WA COUNTRY HEALTH SERVICE

How to Apply

Path 1: Rural Hospital Internships

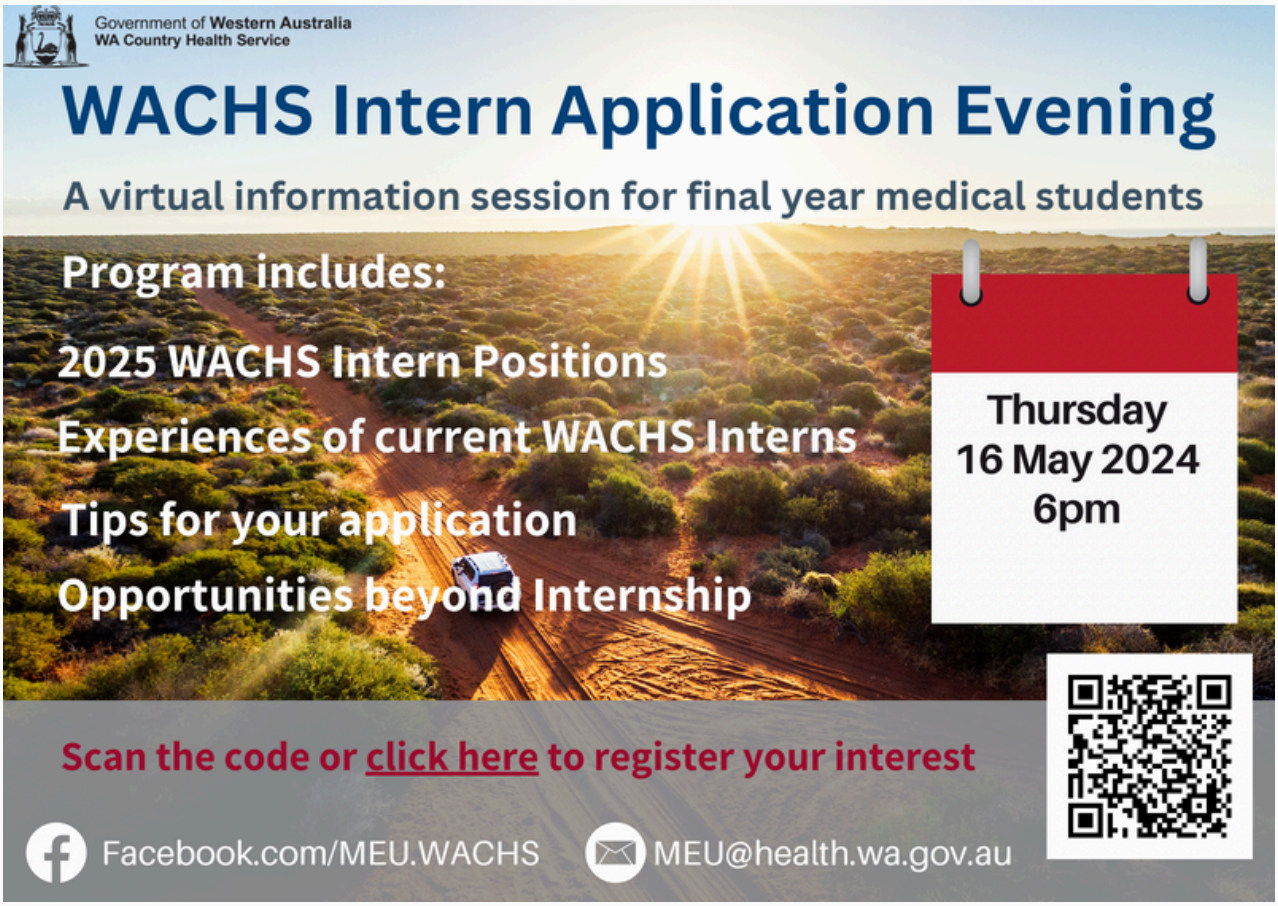
- Follow PMCWA Central Recruitment Process
- Select WACHS as your first choice Primary Employing Health Service
- Rank your preferred WACHS site (Albany, Bunbury, Broome, or Geraldton)
- State your interest in a rural internship with WACHS and add any extra information in your Cover Letter (highlight your rural experience or interest and personal circumstances/requests).

Path 2: Metropolitan Hospital Internship with Rural Rotation(s)

- Follow PMCWA Central Recruitment Process
- Select a metropolitan Primary Employing Health Service (PEHS) (i.e. FSH, RPH, SCGH, JHC) as your primary employer.
- State your interest in a rural rotation with WACHS and add any extra information in your Cover Letter (highlight your rural experience or interest and personal circumstances/requests).
- Rotations to WACHS sites will be determined by the metropolitan PEHS when completing term preferences.

WA COUNTRY HEALTH SERVICE

Website
Facebook



Contact Details

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Thank You

FOR READING

THE 2024 INTERNSHIP GUIDE

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